

**NEW PMR & INTERVENTIONAL PAIN MANAGEMENT INTAKE QUESTIONNAIRE**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

**What is the reason for visit?** \_\_\_\_\_

How did it begin (suddenly, gradually, accident)? \_\_\_\_\_

How long has this been going on? \_\_\_\_\_

Is it constant or occasional? \_\_\_\_\_

Is it getting worse, better or the same? \_\_\_\_\_

Does the pain/discomfort go into the arms or legs? Which one? \_\_\_\_\_

If pain/discomfort goes into arms or legs, is there numbness, tingling or weakness? \_\_\_\_\_

What makes it worse (examples – lifting, bending, sitting, walking)? \_\_\_\_\_

What makes it better (examples – resting, sitting, standing, nothing)? \_\_\_\_\_

Have you: (please circle yes/no)

YES NO Lost control of bladder because of this? Explain \_\_\_\_\_

YES NO Had prior x-rays, CT, MRI, bone scans for this? Explain \_\_\_\_\_

YES NO Had previous spinal surgery for this problem (what type)? Explain \_\_\_\_\_

YES NO Had any spinal injections for this? Explain \_\_\_\_\_

When? \_\_\_\_\_ Did they help? \_\_\_\_\_

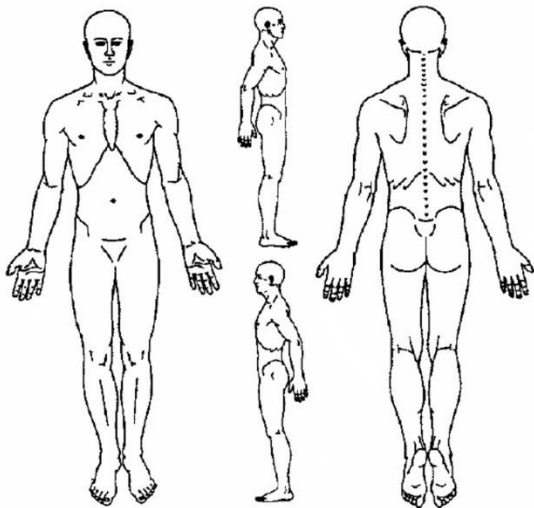
What other conservative treatments have you tried?

- |  |                                    |   |                                    |
|--|------------------------------------|---|------------------------------------|
| <input type="checkbox"/> Physical Therapy/Exercise | <input type="checkbox"/> TENS unit | <input type="checkbox"/> Narcotic Medications | <input type="checkbox"/> Cast/Boot |
| <input type="checkbox"/> Massage/Ultrasound        | <input type="checkbox"/> Traction  | <input type="checkbox"/> Anti-Inflammatories  | <input type="checkbox"/> Orthotics |
| <input type="checkbox"/> Manipulation              | <input type="checkbox"/> Cane      | <input type="checkbox"/> Walker               |                                    |

Please circle your current pain level 0 1 2 3 4 5 6 7 8 9 10

Please circle your highest pain level over the past week 0 1 2 3 4 5 6 7 8 9 10

Please circle your lowest pain level over the past week 0 1 2 3 4 5 6 7 8 9 10



Would you **describe the pain** as: please circle all that apply:

BURNING SHARP ACHING THROBBING SHOOTING

OTHER: (describe) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please mark the figure with the location of your symptoms as a result of this injury or accident:

Pain = X

Numbness/Tingling = #