



THE BULLETIN

AIT INTERNATIONAL SCHOOL NEWSLETTER

JANUARY - MARCH 2020 ISSUE | VOLUME 2 | ISSUE NO. 3



AITIS Celebrates Children's Day

Kavya, Farhin, Nathida and Chanyathada - Grade 4 Edelweiss

Children's day was celebrated with full fervor at AIT International School on the 10th of January 2020. Teachers organized a fun-filled day for the students by organizing a special fun-filled activities. It was also a day of NO Uniform Day! Students were group into House Colors which are red, yellow, purple and blue.

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**“The future belongs
to those who believe
in the beauty of
their dreams.”**

Dear Parents and Friends of AITIS,

Welcome to the first edition of AITIS Bulletin for the year 2020. We started the year with many fun activities lined up for the semester for children, teachers and parents of AITIS.

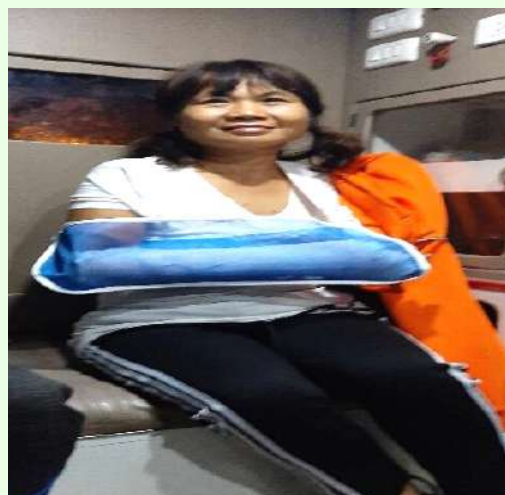
The first event was **Children’s Day** held on 10 January 2020. This year, the parents rose to the occasion and pampered all our students with snacks, shows and hands-on activities that was full of fun. A big “Shout Out!!!!” to all our parents.



Kindness Challenge 2020 kicked off on 23 January 2020. It was the **5th Annual Kindness Challenge** that AITIS took part in. Thanks to the school counselor and the student council committee members who prepared Hands-On activities for our students to spread the message of love, care and gratitude throughout the school.



Annual School Camp, which was held from 29-31 January 2020 on the resort ground of **Bann Klang Kao Camp, Nakorn-nayok**. This year recorded the largest number of attendees; 102 students under the guidance of 13 dedicated teachers. We say "Thank You" to our parents for trusting us with their children. It was a good learning experience of teamwork, caring and togetherness. We all wish Khun Sarita a speedy recovery from the fracture she sustained during the camp.



Thank you to our PTA for sponsoring the renovation of the Pre-Kindergarten playground. The painting brought the playground alive.



During the first week of February AITIS held the **Transition Afternoon** for our Grade six students. Seven International Schools and one Academy found their way to our campus to present their schools to our grade six students and their parents who were looking for opportunities, as they make decisions for middle school education. We wish them all the best as they explore different schools to continue their education.



The theme of this year's Talent Shows was **"It's Your Show, It's Your Time, It's Show Time"**. The participants were awesome as each came up with confidence to showcase their talents. Our multi-talented teachers also graced the day with their wonderful dance. It is always nice for our teachers/staff to lead our students by example. To all our participants I extend my Congratulations and "Well Done"!



Sadly, the fight against the global pandemic Covid-19 Virus did not allow us to enjoy the well-planned Fun and Food Fair this time. Thanks to our parents for the pre-planning stage and we hope that we will still be able to have this fun activity.

We continue to encourage all our students and their families to take good care of themselves. Good hygiene is highly recommended at this time and most important, Stay at Home, Stay Safe.

Sincerely,

Mrs. Oluwayemisi Ayoola Thomas
AITIS Principal



The first activity of the day was snack sharing inside the classroom. Then we assembled house wise in the Assembly Area at 9:45 in the morning with our art supplies and later was kept in the respective classes of grade 6 before the activities were started.



Mrs. Yemi gave her an inspirational message and greeted us- “Happy Children’s Day!” Teachers were in their respective posts such as Cookie Decoration, Souvenir Making, and Treasure Hunt. Each house with different grade levels were assigned to a different task in a given time. We are extremely grateful to all our parents for the snacks that you have provided and to AITIS principal, teachers and staff for making the celebrations even more special.





Counselor's Corner

5 steps for Managing your Stress

- 1. Exercise regularly.** While gyms are closed and social distancing guidelines are in place, it's still possible to get in aerobic exercise, like walking, running, hiking or playing with your kids/pets, all can help release endorphins (natural substances that help you feel better and maintain a positive attitude). And there are other exercises you can do in the comfort of your own home. Dr. Sullivan recommends yoga and stretching as one way to both exercise your body and calm your mind and it's easy to do by yourself.
- 2. Maintain a healthy diet.** Stress can adversely affect both your eating habits and your metabolism. The best way to combat stress or emotional eating is to be mindful of what triggers stress eating and to be ready to fight the urge. "If you are someone who is prone to emotional eating know your triggers, know what stresses you out and be prepared," Dr. Sullivan says. Keeping healthy snacks on hand will help nourish your body, arming yourself nutritionally to better deal with your stress. "Helping to regulate your blood sugar throughout the day is going to keep your body stable and your emotions on a much better playing field," Dr. Sullivan says.
- 3. Take a break.** "As humans we want control over our lives and in this situation, so we have to learn to manage lack of control," says Dr. Sullivan. While it's important to stay informed of the latest news and developments, the evolving nature of the news can get overwhelming. Find a balance of exposure to news that works for you. This is particularly important for our children. We need to limit their exposure to the media and provide age-appropriate information to them. Whenever reasonably possible, disconnect physically and mentally. Play with puzzles, a board game, do a treasure hunt, tackle a project, reorganize something, or start a new book that is unrelated to coronavirus coverage.
- 4. Connect with others.** "I can't stress enough how important connection is during times of uncertainty and fear," Dr. Sullivan says. "Fear and isolation can lead to depression and anxiety. We need to make a point to connect with others regularly." Reach out to family members, friends and colleagues regularly via phone, text, FaceTime or other virtual platforms. Make sure that you are checking on those that are alone. Check in regularly with your parents, grandparents and your children.
- 5. Get sleep and rest.** The ever-changing news environment can create a lot of stress, stress that gets amplified when you don't get enough sleep. It's especially important now to get the recommended amount of sleep to help you stay focused on work and on managing the stress the current outbreak can bring. Dr. Sullivan recommends avoiding stimulants like alcohol, caffeine and nicotine before bed. If you still find yourself too stressed to sleep, consider developing a new pre-bedtime routine, including a long bath or a cup of caffeine-free herbal tea. And planning for tomorrow earlier in your day can help alleviate stress related to what's to come.

