

## **Grace Christian**

## October 2019 **Lunch Menu**

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

ALL MAIN EVENTS AND SWAP OUTS: Student Lunch \$4.00

Your meal comes with the choice of: Adult Lunch \$4.00 Fruit and Vegetable Milk, or Water

Maschio's Swap Outs

Option 2

Monday: Grilled Cheese Sandwich

**Tuesday:** Cheeseburger on a Bun

Wednesday: Chicken Nuggets

Thursday: Hot Dog on a Bun

**Friday:** Chef Salad with Dinner Roll

Maschio's Swap Outs Available Daily

Option 3

**Bagel Meal**– Bagel with spread, Cheese Sticks, Fresh Fruit, Fresh Vegetable and Beverage

**Chicken Caesar Salad** with Dinner Roll

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie **Dippers Available Daily** 

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1			Cheese Quesadilla Side of Salsa Black Beans And Rice Fresh or Chilled Fruit	Cheese or Pepperoni Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
5 Hamburger or Cheeseburger On a Bun French fries Fresh or Chilled Fruit	Chicken Tender Basket With BBQ sauce French Fries Fresh or Chilled Fruit	7 Breakfast for Lunch Breakfast Sausage Tater Tots Fresh or Chilled Fruit	Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	Cheese or Pepperoni Pizza Italian House Salad Fresh or Chilled Fruit
12 Meatball Parm Hero Tater Tots Fresh or Chilled Fruit	All Beef Hot Dog on a Bun Oven Baked Fries Fresh or Chilled Fruit	14 Sloppy Joe Tater Tots Fresh or Chilled Fruit	Tot-Chos With Tater Tots, Taco Meat, Queso, Peppers and Scallions Garlic breadstick Fresh or Chilled Fruit	Cheese or Pepperoni Pizza Italian House Salad Fresh or Chilled Fruit
19 Crispy Chicken Sandwich French Fries Fresh or Chilled Fruit	20 Breakfast for Lunch Sausage Patty Hash Brown, Fresh or Chilled Fruit	Creamy Macaroni and Cheese Garlic Breadstick Celery Sticks Fresh or Chilled Fruit	Chicken Nuggets Corn on the Cob Fresh or Chilled Fruit	Cheese or Pepperoni Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
Chicken and Mashed Potato Bowl With Corn, and Cheddar Cheese Fresh or Chilled Fruit	Popcorn Chicken With Sweet and Sour Sauce Served with rice Fresh or Chilled Fruit	28 Pasta with Meat Sauce Garlic Breadstick Fresh or Chilled Fruit	Chicken Parm Sandwich Potato Chips Fresh or Chilled Fruit	Cheese or Pepperoni Pizza Italian House Salad Fresh or Chilled Fruit

Questions or Concerns? Please visit www.maschiofood.com Or call Josh Stonecypher at: 814-421-8377

Cash, checks, and online payment are accepted. Online payments can be made at

www.payschoolscentral.com Please make checks payable to: Maschio's Food Services, Inc



