

# AIT INTERNATIONAL SCHOOL NEWSLETTER

JANUARY - MARCH 2022 ISSUE VOLUME 4 | ISSUE NO. 3

Dear Parents and Friends of AITIS,

Welcome to the first AITIS Bulletin of the year 2022. The School Year 2021-2022 was unique in that we started in August 2021 with the online mode of learning which continued till January 2022.

This prolonged period of distance learning has been challenging for the students, parents, teachers, and all associated stakeholders of AITIS. However, in February of this year, AITIS reopened its gates to the students for onsite learning after a gap of ten months.

The whole school atmosphere was totally re-energized with the arrival of the students and teachers for face-to-face classes.



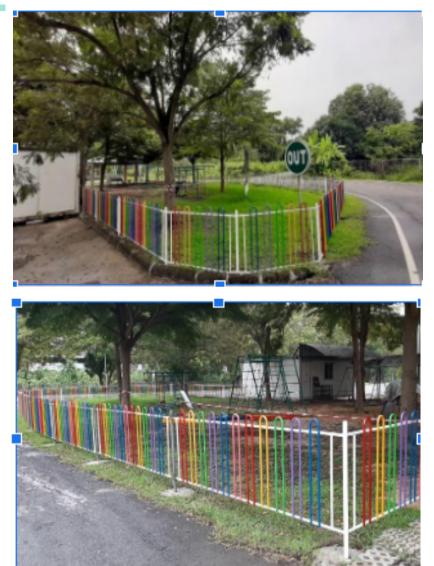
In preparation for the re-opening of school after a long duration, several new projects were completed.

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### **CAMPUS SAFETY & BEAUTIFICATION**

#### MULTICOLORED FENCES

As part of the safety and beautification campaign, AITIS placed multi-colored fences around the elementary playground and near the prekindergarten playground. A big "Thank You" to the Parent-Teacher Association of AITIS who helped make this project into a beautiful reality.







The roads leading to school from the AITIS main gate, and the staff houses were repaired in preparation for school re-opening. We would like to extend our heartfelt thanks to OFAM for completing this work in perfect time for school reopening.





#### CCTV CAMERAS

The school-wide CCTV installation project has been completed thanks to the initiative and efforts of Dr. Mongkol Ekpanyapong.



Dr. Mongkol and his team have helped us set up 12 CCTV cameras.





Now we have a total of 16 CCTV cameras in and around the school. This we believe will help strengthen the security system at AITIS.

#### **CANTEEN TABLE PARTITION**



We are thankful to the parents of Patitta (Grade 2), Narinsicha (Grade 2) and Junjaochay (Grade 2) for taking the initiative to set up partitions on the tables at the school canteen. This has been extremely helpful in ensuring social distancing during the lunch break.

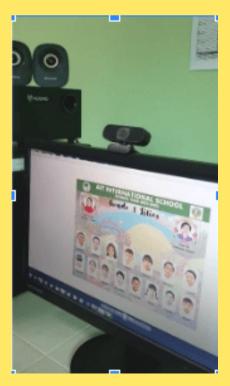
#### MOTION-SENSING FAUCETS



Motion-sensing faucets/taps have also been installed in the school canteen to help reduce the spread of germs. This has been kindly donated by the parents of Sirawasaya (Grade 5) and Chanyathada (Grade 6). A big "Thank You" to the family for their support and contribution to AITIS.



# HYBRID LEARNING!





As some parents choose to keep their children online it became necessary to provide both onsite and online learning opportunities for our children. To prepare for the hybrid classes AITIS purchased webcams for all the classrooms and graphic tablets for grades 4, 5 & 6 to help facilitate the easy use of the online whiteboard.

Hybrid learning!



Owing to the Covid-19 situation this semester school decided to let the AITIS staff run the school canteen instead of leasing it out to an external vendor. The school canteen at present sells snacks, water, and drinks during the snack and lunch breaks. The School Canteen Committee consists of Mrs. Huong, Khun Janya, Khun Nattaya, and Ms. Sophal.



VACCINATION DRIVE FOR AITIS STUDENTS

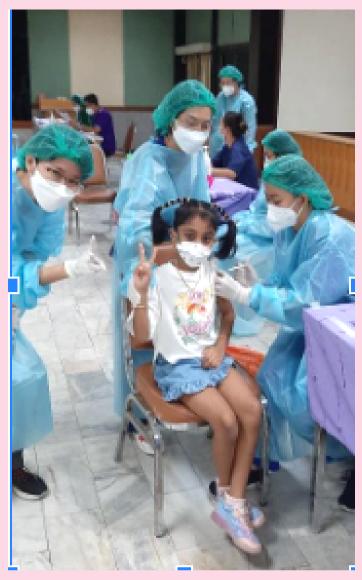
On 23 & 24 March over 30 of our students got the Pfizer vaccine at Valaya Alongkorn Rajabhat University. This vaccination drive was made possible through the Pathumthani Public Health Office and the efforts of the AIT Government Relations Unit (GRU).