Source: <https://www.pittsburghhealthcarereport.com/5-steps-for-managing-your-stress/>

The Great Kindness Challenge

SHLOK, G5
AITIS PEACEMAKER

We are thrilled to report that over 15 million students in 28,062 schools and 115 countries were part of the 2020 Great Kindness Challenge!!! What an AMAZING celebration of kindness it was! We hope our week was filled with an abundance of joy and that the kindness momentum will continue!



Do you know what was our experiences for the great kindness challenge in AITIS? Well it was so exciting from 20th to 24th January 2020, AIT International School participated for the 5th time.



Student Council and Peacemakers were empowered to facilitate different Kindness Stations.



Students wrote kind notes in a heart shaped paper and gave it to their friends, they displayed kindness chain, played kindness bingo and did a pledge of kindness to the earth.



Because of our school's participation in The Great Kindness Challenge, we were acknowledged as a Kindness Certified School.

Thank you for making such a positive difference at AITIS, in our community, and in our world.

There's no doubt about it, your

kindness
MATTERS

AITIS CAMPING 2020

By: Phyo Thiri Win
Grade 5 Ace Achievers



AITIS organized the camp program for grades 3 to 6. The program lasted for 3 days, from January 29 to 31, in the Nakhon Nayok Baan Klang Khao Scout Camp and Resort. There were 102 students participating with 13 teachers. The 2 buses and 1 van carried both the teachers and students.

At around 7:30 am, Ms. Yemi, the principal of AITIS, gave an inspirational speech to the students and teachers going to the camp site for those 3 days. At 7:45 am, the buses and van departed the school. It took around 2 hours to get to the campsite.



From 9:45 am to 10:00 am, the camp leader, Ms. Marichu gave an orientation on the camp rules and regulations and announced the cabin assignments. Then, from 10:00 am to 10:30 am, the students were given the time to refresh and change from their uniform to their play clothes. After the break was over, there was the first ice breaker, which was for the grouping or jigsaw puzzle mini game where you have to match the pieces to form a hero. Then there was the first team building activity which was called 'Hands and Paws' after the team building, there was an activity which was the 'Flag Making' each team had to make a team flag, name, and their hero's characteristics.



The lunch break started at 11:30 until 12:30. After the lunch break, there was a continuation for the flag making which took 30 minutes and it ended at 1:00 pm. The second team building was to pitch a tent, and the second activity was the parachute volleyball. Both of the activities ended at 2:00 pm. Start from 2:00 pm to 3:00 pm, students had their snack break. After the break ended, the teams had to participate in the 'Amazing Race' which had ice breakers, team building and other activities. From 4:00 pm to 5:30 pm, there was a practice presentation for the camp fire activity and a nosebag skit presentation. After that, the students were given the time to refresh, then they had their dinner. At 9:00 pm, students are sent to their cabins to refresh. At 10:00 pm, its lights out for all of the cabins. At 10:00 pm, the camp members had some brainstorming.

From 5:30 am to 6:30 am, students had to do zumba exercises. Students were allowed to go back to their cabins to refresh. At around 7:30 am, students had their breakfast. At 8:30, students went on a trekking expedition. After returning at 9:00 am, students had to go to their assigned team and do the rope course. Then they had their snacks.



After that, all students could go back to their cabin to refresh themselves. From 12:00 pm to 1:00 pm, students had their lunch. At around 1:00 pm, we did the fourth ice breaker, which was called 'Pass the Pasta'. Then there was the fourth team building, which is the 'Cotton Challenge'. And the fourth activity was the 'Sticky Wall'. From 2:00 to 2:30, students had their snack break. Students then had to cook spaghetti with their group. After that they had to clean the pan and plates that they used to cook and eat with.



Then starting from 4:30 pm, students were given free play for an hour. After that they were given time to refresh, then they had their dinner. At 7:30 pm, students had the campfire, skits, a group presentation, and a birthday. After the campfire presentation, there was a quick briefing, students were then sent back to their cabins to sleep. At around 10:00 pm, the camp team had brainstorming.





Starting from 5:30 am, students had their morning exercise until 6:00 am. After that, students were given the time to refresh in their cabins. Then they had their breakfast at 6:30 am. Starting at 7:30 am, the teams had their fifth ice breaker, which was called 'Pass-catch the ball Relay Race' after that, the teams had their team building, which was called 'T-Shirt Relay', and their fifth activity was called 'Funnel-ball catching Games'. After that, students had their snacks, and then they had the 'Fun Team Games'. Then they made camp souvenirs, which were the karabiners. After that, students had their lunch. Then they packed their luggage, and traveled back to school. That's it, this is the end. Thank you for listening to this report.





