



## The City of New York Manhattan Community Board 8

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# Community Bulletin Board – November 2016

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT [www.cb8m.com](http://www.cb8m.com)

**Street Activity Permit Office (SAPO)** - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit [http://www.nyc.gov/html/cau/html/street\\_permitting/permit\\_and\\_events.shtml](http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml).

The **19th Precinct Community Council** will hold its monthly meeting on **Monday, November 7<sup>th</sup> at 7PM** at the 19<sup>th</sup> Precinct, 153 East 67<sup>th</sup> Street, 3rd floor. Refreshments by Butterfield Market. For more information call: Community Affairs Office: 212-452-0613. Email address: [info\\_19th\\_Pct@aol.com](mailto:info_19th_Pct@aol.com). Facebook: [www.facebook.com/19thpctcc](http://www.facebook.com/19thpctcc)

**Weill Cornell Medicine & New York-Presbyterian** Health & Wellness Seminar Series Fall 2016. **November 8** *Urogynecology Treatment for "Unspoken" Pelvic Floor Disorders Incontinence and Prolapse*, Patrick J. Culligan, MD, Bilal Chughtai, MD; **November 15** *Clearing The Air What Every Parent Needs to Know About Allergies and Asthma*. Lisa Moreno, MD, Rizwana Popatia, MD. All seminars are FREE and open to the public. Seating is available for 250 people on a first come, first served basis. If you require a disability-related accommodation, or for weather related cancellations, please call 212-821-0888 and leave a message on the recording. Time: 6:30-8pm; Place: All seminars held at Uris Auditorium, Meyer Research and Education Building, Weill Cornell Medicine, 1300 York Avenue (at 69<sup>th</sup> St.) Web: [www.weill.cornell.edu/seminars](http://www.weill.cornell.edu/seminars)

**The East 79 Street Neighborhood Association** will meet **Thursday, November 17, at 6:00pm** at **UPPER EAST SIDE REHABILITATION & NURSING CENTER, 211 E. 79 Street, 17 Floor**. Agenda: **19 Precinct Police Report** on Neighborhood Safety including vehicle, bike and pedestrian accident stats; **Guest Speaker To Be Announced; Elected Officials/Reps Updates and Reports**. Free and Open to the Public.

**Memorial Sloan Kettering** invites community residents to attend the following **free** CancerSmart talk: **Thursday, November 17, Less is More: Next-Generation Radiation Therapies**. The CancerSmart talk will take place from 6:00 – 7:00 PM in the Zuckerman Research Center Auditorium, 417 East 68<sup>th</sup> Street (between York and First Avenues). You can also watch the talks via webcast. Join our Facebook CancerSmart event to submit questions for our experts, and tune in on Facebook Live to view the CancerSmart talks. You can also submit questions and join the conversation on Twitter using #CancerSmart. To register to attend (in-person or watch the webcast) and to sign up for our e-newsletter visit us at [www.cancersmart.org](http://www.cancersmart.org) or call [212-639-3074](tel:212-639-3074). To view previous CancerSmart programs, please visit [www.cancersmart.org/videos](http://www.cancersmart.org/videos).

**92nd Street Greenmarket**, First Avenue at 92nd Street, **every Sunday till November 20th**; 9am-4pm; Compost Collection – 9am-1pm. The Upper East Side's beloved seasonal market returns, featuring American Pride Seafood, Bread Alone and Meredith's (baked goods), Ole Mother Hubbert (milk, yogurt, eggs, cheese), with fruit, vegs and herbs from Angel Family, Phillips, Stannard (meat and plants, too) and Norwich Meadows (certified organic) Farms! EBT/Debit/Credit, WIC and FMNP checks accepted. Recycle your dead batteries, cords, corks, phones, cartridges and old eye glasses at the Compost Table, too!

**Lenox Health Hospital Northwell Health** Diabetes Support Group. Would you like to learn more about diabetes? Lenox Hill Hospital invites members of the community, friends, patients, family members and employees to our free monthly Diabetes Support Group. Attendees will have the opportunity to gain a deeper understanding about diabetes and the management of diabetes, with a guest speaker for each group focusing on a diabetes-related topic. At the end of each group, attendees will be invited to participate in a Q & A session. All are welcome and encouraged to attend. Light refreshments will be provided. When: **Tuesday, November 29<sup>th</sup> & Tuesday, December 27<sup>th</sup>**. Where: Einhorn Auditorium, 131 East 76<sup>th</sup> Street. For more information or to register, please contact Renee Murray-Bachmann at [rmurraybac@northwell.edu](mailto:rmurraybac@northwell.edu) or (676) 795-9647.

**82nd Street Greenmarket, Year Round** on 82nd Street between First and York, 9am-2pm; Compost and Clothes Collection – 9am-1pm. Our city's most successful small market with its all-star line-up of Bread Alone, Valley Shepherd Creamery (yogurt and cheese), American Pride Seafood, Ballard Honey, Samascott, Gajeski., Rising Sun (grass-fed beef), Alewife (specialty produce), Cherry Lane, Old Mother Hubbert (dairy, milk and eggs), Green Meadows (mushrooms), Hudson Valley Duck and Sicking (gorgeous cut flowers) Farms. Plus, most warm-weather Saturdays, there's live acoustical music and Master Knife Sharpener Barbara Hess tabling to tend to your cutlery. Drop off those dead batteries, cords, corks, phones, cartridges and old eye glasses at the Compost Table, as well!

**Gray Matters** is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit [www.graymattersnyc.org](http://www.graymattersnyc.org) to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at [info@graymattersnyc.org](mailto:info@graymattersnyc.org) briefly describing your specific need or needs and indicate how and when we should contact you.

**LawHelp/NY** ([www.LawHelp.org/NY](http://www.LawHelp.org/NY)) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site ([www.ayudalegalny.org](http://www.ayudalegalny.org)), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

**Legal Information for Families Today (LIFT)** Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit [www.LIFTonline.org](http://www.LIFTonline.org).

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - <http://www.hunter.cuny.edu/hunterhelpers>

**The Day Care Council of New York, Inc.** is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps, group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email [jpinkos@dccnyinc.org](mailto:jpinkos@dccnyinc.org).

**Crime Victim Services** is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

**Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or [info@cb8m.com](mailto:info@cb8m.com).**