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We hope that more of our students will be attending onsite classes now that the majority have already been vaccinated.



As we complete seven weeks of face-toface classes, we continue to fight the spread of the Covid-19 virus. We wish a speedy recovery and good health to all students, staff, and their families who have contracted Covid-19. Let us remember that Covid can happen to anyone, and we need to be KIND & EMPATHETIC to those around us.



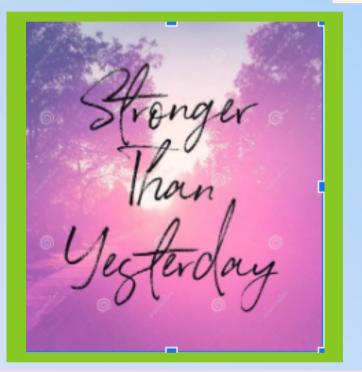


#### Anyone can contract #coronavirus

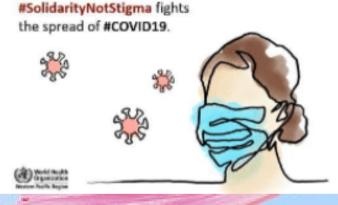
regardless of race, gender, age or other personal qualities.

#SolidarityNotStigma fights the spread of #COVID19. L e

The challenges and trials brought forth by Covid-19 have helped the AITIS Family emerge STRONGER and more RESILIENT. Through our joint efforts and collaboration, we can overcome any hurdle that comes our way. Let us continue to be FLEXIBLE and embrace the changes occurring all around us.



Viruses don't discriminate and neither should we.



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As we go on our Songkran Break starting 9th April a gentle reminder to everyone to "STAY SAFE, STAY PROTECTED" as we celebrate this festival with our loved ones

as we celebrate this festival with our loved ones.



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COVID-19 & STIGMA: HOW TO PREVENT AND ADDRESS SOCIAL STIGMA IN YOUR COMMUNITY Here's how you can talk about coronavirus without contributing to the stigmatization

WHAT IS SOCIAL STIGMA?

Social stigma in the context of health is the negative association between a person or group of people who share certain characteristics and a specific disease. In an outbreak, this may mean people are labeled, stereotyped, discriminated against, treated separately, and/or experience loss of status because of a perceived link with a disease.

Such treatment can negatively affect those with the disease, as well as their caregivers, family, friends, and communities. People who don't have the disease but share other characteristics with this group may also suffer from stigma.

WHY IS COVID-19 CAUSING SO MUCH STIGMA?

The level of stigma associated with COVID-19 is based on three main factors:

 It is a disease that's new and for which there are still many unknowns;

2) We are often afraid of the unknown, and

3) It is easy to associate that fear with 'others'.

It is understandable that there is confusion, anxiety, and fear among the public. Unfortunately, these factors are also fueling harmful stereotypes.

#### SOURCE:

HTTPS://WWW.UNICEF.ORG/SUDAN/COVID-19-STIGMA-HOW-PREVENT-AND-ADDRESS-SOCIAL-STIGMA-YOUR-COMMUNITY

#### BREAK THE STIGMA

 Let us not discriminate in the name of covid 19, Our fight is against
Coronavirus, not against each other.



regardless of race, gender, age or other personal qualities.



- We are ALL in this together, let's do our part
- Let us not reject, abuse, harass or harm those who are treated, quarantined and others irrespective of their origins and occupation

Let us not reject, abuse, harass or harm those who are risking their lives at work

**Remember: Coronavirus will heal** 

- But the scar of stigma and mental trauma won'
- Offer Compassion and Support to those suffering
- Take basic precautions and avoid crowed places

Dispel the rumor's and myths; offer compassion

et's stay united and support each other through, this tough time

In the end, what will matter is how we cared for and supported each other



- 1. Complete Name: My name is Dr. Farzana Asim.
- 2. Nickname: My nickname is also Farzana.
- 3. Nationality/Country: I am from Pakistan.
- 4. How long have you been teaching? I have been teaching for the past 26 years.

5. Why did you choose to be a teacher? I chose to be a teacher because I love learning and being in a learning environment.



6. What is your favorite quote? There are many that are my favorite quotes. Quoting one:

**ALISSARIN GRADE 6** 

"We're here to put a dent in the universe. Otherwise, why else even be here?" This is one of Steve Jobs' most famous and inspiring quotes. At the end of the day, your goals and accomplishments are never about you. It's about the contribution you make to the world.

7. Would you rather live in the beach or in the mountain? I love to be in both places.

8. Are you married? Yes, I am married to Dr. Asim Nisar.

9. How many children do you have?

I have two children, a daughter (Farheen) and a son (Zaigham).

#### 10. Do you have any pets? What is it?

I like keeping pets but I don't have any at present.

Complete Name: Anjelo Villanueva Mungcal

Nickname: AJ, Jelo

Nationality/Country: Philippines



How long have you been teaching? I have been teaching for about 20 vears.