Grade 6 Transition Day

By Arya Krishna, Grade 6 Adventurers

On February 4th we, the Grade 6 were having a transition day. Transition day is when AITIS invites schools around Bangkok to come to present their schools and facilities to persuade us to join their school. This was the best opportunity for students and parents to get to know schools better. Schools like KPIS, St. John Mary international school, Singapore international school, Satit Bilingual School, Bangkok Advent School, KIS, We learn and NIVA came to present their school.



Mrs. Yemi and the coordinators welcomed the students and administrators of each school on the 4th of February. This event started at 3:00 PM and went on until 4:00 PM. Each school had their assigned booth where we could approach them. Each school had brought some brochures and the alumni of AITIS. We were divided into groups; each group was supposed to follow a pattern so everything would be in an orderly manner. When we went to the booths we didn't feel uncomfortable because we were familiar with our alumnus. The administrators explained about the admissions and their scholarships. The alumni were the ones who explained the features and reasons why we should join their school. After we finished our discussion some schools were kind enough to give us a souvenir.



This was an amazing experience and I really appreciate AITIS for giving us and our parents this opportunity to meet all the schools in one platform. I take this opportunity to thank AITIS for organizing this event on behalf of Grade 6.

AITIS Talent Show 2020

By Athicha, Kanyatorn, Nacharee, and Saura – Grade 6 Explorers



On February 12 & 13, the AITIS had its Talent Show with the Theme "It's Your Show, It's Your Time, It's Showtime. The Pre K students performed on February 12 between 9:30 to 11:30 am, while the Elementary students presented on the 13th of February between 8:30 to 11:00 am. There were 14 groups in Pre-K Section who showcased their different talents in the Assembly Area while the Elementary Section had a total of 28 performances in the pavilion.





For the Pre-K Section, the emcees were Mrs. Janice and Ms. Marifel. Ms. Ara and Khun Daw were in charge of the Sound system set-up, music, and time keeping. Assistant teachers had to take care of mats, chairs, and table set-up and Mrs. Manjiri, Mrs. Rathna and Ms. Bles, were the usherettes of the performers. To spice up their program, All Pre-K teachers had their wonderful performance.

For Elementary Section, the emcees were Mrs. Aparna and Ms. Beth. Mr. A), Mrs. Vinita, and Khun Daw were in charge of the sound system set-up, music, and time keeping. Mr. James and Grades 5 – 6 students took care of the mats, chairs, and table set-up. Ms. Yvette, Mrs. Karthy, and Mrs. Marichu were Usherettes of the performers. Mrs. Hasmina, Ms. Joyce, Khun Aporn, and Mrs. Nanette were in charge of the performers. On the other hand, Mrs. Anushree, Mr. Ernie, Mrs. Farzana, Mrs. Huong, Mrs. Neeta, Khun Sarita, Mr. Elvis, and Mrs. Shandhini were in charge of the non-performers.

The program started with the opening message from Mrs. Yemi on both days and the performances included dance numbers, song numbers, musical instrument performances, and special talents (sports tricks, cheerleading, poetry, and choral recitation).

Prek Section started with a dance number to the tune of Fon – Tae – Long – Ma (Rain is Coming Down) by Warinthorn, Liam, Charles, Jinna, and Talha. Aayush, Okith, Chayapol, and Piyachinda sang a song 'We Love the Earth'. Zahran and Tahim had their dance performance titled 'Modern Bangali Song'. While Jerome and Aditi danced to the tune of Macarena.

Then came Tharadorn, and his friends Peerawich, Thoran, Krittin, and Pannatorn with their Piano Performance and Dance Number. Chayapon, Parn and Prach sang and danced the csng 'You Are My Sunshine'. While Poomipat and Nanon sang a song number titled 'Jingle Bells'. Chenda and Shayera sang and danced the song 'Johny, Johny, Yes Papa' while Piyachinda presented a dance number 'Tayo The Little Bus Opening'.





Patita, Narinsicha, Urassaya, Junjaochay, Apisara, Narudee, Nara, and Apichaya danced to the tune of 'My Ambulance'. Kavish, Kaira, Aavi, Lakshana sang a song 'Chubby Cheeks' and danced. Jia Xin and Thiwarin presented a dance number titled 'Lollipop'. Chalanthron, Carlo, and Shane danced to the tune of 'Waka-Waka'. And Kirisa, Arisa, Jaya, Theron, Ananda, Oranan - mom of Theron, and Kornwaree - mom of Ananda and Jaya presented a dance number 'The Gummy Bear'.

Elementary Section also had a variety of performances. Shlok and Tanishk presented poetry titled "Season Change". Aishee, Inaya, Anuja, Tanishka, Aahana danced to the tune of 'Muqabla'. Imran, Siraphop, Similan, Promsub, Chantawat, Thivain, Surat, and Tonduangtham played the piano and danced. Arthitya, Pitchapa, Napin, Parisa danced to the tune of 'Rak-Tid-Si-Ren'. Pareploy, Suvanarat, Urasaya, Kirachchapachr, Teewara, Rosaryn, and Reeya had the dance number 'Better When I'm Dancing'. Kavya, Nathida, Olivia, Nuanploy danced to the tune of 'Seven Rings' and Varisara, Phunyavee, Patty, Tanyaporn, Vishayaporn had their presentation of Tiktok Dance.



