

<b>50 FREE</b>	TIME	YEAR
LAUREN GREEN	28.77	2011
KRISTY HARTUNG	29.03	1983
ANGELA HUANG	29.33	2011
SANDRA SOE	30.00	2010
ALANNA JURICH	30.12	2011
KELSEY CONROW	30.59	2003
SARAH SAFIR	30.91	2003
KATRINA ROWE	31.02	1990
MORGANNE MCKENNAN	31.07	2011
MELISSA WINCHESTER	31.13	1989

### **100 FREE**

LAUREN GREEN	1:03.25	2011
KRISTY HARTUNG	1:03.71	1983
SANDRA SOE	1:04.23	2010
KELSEY CONROW	1:05.94	2003
ANGELA HUANG	1:06.00	2011
ALANNA JURICH	1:06.09	2011
SARAH SAFIR	1:07.76	2003
MICHELLE DEL RIO	1:08.15	1999
NATALIE SOIVE	1:08.22	2011
STACEY FORD	1:08.51	1991

### **200 FREE**

LAUREN GREEN	2:17.88	2011
SANDRA SOE	2:18.18	2010
KRISTY HARTUNG	2:21.37	1983
KELSEY CONROW	2:24.18	2003
ALANNA JURICH	2:24.48	2011
MICHELLE DEL RIO	2:26.32	1999
SONJA GIACINTO	2:27.26	2011
LAUREN SMITH	2:27.30	2011
KANDICE BAERWALDT	2:28.25	1997
NOELLE RICCARDELLA	2:30.12	1987

### **400 FREE**

SANDRA SOE	4:58.36	2010
KRISTY HARTUNG	4:59.26	1983
KANDICE BAERWALDT	5:00.37	1997
LAUREN GREEN	5:01.39	2011
KELSEY CONROW	5:03.59	2003
LAUREN SMITH	5:05.75	2011
BETH NOLLETTE	5:16.33	2002

HEATHER POND	5:16.34	1993
MICHELLE DEL RIO	5:23.11	1999
KATRINA HEARN	5:23.21	1997

**200 BACK**

	TIME	YEAR
LAUREN SMITH	2:37.98	2011
SANDRA SOE	2:43.75	2010
SONJA GIACINTO	2:44.14	2011
STACEY FORD	2:46.47	1992
SARAH SAFIR	2:53.29	2003
EMILIE RUFFO	2:53.99	2009
ELIZABETH SHEN	2:55.58	2011
DIANA HATAMIAN	2:58.74	2008
LAUREN GREEN	3:00.00	2010
STEPHANIE SCANNELL	3:00.83	2007

**50 BREAST**

MORGANNE MCKENNAN	35.23	2011
NATALIE SOIVE	37.54	2011
KRISTY HARTUNG	37.94	1983
ALANNA JURICH	39.06	2011
ANGELA HUANG	39.43	2011
HEATHER POND	39.84	1993
MELISSA WINCHESTER	39.96	1989
LAYNA AUCHARD	40.67	2009
KELSEY CONROW	40.86	2003
LAURA WHEELER	41.23	1995

**100 BREAST**

MORGANNE MCKENNAN	1:15.31	2011
NATALIE SOIVE	1:21.03	2011
ANGELA HUANG	1:24.47	2011
KRISTY HARTUNG	1:24.59	1983
HEATHER POND	1:25.02	1993
MELISSA WINCHESTER	1:26.92	1989
KELSEY CONROW	1:27.74	2003
LORI ADAM	1:28.00	1977
SANDRA SOE	1:29.65	2009
ALANNA JURICH	1:29.99	2010

**200 BREAST**

MORGANNE MCKENNAN	2:39.46	2011
NATALIE SOIVE	2:51.71	2011
ANGELA HUANG	3:05.50	2011
LAYNA AUCHARD	3:07.78	2009
KELSEY CONROW	3:08.27	2003
SANDRA SOE	3:16.23	2009
ALANNA JURICH	3:16.24	2010
EMILIE RUFFO	3:19.36	2009
STEPHANIE SCANNELL	3:21.58	2006
JANELL CHANG	3:22.40	2006