Why did you choose to be a teacher? It makes me feel lucky and blesses to be with wonderful kids like you

What is your favorite quote? "I think, therefore I am." ~ René Descartes



Would you rather live in the beach or in the mountain? On an island with a beach and mountain

Are you married? Yes.

How many children do you have? Ihave only one, Liam.

Do you have any pets? What is it? No

What are your hobbies? Travel, cook, farming, and playing sports

What are your favorite ways to relax? Keep lights dim while listening to music; sit by the beach

**BY: MARY, GRADE 6** 

# **Complete Name:**

Nantaphan Thareesong

Nickname: Kung

Nationality/Country: Thai

How long have you been teaching? 35 years

Why did you choose to be a teacher? To be with children and taking care of them like family makes me feel happy.

> WHAT IS YOUR FAVORITE **OUOTE?** "NEVER GIVE UP."

Would you rather live in the beach or in the mountain? I like staying in the mountain.

Are you married? Yes.

How many children do you have? I have 2 boys.

Do you have any pets? What is it? No, I feel bad if I take care of it, and then it will get sick or die.

What are your hobbies? I spend time buying and selling goods to grow my business.

What are your favorite ways to relax? I love to relax by going to the forest/mountain.



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**BY:METAPHON, GRADE 6** AITIS THE BULLETIN, VOLUME 4, ISSUE 3, JANUARY - MARCH 2022

#### Complete Name: Janice Pilongo

Nickname: Jan, Nice

#### Nationality/Country: Philippines

# How long have you been teaching?

I have been teaching for the past 23 years.

Are you married? Yes.

How many children do you have? I have three children, 2 girls, and a boy.

# Why did you choose to be a teacher?

I always feel happy when I'm with the children and I also grew up in a family of teachers.

# Do you have any pets? What is it?

I used to have a pet fish, but since it died I felt so sad. So, from now on, I don't want to have any pets.



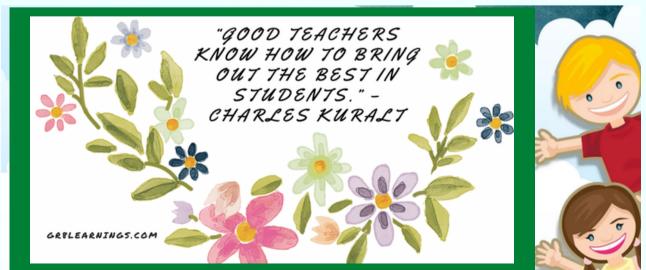
What are your hobbies? My hobbies are cooking and going out with my family.

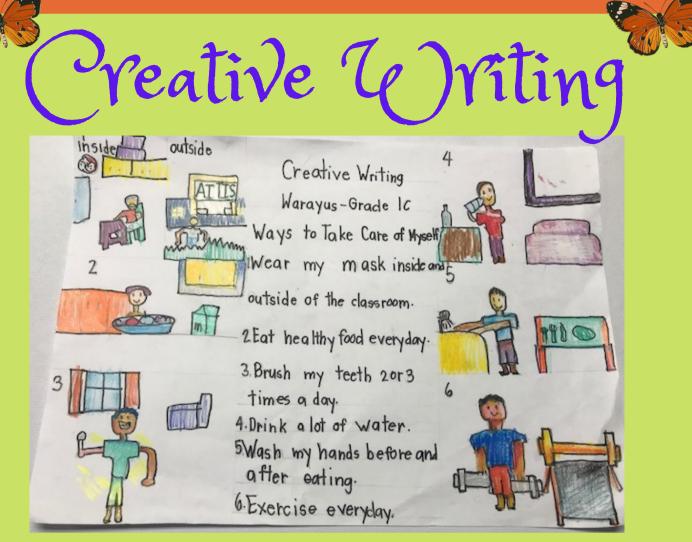
What are your favorite ways to relax? Watching movies and playing the piano.

Would you rather live in the beach or in the mountain? I love the breeze, greenery, and smell coming from the mountain.

#### What is your favorite quote?

"Let all you do be done with love." I Corinthians 16;14





#### Warayus Grade 1C

### **THE ANCIENT HIROSHIMA PEACE MEMORIAL**

The Hiroshima Peace Memorial is the sole remaining structure in the region where the first atomic bomb was dropped on August 6, 1945. It has been kept in the same state as it was shortly after the explosion thanks to the efforts of numerous people, especially those from Hiroshima. It is not just a stark and striking emblem of humanity's most deadly force, but it also represents hope for world peace and the eventual eradication of all nuclear weapons. This is an article designed to tell you that I want to go there, why I want to go there, and why you should too. To understand why someone like me wants to go there, you first must know what the Hiroshima Peace Memorial is. Well, as its name states, the Hiroshima Peace Memorial is a memorial



dedicated to the victims of the nuclear assault on Hiroshima, Japan, on August 6, 1945, when the United States detonated an atomic bomb on the city. It can also be called the Genbaku Dome, meaning atomic bomb dome or A-bomb dome. In August 1955, ten years after the explosion, the Hiroshima Peace Memorial Museum opened in the Peace Memorial Park. The bomb inflicted massive destruction, but Hiroshima soon moved on to restoration discussions, drafting the "Hiroshima Reconstruction City Planning" the next year.