Achiraya, Aleenta, Remida, Yathida had their dance number 'Mad love'. Achawit, Mahasamut, Raan, Sandee, and Wiss sang 'Sunflower'. Phyo Thiri, Teesta, and Su Yamin had their dance presentation 'Lily'. HaLinh, Urjita, and Rodela presented their ribbon dance 'In My Mind'. Shivansh, Nishmita, Poonam, and Abhishik Sham Shandar had their group dance performance. Zarrar, and Tawsif danced to the tune of 'Modern Bengali Song' and Thanop, Ajintiya, Pornanan, Preme, Piryakorn, and Ilyas had their dance number 'Highest in the Room'.



Aditya Kumar Chand, Warat, and Wynn presented poetry. Chanadol, Thitipat, Thitiwit, Wathunyu, Neil Jansen, and Suraj had their dance performance 'That Power'. Karynne, Sanadi, Bang Bang, Lanta, Jacob, Gracie, Punya, and Emma presented a dubbed short skit. Proundpimfha, and Proundparefha played on piano 'This is not jingle bells'. Marie, Manussanun, Sudchaya, and Sasikorn had their performance 'Singing Demons by Imagine Dragons'. Ployphat, Phonphan, Methapon presented their song number 'Don't Call Me a Noob'. Pin, and Nata comedy acted 'Kung Fu Fighting'. Poonyapat, Parawin, Parami, and Papungkorn entertained the audience with their magic show. Maiah Francheska, Sofia, Isaac, Esabel, Mary, and Ellis played the Ukulele and sang the song 'Somewhere Over the Rainbow'.



Faiza Fairouz, and Kazi Sunehra Samriddhi danced to the tune of 'Notun Dhaner Chira Debo'. Junnarada, and Hamna presented a poem. Arya, Aurel, and Saura sang a song 'I'll be there by Gabriela Bee' and Tadol, and Athiwat sang a song 'It's My Life'. And last but not the least the closing performance was a dance number 'Jcy Itzy' by Nacharee, Kanyatorn, Athicha, Sarisa, and Kamonkarn.

The program ended with the closing message from Mrs. Yemi. She encouraged everyone to join and show their talents next year.





Fun and Food Fair 2020

By Teesta Dutta, Grade 5 Ace Achievers

Fun and Food Fair is a fund raising activity for the school, it is also a fun day where both kids and adults will enjoy international cuisine, fun games, stage performances and a lot more.

The actual date was going to be on Friday, 6th March 2020. But it got postponed indefinitely due to the new spreading virus, Covid – 19.

If it was not postponed indefinitely then it might spread to someone who doesn't have an illness because coronavirus is an infectious disease.

I think it was a good idea to postpone it indefinitely because someone could have been ill and have come to the food fair and might have spread it to someone then people will be affected. In this time I think it will be a good idea to avoid large public gatherings.

Open House

**BY KARYNNE
LOIS LEPITEN, GRADE 4 TINKERS**

AITIS Open House is an activity when the parents usually come to school to see their children perform and participate in different activities. Typically, each class prepares an exciting performance for the parents to see. All classrooms are generally decorated with the students' works and teachers are not allowed to do much decoration.

This year, each grade level teachers had to decide with a subject teacher on what their students would do. Each class should perform 3-4 group presentations, which should last for 45 minutes. The groups could be mixed within the same grade. Each grade level presentations should be simple and related to their assigned topic and the performance should be exciting and fun to watch. The Open House was supposed to be on 18 March 2020 but the school had to cancel it for some precautionary measures regarding COVID-19.

Both Grade 1 classes of Ms. Yvette and Mrs. Nanette were tasked to do music presentations with the help of Ms. Beth. Mr. Elvis's Grade 2A should sing some Thai songs and recite some Thai poems through the guidance of our two Thai teachers – Khun Sarita, and Khun Aporn. Grade 2B of Ms. Joyce should do art works with Mr. James. Mrs. Karthy's and Mr. Ernesto's Grade 3 classes with the help of Mr. AJ must show different balancing skills and perform aerobics dances. The Grade 4 classes of Mrs. Marichu and Mrs. Jennifer together with Mrs. Huong must have choral readings.

Mrs. Anushree's Grade 5 needs to show their Science presentations. And lastly, the Grade 6 has to perform a skit or an act through the guidance of Mrs. Aparna, Dr. Farzana, and Mrs. Hasmina.

Actually, one month before the scheduled Open House, Teacher Jennifer told us that we were going to do choral readings. She divided our class into 2 groups. Then, she asked Lanta and me to be the leaders of our group. She showed a video to us that, we thought, we were going to do but we had to change it later on. Teacher asked Lanta and me to do rock, paper, scissors. I'm bad at this game so Lanta won and Teacher asked her, "Orange or spaghetti?" I thought she was going to pick spaghetti because who doesn't like spaghetti? But instead, she chose orange. So, I got spaghetti. Then, Teacher Jennifer told us that the one that we chose was going to be our piece for the choral reading

Lanta's group got "What is an Orange?" while my group got "28 Uses for Spaghetti." Every Thursday, we practiced during our Library and Grammar periods. Teacher Jennifer kept on telling us to memorize our assigned piece and the group leaders had to assign parts for the group members. We got better every time but still, we couldn't memorize. Well, Lanta's group did. Some of my group members were too playful and didn't listen to me, so they couldn't memorize it right away. Finally, both groups memorized our assigned pieces after a few practices, now we just had to add actions..

My group chose their own actions for their own part. My group didn't look like as what I thought it would be but it was close. The other group looked good and I always listened to their leader. However, their actions weren't so good and they weren't energetic.

