Health

• New Yorkers who are experiencing fever, cough, shortness of breath or other cold or flu-like symptoms and do not feel better after three to four days should consult medical help by telephone. If you need help getting medical care in NYC, call 311 or call NYC Health + Hospitals directly at 844-692-4692. If you need help getting care anywhere else in New York State, call the New York State COVID-19 hotline at 888-364-3065. **Anyone who is low-income can get FREE COVID-19 testing, evaluation, and treatment in New York State, regardless of immigration status.**

• If you are in New York City and feeling anxious, stressed or overwhelmed, connect with trained counselors at NYC Well. You can also text ”WELL” to 65173 or chat online at nycwell.cityofnewyork.us/esl. If you are feeling anxious, stressed or overwhelmed and you are outside New York City, you can call the New York State Department of Health Coronavirus Emotional Support Hotline at 1-844-863-9314.

• Special enrollment period for uninsured New Yorkers is now available. Individuals can enroll through New York State of Health or directly through insurers from **now until June 15.** Call New York State of Health at 855-355-5777.

• All New Yorkers should consider themselves potentially exposed to coronavirus. That means that everyone should stay home as much as possible, even if they do not have any symptoms of COVID-19. While at home, all New Yorkers should self-monitor. Self-monitoring means you check yourself for fever and remain alert for cough, shortness of breath or sore throat. It is really important that people who have these symptoms stay home and do not attend work, school, public events or group gatherings.

• USCIS announced that receiving treatment or testing for coronavirus will **NOT** be used in any future public charge analysis.

• Incidents of anti-Asian or anti-immigrant discrimination can be reported to 311 or the New York State Hate Crimes Task Force hotline at 1-888-392-3644.

Education

• **All NYC schools are closed through the end of the school year,** as Governor Cuomo announced. NYC students are now expected to participate in remote learning.

• Families without computers, WiFi, or with other technological needs should fill out this survey (https://coronavirus.schools.nyc/RemoteLearningDevices) which is now offered in 9 languages. Please contact 718-935-5100 or your school’s principal if you have not received and/or filled out the technology survey. The school system has resources in English for students in grades Pre-K through 12 at https://www.schools.nyc.gov/learn-at-home.

• More information about the transition to remote learning, Regional Enrichment Centers for children of essential workers and vulnerable populations, meals, and other core services in New York City will be made available for families at https://www.schools.nyc.gov.

• Early child care centers may still remain open if they can operate safely. Contact your child care center directly to find out whether they will remain open.

• Over 400 NYC school locations will be serving free Grab and Go meals for **ANYONE,** Monday through Friday from 7:30 a.m. until 1:30p.m. and will have three meals per person available every day. New Yorkers can find the closest location serving meals here: https://www.opt-osfns.org/schoolfoodny/meals/default.aspx
**Immigration**

- Immigration Courts (until 5/15): All non-detained hearings are canceled. NYC non-detained Immigration Courts (Broadway and Federal Plaza) are **OPEN FOR FILING ONLY** until further notice. Varick, Buffalo, and Batavia are open for detained hearings and filings.

- USCIS (until 6/4), all appointments are canceled (includes fingerprints and asylum interviews).

- ICE: Contact your local office to find out if you need to appear for a check-in, but in-person appear to be canceled. Bond office is closed in New York City, the closest is in Newark. Batavia and Albany are open.

- Federal Courts: Citizenship Oath Ceremonies are cancelled.

- Immigration enforcement in the communities continues.

**Social Services**

- Senior centers will remain open to provide food to seniors, only through delivery services. Call your local senior center or 212-244-6469 with questions.

- If you cannot leave your home to get food, do not have anyone who can bring you food, and you are not able to use private delivery options, you may be eligible to get meals delivered directly to your home. Go to [NYC.gov/GetFood](http://NYC.gov/GetFood) or call 311 and say “Get Food” for information.

- Congress recently made major, temporary changes to Unemployment Insurance (UI) that provide UI to individuals not previously eligible. If you are unemployed or furloughed without pay and a U.S. citizen, or a noncitizen with work authorization, you can file a claim for UI through the NYS Dept of Labor website to see if you qualify. Find more information here: [https://dol.ny.gov/coronavirus-aid-relief-and-economic-security-cares-act](https://dol.ny.gov/coronavirus-aid-relief-and-economic-security-cares-act)

- State benefit applications for food and utilities, as well as other forms of emergency assistance, are now available online, with no in-person appointment needed to qualify.

**Census and Voting**

- The primary will still occur on June 23, 2020. Special elections have been converted into primaries, with the ultimate winner decided at the November General Election. Early voting is scheduled to begin June 13 and run through June 21.

- New York will be mailing postage-paid absentee ballot applications to all voters based on the address at which you are registered. If you wish to vote by mail, return the application and you will be mailed a ballot. If you do not receive the absentee ballot application in the mail, applications can be downloaded on the state Board of Elections website. If you live in New York City, you can also request a ballot by calling 1-866-VOTE-NYC (1-866-868-3692).

- Census forms can be completed online: [https://my2020census.gov/](https://my2020census.gov/) or by phone 844-330-2020. For language support completing the census: [https://2020census.gov/en/languages.html](https://2020census.gov/en/languages.html)

- The deadline for self response online, by phone or by returning the paper questionnaire, has been extended to August 14.

**New Yorkers looking for the most updated information can text COVID or COVIDESP (for Spanish) to 692-692 or call the New York State Department of Health’s coronavirus hotline at 1-888-364-3065.**