The Hiroshima Peace Memorial is in Hiroshima, Japan, and is part of the Hiroshima Peace Memorial Park. Japan is already an amazing country, and its history is just one of the most fascinating histories I have ever seen.

The memorial is significant because it is a symbol of the cost of war and the value of peace. It's there to remind people of the awful event and to honor those who perished because of the bombing. As a result of the atomic bombs, between 90,000 and 146,000 people died in Hiroshima, and 39,000 to 80,000 people died in Nagasaki because of the atomic bombs, with nearly half of the deaths occurring on the first day. The fact that it is there just to remind people of the event and bring peace touches my heart. I also respect all the people who died due to the bombing.

Now that you know more about the Hiroshima Peace Memorial, I'll tell you why I want to go there. I want to visit the memorial



for a variety of reasons. One is that I want to pray for the deceased and yearn for a world free of nuclear weapons. The memorial is meant to serve as a reminder of what occurred and the hardships that the victims faced. That isn't something that most people can imagine. Most people are unconcerned about war. Going there, I believe, will assist me in better comprehending this event. The memorial is meant to be a symbol of peace and hope.

Another reason why I want to go to the memorial is that I'm fascinated by the event and want to pay my respects in person. I want to study more about the atomic bombs impacts as well as Japanese history. I find the origins of nuclear weapons fascinating. I'd like to study more about it and have a better understanding of how things were at the time. The bombing in Hiroshima was the first time an atomic weapon was deployed in a war. I'd love to see a

historical site like this! Every year, around one million individuals visit the Hiroshima Peace Memorial Park, so why don't you as well? I already told you why I would love to. So, I'll tell you why you should too. If you understand what there is to enjoy, I bet you'll love it. I think that you should also pay your condolences to the victims of the bombing by visiting the memorial just like I want to.

The monument exists not just to honour the victims of the Hiroshima bombing but also to





give information on the history of nuclear weapons and to promote world peace. If you go there, I'm sure you'll be more aware of what's going on in the world today. If you learn more about this incident, it may fascinate you. This is the only historical monument still standing to remember this important event. I'm sure there are relics and historical objects at the location



Visiting the memorial could help you think about peace a little more and make you feel a bit more optimistic. You might feel somewhat better, especially given the current circumstances. It may cause you to reflect on what the victims went through. You might be curious about Japanese history or the first use of an atomic weapon in a war. Isn't it fascinating to see such a historical site? Consider it and try to go. You are still welcome to visit. Who knows, maybe you'll meet me there.

Inaya Jahan Ahmad, Grade 5B

My Ambition "An Engineer" When I grow up I will go to engineering school. When I go there, the teacher will teach me how to build. I will try to build by myself when I'm done with learning how. to build, I will stort my own company. Before I start my own company I will pratice to build things. I will. build simple things. I will buy more materials to build things. I will build things using steel and metal. I will make a plan too. I will draw what I want to.

build and see how many peices it looks like before I start building it. I will watch people building. I will watch people building at my dools company so I can learn more. My dod is an engineer, so he will teach me more how to build so I can be an engineer.



Jia Xin G2A

Creative Writing 2Stay away from North States taking Care of onese pepole smoking. If you don't stay 1 Take enough sleep. away from them, it If you don't have would make your enough sleep, your lungs sick. Also, wear Brain would not work mask very well. And your 3. Eat healthy foods. heart would 6.Do not shout at heathy. It is good least twice a day. for your lungs, heart, If you don't brush some body's ear. and brain. your teeth at least If you shout at 4. Do phisical activity. twice a day, your some body's ear, you It would exersice teeth would turn your heart, Lungs, and will hurt their eardrums. yellow and you will body. It would also hurt your teeth. And they will not make you heathy. And, you will have hear properly. 5 Brush your teeth at bad breath. Eat heathy toods. Take mough sleep. 6 ways to take care Stay away from people Smoking. Brush your tecth at least twice Do not shout at somebody's aday. Do physical activity. Pitchapa ear. Grade 1B

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Trying My Best I've always tried to be the best. Better than the rest. But now I understand,

That everyone can't always be the best. Just be happy with what you have done best.

But I will keep trying my best.

Just be good at Science, Math, Social Studies, Grammar, and

etc.



I am eager to learn how to do better. When I grow up, I'll do it better and better. However I'll try my best.