**400 I.M.**

	TIME	YEAR
SANDRA SOE	5:41.06	2010
LAUREN GREEN	5:42.26	2011
MORGANNE MCKENNAN	5:45.82	2011
LAUREN SMITH	5:46.93	2011
KELSEY CONROW	6:01.20	2003
EMILIE RUFFO	6:16.58	2009
DIANA HATAMIAN	6:42.71	2008
KATE CEZAR	7:15.04	2009

**800 FREE**

	TIME	YEAR
SANDRA SOE	10:30.94	2010
LAUREN SMITH	10:55.07	2010
BETHANY NOLLETTE	11:13.55	2002
JULIE KRAMER	11:41.53	1988
DANA SHAW	11:46.22	1996

**1500 FREE**

SANDRA SOE	19:42.86	2010
BETHANY NOLLETTE	21:17.72	2002

**50 BACK**

LAUREN GREEN	33.07	2011
SANDRA SOE	33.94	2010
MORGANNE MCKENNAN	34.51	2011
KRISTY HARTUNG	35.11	1983
SONJA GIACINTO	35.77	2011
STACEY FORD	36.17	1991
HEATHER KEIGHLEY	36.36	2008
LEE WOTHERSPOON	36.40	1991
LAURA WHEELER	36.43	1995
LAUREN SMITH	36.80	2011

**100 BACK**

LAUREN GREEN	1:10.56	2011
SANDRA SOE	1:14.58	2010
LAUREN SMITH	1:15.18	2011
SONJA GIACINTO	1:16.24	2011
MORGANNE MCKENNAN	1:16.47	2011
STACEY FORD	1:17.49	1991
NICHOLE ATKIN	1:19.49	1999

SARAH SAFIR	1:20.25	2003
LUCY CHEN	1:20.81	2002
ALYSON WAGNER	1:20.81	1991

**50 FLY**

	TIME	YEAR
LAUREN GREEN	31.09	2011
KRISTY HARTUNG	32.63	1983
SARAH SAFIR	32.73	2003
ALANNA JURICH	33.20	2011
HEIDI RAWSON	33.60	1991
HILARY HUNT	33.79	2004
STACEY FORD	33.93	1991
MICHELLE DEL RIO	34.52	1999
EMILIE RUFFO	34.65	2009
KATRINA ROWE	34.77	1990

**100 FLY**

LAUREN GREEN	1:09.19	2011
SARAH SAFIR	1:12.80	2003
KRISTY HARTUNG	1:14.80	1983
LAUREN SMITH	1:15.28	2011
ALANNA JURICH	1:15.90	2011
STACEY FORD	1:16.16	1991
MORGANNE MCKENNAN	1:17.87	2011
SANDRA SOE	1:18.59	2010
SHAWNA WINTERS	1:19.09	1993
KATRINA ROWE	1:19.19	1990

**200 FLY**

STACEY FORD	2:52.66	1992
SARAH SAFIR	2:56.26	2003
LAUREN SMITH	3:03.28	2011
CAITLIN REYDA	3:08.99	2003
EMILIE RUFFO	3:13.63	2009
JENNY GUISE	3:22.39	2010

**200 I.M.**

LAUREN GREEN	2:33.64	2011
MORGANNE MCKENNAN	2:33.82	2011
SANDRA SOE	2:40.55	2010
KRISTY HARTUNG	2:43.34	1983
KELSEY CONROW	2:44.04	2003
LAUREN SMITH	2:45.22	2011
ALANNA JURICH	2:45.78	2011
ANGELA HUANG	2:46.37	2011
NATALIE SOIVE	2:47.73	2011
STACEY FORD	2:48.49	1991