

<b>25 FREE</b>	TIME	YEAR
KATHERINE COMANOR	14.24	1982
LAUREN SMITH	14.92	2008
SANDRA SOE	14.94	2006
LINDSAY KNOTT	14.99	1994
MELISSA WINCHESTER	15.03	1985
KRISTEN HALTERMAN	15.23	1995
MARISELA ORNELAS	15.36	2000
LAUREN GREEN	15.37	2008
KATY WALDEN	15.39	1981
NICOLE SCHRAKAMP	15.42	1997

<b>50 FREE</b>	TIME	YEAR
SANDRA SOE	32.60	2006
LINDSAY KNOTT	32.64	1995
KATHERINE COMANOR	32.70	1982
LAUREN SMITH	32.73	2008
KRISTIN GRAFFIUS	33.75	1990
MELISSA WINCHESTER	33.79	1985
ALANNA JURICH	33.99	2007
STEPHANIE SCANNELL	34.28	2003
LAUREN GREEN	34.92	2007
KRISTEN HALTERMAN	34.93	1995

<b>100 FREE</b>	TIME	YEAR
SANDRA SOE	1:10.20	2006
KATHERINE COMANOR	1:10.76	1982
LAUREN SMITH	1:11.64	2008
LINDSAY KNOTT	1:13.66	1994
STEPHANIE SCANNELL	1:18.04	2003
JANICE LEE	1:18.13	1991
JULIE LANCE	1:19.49	2008
LINDSAY SCANNELL	1:20.49	2005
ALANNA JURICH	1:20.67	2007
LAUREN GREEN	1:21.08	2008

<b>200 FREE</b>	TIME	YEAR
KATHERINE COMANOR	2:37.42	1982
LINDSAY KNOTT	2:41.27	1995
LAUREN SMITH	2:41.73	2008
SANDRA SOE	2:45.27	2005
ASHLEY TOMLIN	3:01.35	1990
STEPHANIE SCANNELL	3:01.53	2003
JULIE LANCE	3:13.29	2008

LAUREN GREEN	3:13.33	2007
LORILIN MILLER	3:14.50	1989
HEATHER POND	3:14.69	1989

**50 BACK**

TIME

YEAR

KATHERINE COMANOR	36.96	1982
LAUREN SMITH	37.37	2008
SANDRA SOE	38.59	2006
LINDSAY KNOTT	38.80	1995
ALANNA JURICH	39.37	2007
STEPHANIE SCANNELL	40.17	2003
LINDSAY STEPHENSON	43.31	1993
JANICE LEE	43.46	1992
TAYLOR FLEMING	44.07	2009
KIMBERLY BAERWALDT	44.55	1996

**100 BACK**

LAUREN SMITH	1:19.50	2008
LINDSAY KNOTT	1:24.99	1995
KATHERINE COMANOR	1:30.61	1982
ASHLEY TOMLIN	1:41.01	1990
LAUREN GREEN	1:41.02	2007
LORILIN MILLER	1:44.88	1989
KATY WALDEN	1:47.73	1981
KIRA LORD	1:50.18	2003
HEATHER POND	1:54.34	1989

**200 BACK**

SANDRA SOE	2:58.03	2006
STEPHANIE SCANNELL	3:25.23	2003
LESLEY KERLEY	3:41.82	2003
JENNIFER NACHTIGAL	3:48.64	2002
GENNA VIRDEN	4:27.06	2003

**25 BREAST**

LINDSAY KNOTT	19.54	1995
STEPHANIE SCANNELL	19.87	2003
SANDRA SOE	19.87	2006
HEIDI GIBSON	20.34	1981



KATHERINE COMANOR	2:57.09	1982
SANDRA SOE	3:08.50	2006
LINDSAY KNOTT	3:15.52	1994
STEPHANIE SCANNELL	3:20.19	2003
ASHLEY TOMLIN	3:24.69	1990
LORILIN MILLER	3:38.97	1989
KIRA LORD	3:52.01	2003
LESLEY KERLEY	3:53.79	2003
GENNA VIRDEN	04:19	2003

**500 FREE**

	TIME	YEAR
LAUREN SMITH	7:05.39	2008
SANDRA SOE	7:07.88	2006
STEPHANIE SCANNELL	7:58.83	2003
LINDSAY SCANNELL	8:04.31	2005

**1000 FREE**

STEPHANIE SCANNELL	17:57.50	2002
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**1650 FREE**

STEPHANIE SCANNELL	28:42.42	2003
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**25 BACK**

KATHERINE COMANOR	17.03	1982
LAUREN SMITH	18.26	2008
SANDRA SOE	18.46	2006
LINDSAY KNOTT	18.49	1994
STEPHANIE SCANNELL	18.77	2003
ALANNA JURICH	19.11	2007
KIMBERLY BAERWALDT	19.45	1996

LAUREN GREEN	19.51	2007
ALANE LEE	19.61	1987
ALYSSA CHEN	19.74	2011

#### **50 BREAST**

	TIME	YEAR
LINDSAY KNOTT	43.87	1995
STEPHANIE SCANNELL	44.43	2003
HEIDI GIBSON	45.48	1981
SANDRA SOE	45.49	2006
ALANNA JURICH	45.79	2007
<b>ALYSSA CHEN</b>	<b>46.01</b>	<b>10/8/11</b>
MELISSA WINCHESTER	46.07	1986
LAUREN SMITH	46.63	2008
NICOLE SCHRAKAMP	46.73	1997
BREANA BOLING	47.83	1989

#### **100 BREAST**

LINDSAY KNOTT	1:35.92	1995
KATHERINE COMANOR	1:36.67	1982
HEATHER POND	1:40.03	1989
ASHLEY TOMLIN	1:47.71	1990
ALYSSA JOHNSON	1:51.52	2004
LORILIN MILLER	1:55.86	1989
KELLY ROCKWELL	1:58.61	2006
KATY WALDEN	2:03.40	1981
MELANIE GOBLE	2:08.09	2004
LINDSAY SCANNELL	2:08.58	2004

#### **200 BREAST**

SANDRA SOE	3:28.76	2006
STEPHANIE SCANNELL	3:54.47	2002
KALI TODA	4:26.31	2000

#### **25 FLY**

KATHERINE COMANOR	15.27	1982
LAUREN SMITH	15.57	2008
LAUREN GREEN	16.14	2008
KATY WALDEN	16.47	1981

SANDRA SOE	16.66	2006
LINDSAY KNOTT	17.00	1994
STEPHANIE SCANNELL	17.13	2003
KRISTIN GRAFFIUS	17.27	1990
NICOLE SCHRAKAMP	17.27	1997
KIMBERLY BAERWALDT	17.46	1996

**400 I.M.**

TIME

YEAR

STEPHANIE SCANNELL	7:16.74	2003
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