**Peerawich Grade 2B** 

This is Me (by Tonduangtham) I am a plant. Some of my friends are slant. I like being a plant Because I always see ants. I need soil I don't like getting boiled. I like dirt. I don't like getting hurt. I have roots. I am not in a boot. I like being warm by the sun. As I have fun under the sun. Chlorophyll makes me green I breathe in carbon dioxide and breathe out oxygen Glucose gives me energy as the sunlight in And make photosynthesis Everyday and always Grow, grow, then I become a tree That always sees bees. What a wonderful world I see!

#### Tonduangtham Grade 3 B

#### A Treasure of Memories

Grandma found a piece of paper. It said, "Hidden under the big oak tree is a treasure". Grandma walks in the direction the map shows. She reaches the big oak tree. She smells something stinky around the oak tree. She covers her nose with a handkerchief. She digs and sees a dusty treasure chest. It seems very old, large, rough and made of wood. On the two sides there are a few blue stones like a star and little yellow lines around it.

The chest is locked. She doesn't know how to unlock it. She looks around the tree. On a high branch she finds a yellow key hanging. She uses a long stick to take it down. Grandma takes the key and opens the chest. Inside she finds some old dusty pictures of her family when she was younger and her husband. Her husband died many years ago. Grandma is sad. She remembers her family and her husband. They are all dead. She is alone now.

Two days later she looks inside the chest again. She finds another treasure map. She takes the map and goes to the place. It is next to the big oak tree. She digs around and finds another treasure chest. It is almost broken and cracked. She opens it and finds gold and money! She is very happy and buys a beautiful new house. She gives a lot of money to poor people and takes care of children who have no parents. She is happy now.

One evening she goes to the old house. It is all broken down and falling. She walks to the old oak trees. She stands in front and thanks th<mark>e tr</mark>ees. She thanks her family and husband for giving her a treasure full of memories.

#### ~Surat Grade 3 A

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# The Choco-Factory



#### Tawsif, Grade 4A



Last night I had the best dream of my life. I dreamed that I got locked in a chocolate factory. This is how it happened...

One choco-smelly morning, I woke up to the smell of chocolate. The smell was a little too good. I opened my eyes to see the chocomachine. I was about to wonder where I am but the chocolate machine made me forget my name. I went near the choco machine, and grabbed a big bite of the chocolate. Then I found a marshmallow machine, I grabbed a big bite from the marshmallow machine and it tasted way better than the chocolate. It was the best day of my life (In a dream) Now the best part comes! I found a basket full of chocolate bars, and I didn't have breakfast so I was about to eat one but it smelled worse than my toilet! So, I decided not to have breakfast anymore. I was walking casually but I fell into a trash can, making my whole body smellier than when I threw up. It started to turn the other way around, it was starting to be the worst day...

Then I had enough of the fun and the un-fun, then I slowly heard my mom's voice... I was about to grab a bite of Italian chocolate, but when I opened my eyes, "You're late for school," said my mom.



# **The Chocolate Factory**

Jashaswee, Grade 4B

Last night I had the best dream of my life. I dreamed that I got locked in a chocolate factory. This is how it happened: I, I was eating chocolate chip cookies near a chocolate factory. In the distance I saw a sign next to a big hole. It said "Free chocolates! Go inside the hole" I decided not to go in, but i tripped over something and fell right in.

While I was falling, I wondered if I would be crushed to death when I landed because the hole was deep. But when I saw the end of the hole, I magically floated in midair and landed safely, which gave me the Alice in Wonderland vibes.

Before me l saw two passageways, one was filled with mint candies and the other was filled with different colored apples. I chose the other passageway because apples are better than mint candies.



At the end of the passageway there as a rainbow ladder. Since I had nowhere to go I climbed it and I ended up in a chocolate factory. At first I thought it was some kind of place where they keep the dump because it was so messy.

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I saw a chocolate bar floating in midair and seeing that I nearly fainted. Obviously, no one would eat a chocolate bar floating in midair, that's super suspicious. But for some reason I ate it and it tasted like how it's supposed to taste like.



Add a little bit While I was distracted by the chocolate bar the room magically turned cleaner. I saw a chocolate machine next to me so I clicked a random button and a chocolate bar came out. I ate fifty chocolate bars and my stomach started aching because I ate too much.of body text

Suddenly an atom, almost the size of a pig popped out of nowhere saying in a squeaky voice, "WHY DID YOU EAT MY CHOCOLATE! GET OUTTTTT!" Then a blue pig bigger than the atom appeared covered in what looked like ice cubes and it said, "GET OUT THIS IS OUR UNDERGROUND ROOM WHERE WE STORE FOOD" Then I woke up laughing and crying at the same time.

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# Travel Diary Grade 5A

#### Tokyo

Traveling is a good way that you can rest from working and studying. It is a chance to know more about nature and people in different places. There are a lot of activities for you to travel and relax such as climbing the mountain, swimming in the sea, going to the beach, skiing on ice, and shopping in the city.