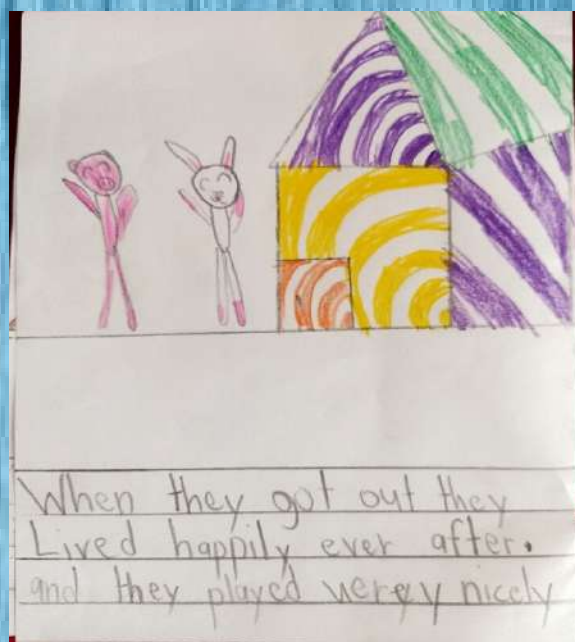
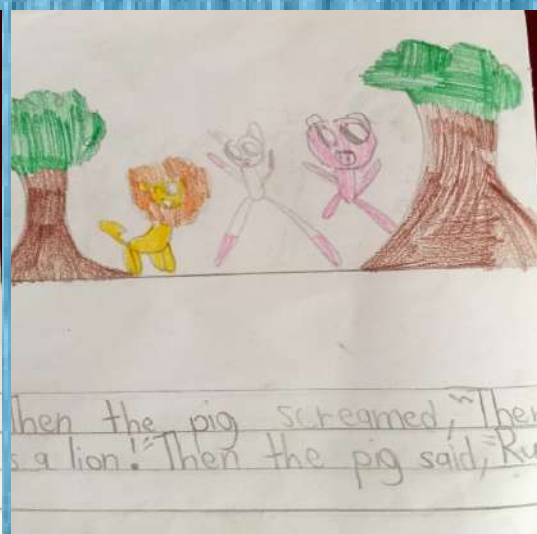
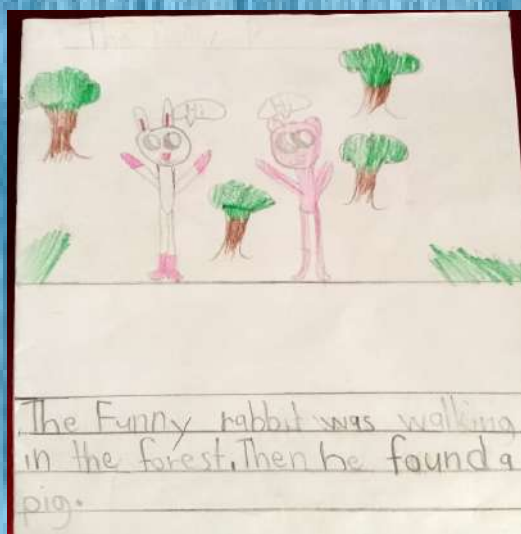
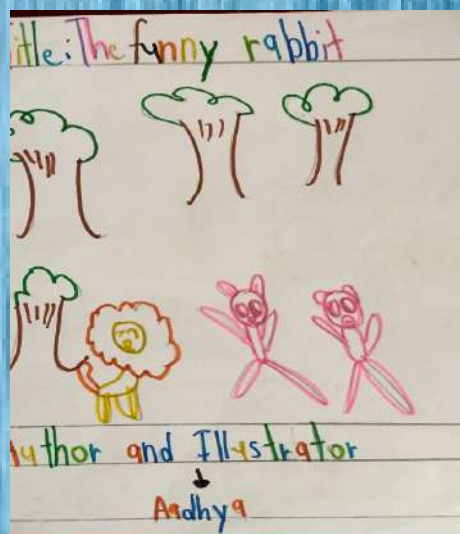
Due to the pandemic COVID-19, the school closed on the same day of our Open House. So, we won't be able to do our presentations on the 18th of March. But then, Teacher Jennifer videotaped our performances the day before the school closed.

During the first time that my group performed, we weren't energetic but we memorized it perfectly. So, we had to do it again. At least, during the second time, we were okay. But for the other group, they had to do it for around ten times because they weren't energetic; they sounded so sleepy. Until, the bell rang for our Music class so they had to stop and Teacher Jennifer told us that she would just choose their best performance.

During the first time that my group performed, we weren't energetic but we memorized it perfectly. So, we had to do it again. At least, during the second time, we were okay. But for the other group, they had to do it for around ten times because they weren't energetic; they sounded so sleepy. Until, the bell rang for our Music class so they had to stop and Teacher Jennifer told us that she would just choose their best performance.

I was happy with my group's performance because we really enjoyed the activity and had fun. I hope that our parents would also enjoy watching our videos as much as we enjoyed filming it.

Students' Corner



I Am a Responsible Girl

By: Pattanan, Grade 1 Lily

I am a responsible girl because I wash my hands without being told. We need to wash our hands to remove the germs. If we put our hands in the mouth, we will get sick. Sometimes, we touch the table, chairs, sink, pencil case, paper, glass, and many other things. Then sick people touched them too. Washing our hands will help us not to get those germs or virus from other sick people. We also must put soap. The soap will keep the germs and virus out.

