

### **Lenox Hill Hospital: COVID-19 Update**

As we face another week of the COVID-19 pandemic, it's more important now than ever to thank everyone for doing their part to help stop the spread of the virus. We are starting to see the results of social distancing, and we are grateful for everyone following these guidelines.

We are also grateful for the support you have shown all healthcare workers during this difficult time, including Lenox Hill Hospital and Northwell employees. Your appreciation for our workers at 7:00pm and really throughout the day, every day, is a critical morale booster. You can watch one of these recent displays of appreciation in a clip from the Today Show [here](#).

In addition to your support, our CEO Michael Dowling penned an op-ed last week thanking health care workers and other essential employees for their commitment and sacrifice during these times:

*"The coronavirus, or COVID-19, halted life as we know it for most people here in the United States and across the world. But not for you. Not for the tireless clinicians, security workers, revenue cycle and supply chain employees, therapists and many more. It's because of you that we are able to navigate these uncharted times with confidence, moving toward the hopefully soon end to the unwelcomed outbreak. And it's because of you that we are able to spend our lives with those who matter most during this troubling time. Simply put: You've got this."*

Everyone at Lenox Hill Hospital and Northwell is proud of our employees along with everyone else on the front lines. If you have not had the chance to read the op-ed, you can read it [here](#).

### **3 Things You Should Know:**

- **FAQ:** Visit our [FAQ page](#) to find out how coronavirus impacts you and [your family](#).
- **Northwell Visitation Guidelines:** In accordance with the New York State Department of Health, Northwell has [temporarily suspended](#) all visitation at our hospitals.
- **Getting Tested:** You can be tested if you're at high risk for severe reaction to coronavirus, or you have symptoms after close contact with an infected individual. If you have no symptoms, you should stay home.

### **Recent Northwell Health COVID-19 Articles:**

- [COVID Q&A: Answers To Some Of The Most Popular Coronavirus Questions](#)
- [Social Distancing: The Who, What, Where, When, And Why](#)
- [Living with gratitude after COVID-19](#)
- [Keeping Cooped-Up Kids Content Through A Pandemic](#)

### **Expert Advice on Coronavirus:**

The spread of the coronavirus has most certainly changed our lives—so our experts are here to give you some valuable advice on how to stay calm, stay informed, and stay well:

- **Get the facts:** There are many questions you might have when it comes to staying up to date on coronavirus: How long will this last? Will testing be accessible? Will this affect my pregnancy? [Our experts are here to support you and provide the answers you need to stay healthy.](#)
- **Prevent its spread:** Hand-washing. Social distancing. Self-isolation. These are just some of the important steps you can take to prevent the spread of coronavirus. [Discover more tips to keep you healthy and safe here.](#)
- **Know what it's like:** What does it mean if you are diagnosed with coronavirus? [Learn about symptoms, how it spreads, and what happens to your body if you have it here.](#)
- **Cope in a new reality:** Coronavirus may have changed our daily life for now, but we are resilient and adaptable. [Find articles that can help you navigate through the uncertainty here.](#)

[Find more resources at Northwell's dedicated coronavirus website.](#)

For additional details about the coronavirus and how it may affect New York City, you can call the number New York City DOH Coronavirus Hotline at (866) 692-3641 or visit [NYC Health's coronavirus website](#).