Tokyo is my favorite city in Japan. There are a lot of attractions that you should visit, for example Tokyo Tower. That is the first landmark in Tokyo. It is taller than the Eiffel Tower by 13 meters. So, it is the tallest tower in Japan. Shibuya is the center for the people who like shopping. Besides, there are a lot of stores and restaurants, and there are a lot of people shopping all day. If you like shopping, this is the best place. I went to Japan with my parents and my cousin's parents. We have been there many times because there are a lot of things to do here and also good weather. You can come here any time of the year, but I prefer the winter season because in winter, there is snow and I enjoy it. You should come here once in your life.

by Chanapoom, Grade 5





#### Jeju island, Korea

On Saturday December, 2019 I landed in Jeju island, Korea. I left the airport and slept at a hotel. I woke up, it was freezing cold. But then when I checked the time it was time for breakfast. I ate some crab meat. It tasted amazing. I hopped on a car and my father drove to a field of yellow flowers. It looked beautiful. There were benches shaped like a heart, and you can also pick oranges there. I highly recommend you to go there. After that it was snowing, so we walked to a park which was covered with snow. In the park there is a skiing slope which is my favorite, Snowman Statues. Then, we went to climb a mountain. When we reached there, we were very tired. When we were going down the mountain, suddenly my stomach hurt so bad that I couldn't climb down the mountain. It was really painful that my father and mother needed to carry me down. It was tough but I was pretty light at that time. When we were down I drank some medicine and I was fine for a while. But later, my stomach ache got so bad that my father cancelled the trip. And we went back home.



Proundpimfha Grade 5

## SOCIAL STIGMA WITH COVID-19 GRADE 6



With any problem in the world, especially diseases which are contagious there's bound to be stigma with either patients which used to have that disease or patients currently with that disease-in this case Covid-19. Although this is a very human thing to do-which is to avoid potentially dangerous things, it does not justify even when you know that the particular person is cured 🧹 from a disease. Doing this is simply just demoralizing and dehumanizing each other, and if you think about it there's simply no reason to act like this. If anything we should be lifting them up because they have recovered from a disease and they have fought through all of that and still survived a potentially fatal disease. In some cases you might not even know that you are contributing to this stigma, so to avoid this make sure that if think someone has a disease confirm it with them so you can take precautions. If they don't have the disease maybe talk to them on how it must've felt going through such a bad experience. Maybe once you know their point of view and what they had to go through then maybe you won't want to stigmatize people like these. So just be mindful and thoughtful about other people's feelings

**Hrithik Anish Madathil** 



Social stigma is the disapproval of, or discrimination, a person or people based on social characteristics, but in the case of covid, it is sometimes based on the locations or what race you are. Why is this bad? A friend from my neighborhood was Chinese, and although she didn't have covid all the people in the neighborhood were scared of her and her family. Some other people got infected and the blame was all on them and caused them to move out. This also makes other people with covid hide inside their houses and not get proper treatment for it because they are scared of being discriminated against. How to help? Spread facts, false knowledge on how covid is transmitted or treated can sometimes put people in danger. For example, they might be treating themselves incorrectly or using wrong precautions. If you are an influencer or know an influencer, reach out to them to ask them for help in sharing information.



#### **Chanyathada Buttarobon**

Plant by NamonT Galilie My covid-19 Fighter Robot name is Plant. It can make vaceine and take vaccine. Its colors are pink and purple. The sphere shape is its gel. The pyramid shape is its speaker. The cube is its spray alcohol.

The cone shape is for keeping the gel. The rectangular prism is the body of Plant. The cylinder shapes are the wheek.



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# Student - Centered Activities Grade School Activities







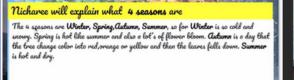




















### **International Woman Day**



#BreakTheBias #IWD2022 #AIT #AITCSC

# Types of Pulleys and their Uses

7 Pakorn , Kittibhum , Jashaswee , Kankawin





















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## <u>Student - Centered</u> Activities Subject Teachers















### The piano keys, strings, and pedals

Standard pianos usually have 88 keys, 52 white keys and 36 black keys. Which is 7 octaves. There was one specialty grand piano that was built by the Bosendorfer company with 97 keys, 8 octaves.