My New Year's Resolution

My name is Nata, I am a student in Grade 2 B. Last year in 2019, I always talk with my friends when the teacher is teaching and when doing my work. That is why sometimes, I could not complete my work on time and I will ask someone to help me. But in this year 2020, I will improve myself. I will not talk when learning.

I was not kind in semester one. I always don't share my things, but my friends will share theirs with me. This semester, 2020, I am improving myself. I will be kind to everyone and share my things with other people. I will also be good to other people.

Last year, I always make other people feel sad. I always think that I am correct. But sometimes, I am wrong and others are correct. This year 2020, I will make everyone smile and be happy. I will learn from others too.

Last year, I was not responsible. I always borrow things from people. Sometimes, I also lost my things and that of my friends. In this year, I will be more responsible with my things and the things of my friends.

Every time in semester one, I usually don't proofread my work before given my teacher for corrections. My spellings are always wrong. In this year 2020, I will always proofread my work, correct my spellings and improve on my writing. Lastly, last year I did not really help my mom to clean the house. I always say "I am going to clean" but actually I end up not doing it. Now, I know that if I don't clean, my house will be dirty and it won't look good. So I will help my mom to clean the house so the house will look nice.

My Ambition

By: Kittibhum- G2A Trail Blazers

I want to be a pilot when I grow up. I want to be a pilot because I want to help people travel to different places.

I should be able to fly many types of planes. I may also get a chance to fly the Airbus A380 or the Boeing 777!

I want to help people have a great time by providing them with a smooth flight. Maybe, I could also provide a good service.

I can take people to different places and areas around the world. I can take them to Russia, India, Japan, Korea, Indonesia, Bangladesh, and many more places. I can also take them to famous countries in the world such as USA and Italy.

I will help people travel around the world by letting them ride on my plane. I could also offer flights to places that they want to go too.

I will give chances to people to travel to new places around the world. I can let them get a chance to have a new experience to new places.

Argh!

By: Su Yamin, Grade 3 Clever Tigers

The word Stegosaurus means "roofed lizard" or a "roofed reptile". The Stegosaurus lived in North America and Portugal. They lived from 156 – 144 million years ago during the late Jurassic Period. The Stegosaurus disappeared with the Brachiosaurus, Camarasaurus and the Dipodocids. In 1877, Othniel Charles Marsh named the Stegosaurus when he discovered its fossils in Colorado.

The giant Stegosaurus had a brain with is a size of a walnut. The Stegosaurus possessed a type of inner armor similar to a chain mail. Its massive spiked tail can swing from side to side to deliver crippling blows to attackers. Their length ranges from 20 – 30 feet. Its weight can be up to 4,000-8,000 pounds! It had thin bony plates from the back of the head to the middle of the dinosaur's tail. A modern elephant's brain is 50 times bigger than that of the Stegosaurus's yet the elephant is smaller than the Stegosaurus.

The front legs of the Stegosaurus were only half as long as the heavy rear legs. The Stegosaurus had a powerful tail with two pairs of three-foot spikes or spines. These spikes functioned as weapons, powered by its muscles that enabled the Stegosaurus to swing its tail at predators. The Stegosaurus was once called the "solar paneled dinosaur" because scientists thought that its bony plate functioned similarly to an elephant's ears. It is a plant-eating dinosaur and its nickname was "covered lizard".

Don't believe everything you see in movies like King Kong and Jurassic Park! Different dinosaurs lived at different times. The Stegosaurus never saw a T-Rex because the T-Rex didn't exist until 80 million years after the extinction of the Stegosaurus.



Almost Drowned at Phuket!

By: Aishee Pal, G3 Bright Sparks

Have you ever had a near death experience? Well, I sure have! And it isn't fun or exciting, it's really scary trust me! Let's jump right in the incident now. So this one time when I was 7 yrs. old, we went to Phuket with my family. And that's where it all started.

On one of the days, we went to the swimming pool. My aunt had brought snacks like chips, soda etc. After I had my fill of them, I decided to swim to burn off the calories I had eaten. I thought the pool looked shallow so I jumped in without my goggles thinking I'll get them later. SPLASH! Oh What a Surprise! It was too deep for me to touch the floor. I absolutely CANNOT swim without my goggles. So I sprawled and kicked and punched the water hoping someone could see me. I called out, "help" to my dad who was nearby. But he just said that I was joking. I had already sucked in water through my mouth and my arms were getting weaker and weaker. Luckily a floaty was floating nearby. I struggled some more and reached the floaty. I tried to hold on the floaty and get on when I saw my goggles on the shore. I waded there to get them and finally I could actually swim.

And that was my near death experience. I hope you learned something from this incident. I sure did, "Always check the depth of the pool before swimming, or you'll drown." Well, that's all for now. Until next time, bye!

Mekanika

By Lanta, Grade 4 Tinkers

Once upon a time, there lived two girls named Crystal who was an amazing engineer, and one scientist, Jemona, who was an expert in time traveling.

So, Crystal asked Jomarno, Jemona's brother, "Is Jemona here? If she is, can I do a project with her?" "Oh," said Jomarno, "well, I think she's with Tomo. Tomo is the guy and he has brownish hair and glasses. Plus, Tomo is Jemona's best friend and..."

