TO EXPEDITE SCHEDULING, ANSWER EVERY QUESTION

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

Name:_____ Date of birth: _____ Age: _____

Referred by: _____

Name and **address** of primary care provider: _____

Main complaint: _____

Additional complaints: _____

Rate your Pain: 0 (no pain) - 10 (worst pain you can imagine):_____

What percent is in your: arm vs. neck: ____% / ____% (out of 100%)

leg vs. low back: ____% / ____% (out of 100%)

What makes it worse? _____

What makes it better? _____

Which **part of the day** is your pain worst? _____

How far can you walk?_____

Do you use assistive devices for walking? (cane, walker, shopping cart, scooter) _____

How long have you had the symptoms? _____

Was there any trauma before the symptoms started? _____

Were you involved in a motor vehicle accident?_____

Did you have a work-related injury? _____ If yes, date of injury: _____

Is there any active litigation?_____

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

Are you right- or left-handed? _____

Do you have difficulties handling small objects (buttoning a shirt, tossing coins)? _____

Any changes in handwriting? _____

Do you have any difficulties with balance? _____

Have you experienced any falls? _____

Do you have any problems with bladder or bowel function? (describe, if yes) _____
_____

Previous treatments (include how much relief they provided):

Physical therapy: yes/no; **when; for how long;** effect: _____

Chiropractic treatments: yes/no; effect _____

What medications have you tried for your spine problem (names and doses)? Have they helped?:
_____
_____

Have you tried Neurontin (Gabapentin) or Lyrica? _____

Injections: (**bring documentation to the appointment**) dates, type of injection, name of hospital, name of physician, did it help? _____
_____
_____

Prior neck or back surgeries: (**bring documentation to the appointment**) dates, name of operation, name of hospital, name of physician, did it help? _____
_____
_____

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

List **all health problems** that you have: _____

heart problems? _____ blood clots or excessive bleeding? _____

diabetes? _____ cancer? _____

chronic infections (hepatitis, HIV)? _____ unintentional weight loss? _____

fever or chills? _____ night sweats? _____

Is your strength today the same as several days ago? _____

History of osteoporosis? _____ bone fractures/breaks? _____

Have you had a bone density test? When? _____

Do you use any tobacco products? (if yes, what kind and how much) _____

history of IV drug use? _____ alcohol use? (how many drinks a week) _____

Past surgical history (not spine related):_____

Do you have: Pacemaker? Implanted defibrillator? Spinal cord stimulator?

Medications:

Blood thinners (including Aspirin and anti-inflammatories)? _____

Prescribing doctor: _____

Steroids? _____ Other medications (attach a list): _____

Allergies: _____ _____

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

Social history:

married single divorced widowed

Children:_____

Present occupation: _____ If retired, what did you use to do? _____

If on disability, for what reason? _____
_____

Previous imaging (xrays, MRI, CT, myelograms, bone scans) – bring both images and reports

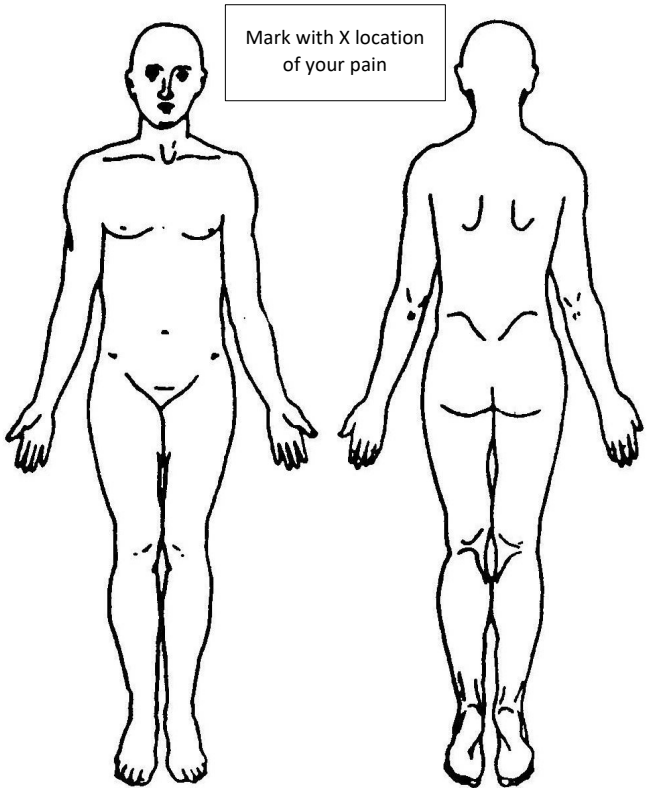
Name of the study, date: _____

Any additional studies (nerve conduction study, electromyography, blood work):

Name of the study, date: _____

Mark true or false to the following questions:

	True	False
I have low energy most days		
Most of time I do not get restful sleep		
I spend >12 hours a day resting and/or sleeping		
My pain causes me a great deal of suffering		
I have pain in two or more parts of my body		



I have answered the questions to the best of my ability.

GRACE
SPINE CARE
CENTER

Sergiy Nesterenko, M.D.
Orthopedic Spine Surgery

4515 Marsha Sharp Fwy
Lubbock, TX 79407

Signature_____ Date_____