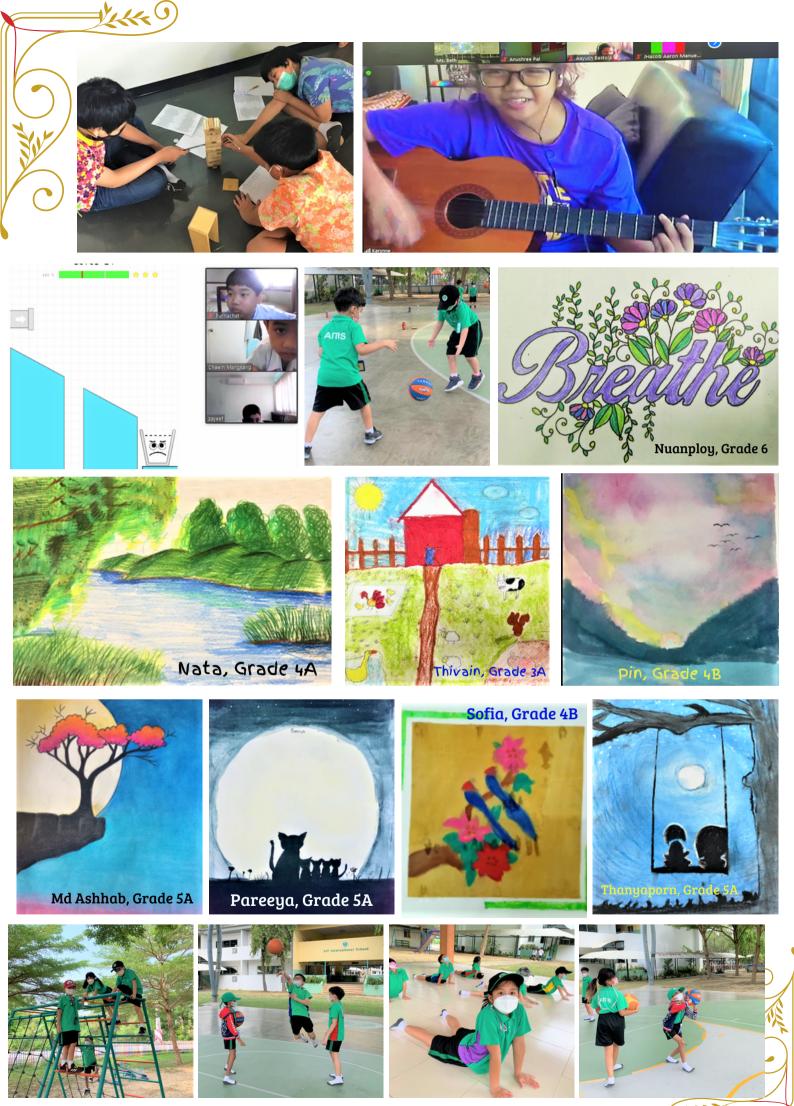
Most pianos has about 230 strings 3 strings for each keys.

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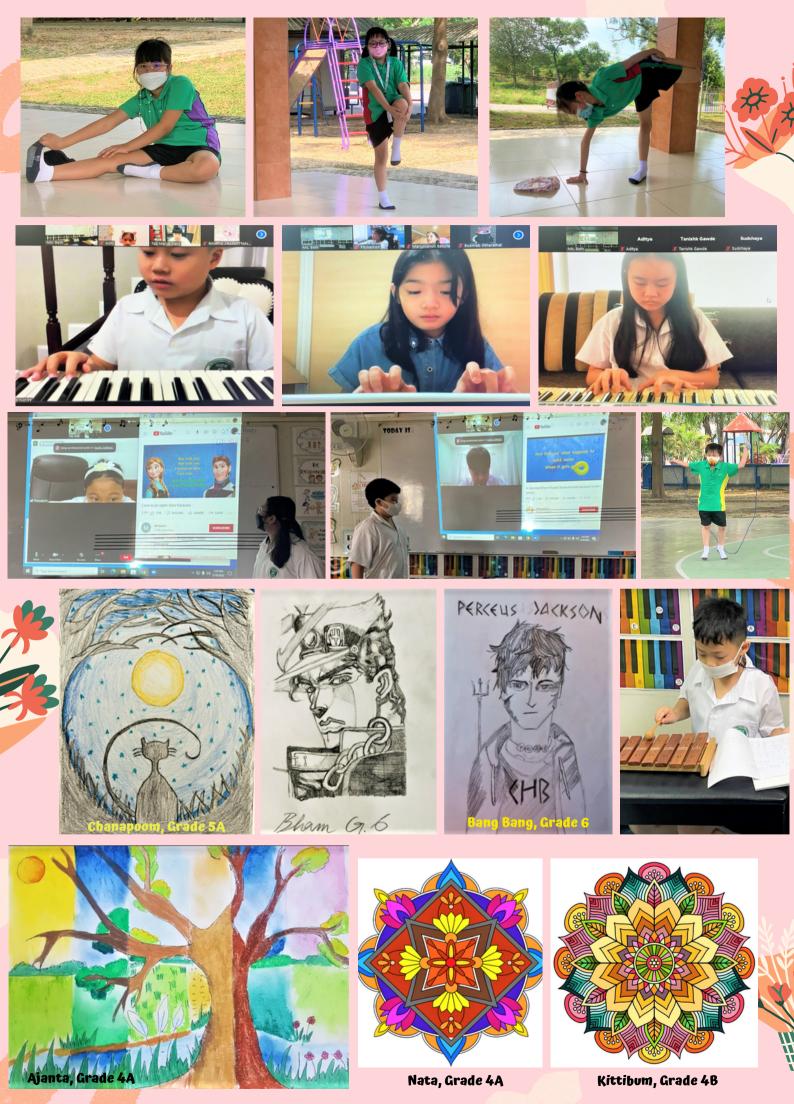