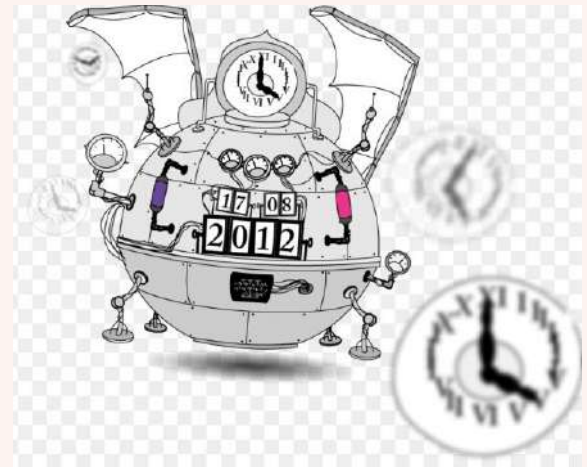
But Crystal did not listen to the rest. She saw a thing that caught her eyes - an old time traveler! She asked Jomarno if she could borrow and he then would like to ask Jemona. She called Jemona from her phone. She asked again if she could borrow. And Jemona said, "YES!"

Then, Crystal took it home to fix it and do some changes to the time traveler. Now, it was as good as new. But when she added the next piece, it sucked her in and brought her to the year 2040.

She was scared. She was in the future spaceship heading to a weird planet. In the spaceship, she saw no one but some random person that looked like her. It was her future self! The older version of Crystal saw the Crystal of 2020.

The Crystal of 2040 said, "Hey! Are you the Crystal of 2020? You are in trouble!" "What?" Crystal of 2020 asked. "We saw this weird planet that is giving less air in Earth 2040. I warn you, this is trouble for everyone. Yes, everyone you love and even your friends," Crystal of 2040 said. "We are heading to this planet," Crystal of 2040 added.

When they reached, they saw two mechanicals, Jemona and Jomarno. Both of them were surprised. "Jemona? Jomarno? Is that YOU?" "Yes," said Mechanical Jemona and Mechanical Jomarno in a robot voice. They also saw a mechanical Crystal. They soon realized that this planet was a copy of Earth but mechanical.



They asked Mechanical Crystal what planet they were in. Mechanical Crystal replied that it was planet Mekanika, the 5th planet of the Solar system. Crystal of 2020 and Crystal of 2040 learned that the "people" of Mekanika are called mechanics and they only ate plants and drank oil to live. Soon, they had a room but it was as hard as metal.

It was metall

Luckily, Crystal of 2020 got sucked in with her blanket, pillow and mattress so she slept comfy. Meanwhile, Crystal of 2040 brought her sleeping stuff out of the spaceship. They had a goodnight. In the morning, they did their morning routine. While they were playing in the mechanical playground, King Mekanika was checking the planet. He saw two "earthlings" (that's what King Mekanika calls them) and shouted at them.

Crystal of 2040 was about to fight but Crystal of 2020 said to Crystal of 2040 that King Mekanika just needed some explanations. So, Crystal of 2040 calmed down and told what happened. Crystal of 2020 told him, too. King Mekanika stopped and said that he had a portal back to 2020. But, Crystal of 2020 must first sign up her sheet so she could get a card with information about her so she could come back. Crystal of 2040 got one, too. King Mekanika showed the 2020 portal. Crystal of 2020 went in and said bye to Crystal of 2040.

The Slaves of King Mekanika fixed Crystal of 2040's spaceship and told her that she was ready. Before she left, she asked why Planet Mekanika was stopping the Earth's air. King said that he was just sick but he's okay now. When Crystal of 2020 went back, she warned everything. Lucky 2020-2040 Crystals.

Corona Virus

BY: MARY, GRADE4 EDELWEISS

Poster here, poster there
What's it is all about
Corona virus is on the scout
We all got frantic
And panic
A virus that is deadly
And never friendly
We need to fight
With all our might
Wash your hands with soap
And this virus brain will die with all our hope

Being a Celebrity

BY MAHASAMUT AND SUMET

**The crowd clamors
While the cameras flicker
The public screams
Seeing my picture**

**Papers after papers
All this signing does me harm,
Just keep on smiling
And continue to charm**

**I keep on smiling
Because there's nothing to hide
No imperfection to be judged
While I'm dying on the inside**

**Old friends left
But new ones came
But sadly no one knows
They're here to leech off my
fame.**

**If you want to be me means you
don't see
That fame and the show biz has
its trap,
If you can't be yourself, despite
all the wealth
Then You would rather be
normal perhaps?**

Pandas

By: Saenrak, Grade 5 Ace Achievers

Some pandas live in bamboo forests, wild pandas live only in remote, mountainous regions in central China. These high bamboo forests are cool and wet, just as pandas like it. But nowadays they are most likely to live in a zoo. They are natives to central China. As few as 1,864 giant pandas live in their native habitat, while another 600 pandas live in zoos and breeding centers around the world. Giant pandas have a distinctive appearance.

Their thick black and white fur helps them in cool forests. Their white coat and black mark is unique, with black patches around the eyes and ears, black legs, and a black band around the shoulders. And they have cute white tails. Adult pandas are about 150cm from nose to rump, with a 10-15cm tail. And they can grow up to 90cm tall at the shoulder. An adult panda can weigh up to 150kg, with males 10% larger and 20% heavier than females.

A panda's daily diet consists almost entirely of the leaves, stems and shoots of different bamboo species. And besides from bamboo they also eat grasses, bulbs, some insects, fruit, fish, and small animals. Pandas must eat 12-38 kg every day to meet their energy needs.

The giant pandas spend as long as 14 hours eating per day. Their sleeping habits are 2-4 hours sleep between meals. In addition to eating for about half a day, the giant pandas spend the rest of their time sleeping. Pandas get into positions of various kinds with their seemingly clumsy bodies. Their favorite sleeping position is putting their hind paws on the trees with their front paws shading their eyes.

