



First visit checklist

To expedite your visit and get the maximum benefit out of it, we recommend that you bring the following to your appointment:

- New patient **questionnaire** *(can be downloaded from drNesterenko.com ⇒ For Patients)*
- All previous **spine imaging**: MRI, CT and x-rays *(both the discs and radiology reports)*
- do not expect the referring office to send the studies, bring them yourself
- Other studies: EMG/nerve conduction, arterial ultrasound, bone scans
- Reports** for the previous injections
- Reports for the previous spine surgeries
- All medication bottles
- Insurance card and ID