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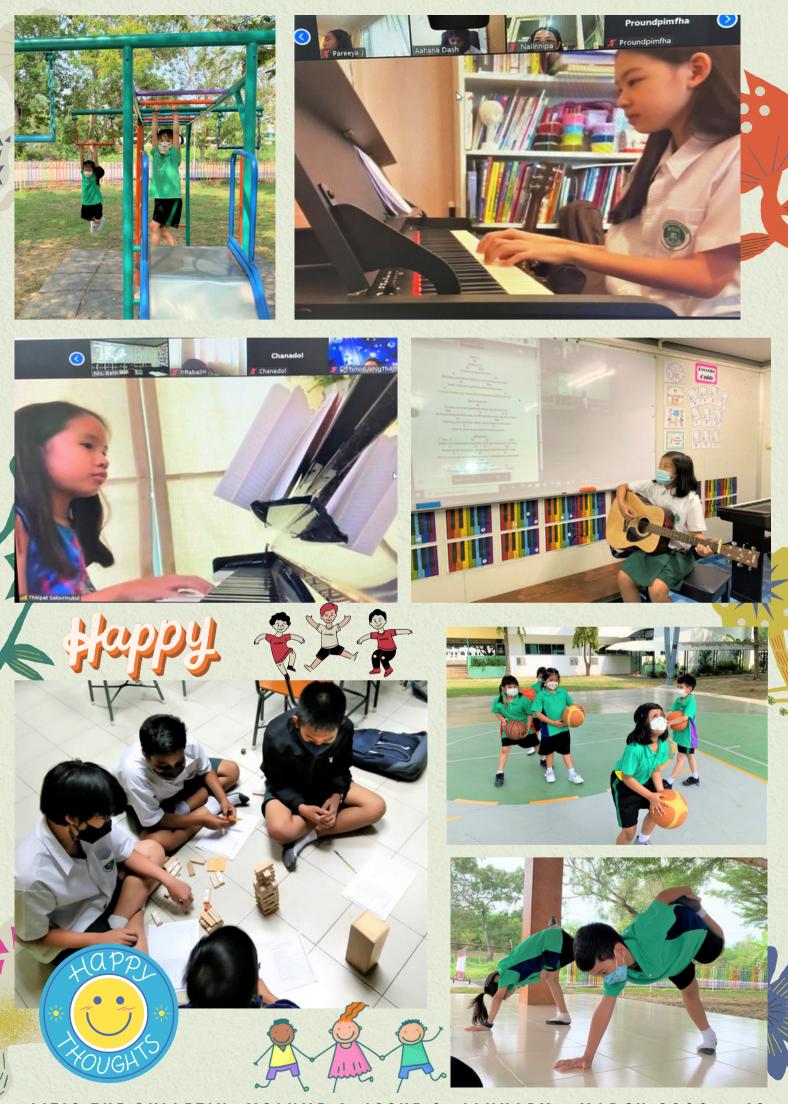
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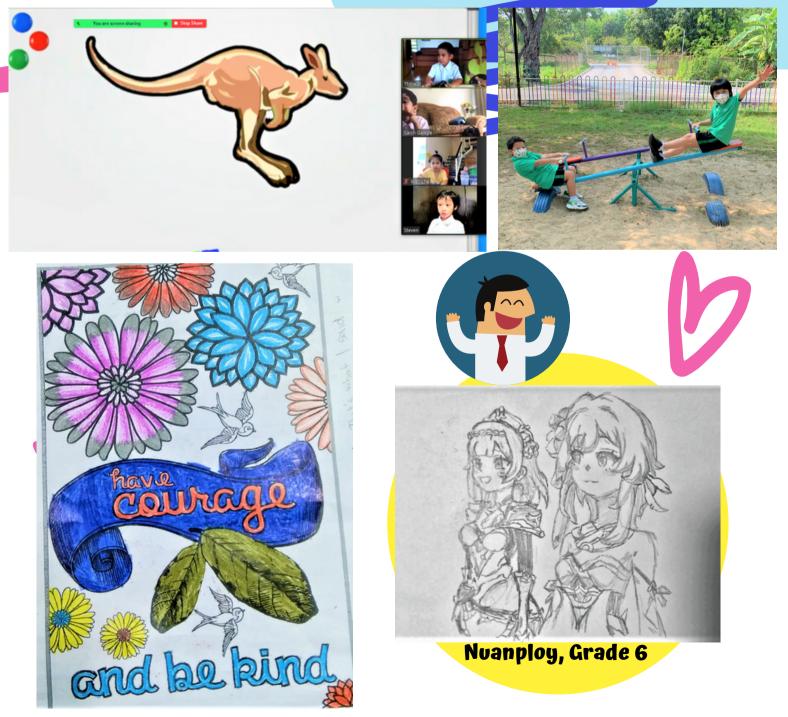




Sofia, Grade 4B



Sangay, Grade 4B

















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