The pandas are very nimble in climbing trees and run rapidly in danger. The pandas average speed for running is 20 miles per hour which is pretty fast for a giant panda to run. The giant pandas also walk into the valley. Sneak into mountain villages or residences, which play with round-shaped utensils as toys and later abandon them in the wild. There are two different kinds of pandas. There are red pandas and giant pandas.

Red pandas are also known as Lesser Pandas. The red pandas look more like raccoons while the giant pandas look more like bears. Red raccoons can either be found in Tibet or China. Giant pandas are usually found in China in the mountains.

The average lifespan for giant pandas is 15-20 years but the average lifespans for red pandas is 12-14 years. And while the captive ones can live up to 30 years.



Red Panda



Giant Panda

Should We Go to Mars?



By: Kanyatorn – Grade 6 Explorers

Mars is the second smallest planet in the Solar System. Humans think that we would destroy Earth in 100 years or more which is the reason why we need to make an expansion of humanity on Mars, although, they know that Mars' environment is not the best. Mars contains toxic soil, low gravity, lack of water, and cold temperatures. However, we can opt going there to do scientific research. We can learn about planet's makeup and explore how we can possibly live there.

We think that in 100 years or so, we humans on Earth would be extinct. We want to continue our human species, which is why it makes sense to go to Mars and make an expansion of humanity, but it is also true that Mars' environment is not very supportive. If we choose to live on Mars, we will need to experiment living with its harsh environment.

It is not a bad idea to choose Mars because it is the closest to our planet. However, going to Mars costs A LOT of money. An estimate says it costs about US \$4 billion to send one person to Mars because Mars is 232 million kilometers away from Earth!

Going to Mars will surely test our knowledge, our resourcefulness, and the limits of our abilities in every way. However, the consequence is that it would take well over a year to get there, work there and come back. Which is very dangerous.

Overall, I think that it is a good idea to go live on Mars once we get enough knowledge about that planet and once we are really ready with enough resources.

Student - Centered Activities

Pre-K Section



AIT International School





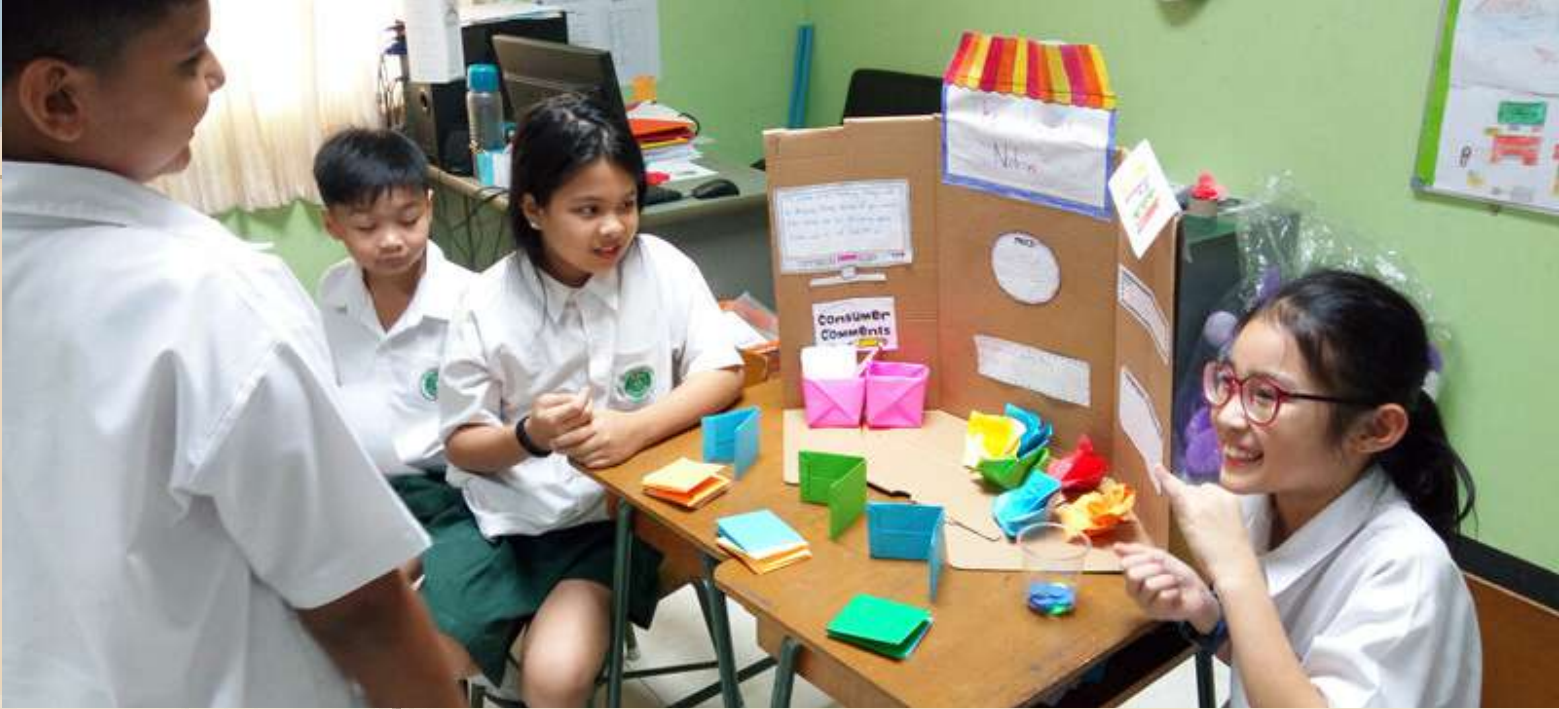
Student - Centered Activities

Elementary Section





Making a parachute







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