



# THE BULLETIN

AIT INTERNATIONAL SCHOOL NEWSLETTER

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## AITIS TEACHERS' PROFESSIONAL DEVELOPMENT

by: Mrs. Oluwayemisi Thomas

The final Professional Development for the 2018/2019 school year was conducted on Friday 22 March, 2019 by Mrs. Vinita, AITIS ICT teacher and Ms. Megha, Ms. Ara, Ms. Marifel, Mrs. Hasmina, Mrs. Marichu and Mr. Ernesto who attended the seminar in Bangkok the previous month.

We started at 1:00 pm and Ms. Megha presided over the PD.

Mrs. Vinita gave a presentation on how to solve the basic computer problems we faced every day since computer is one of the tools for 21st century teaching. These included hardware and software problems. The presentation lasted for about 20 minutes.

Teachers were divided into four groups and materials were provided for each group. Each group came up with their group names.

The first session was a group discussion that included sets of questions to be discussed. Each group came up with points that showed the interdependency of students, teachers, and parents in understanding the 21st century teaching and learning. These points were later presented. Questions and further discussions followed this session. Ms. Megha rounded up the first session.

We had fruit break for about five minutes and the second session started. Each group was given a task to discuss and find out the relevance of each theory and how the 21st century teacher can apply the theory in his/her classroom teaching strategies. Each group also discussed the subject areas each theory can be used. The groups then presented their points. At the end of each presentations, the assigned group moderator of teachers who attended the seminar before, rounded up each group discussion. More questions and answers discussions followed. The PD ended around 4pm.



### **3 Important Steps When Disciplining Your Kid**

*If my end goal is to teach children to not take things without asking, to clean up after themselves, to shut the toilet lid when they're done – using a label like “mean” or “messy” or “gross” wasn't moving us toward that goal. In fact, my words were painting a picture of the exact opposite outcome I wanted, effectively inviting my children to live “down” to that picture.*

*No matter the verb that came before the label, all labeling was doing was hurting my children and putting distance between us. This epiphany opened my eyes to the immense power my words have with my children. But I'm not naive enough to think that an epiphany is all I need to stop myself from talking that way from here forward.*

*So I came up with a 3-step plan, and I've been using it ever since that day:*

*1. In through your nose – Breathe in because when you're breathing in, you can't say something you'll regret. (Sometimes I bite my tongue, too, for good measure.)*

*2. Report what you see – Pretend you're a court reporter. Because she doesn't see “mean” or “naughty” or “brat.” She sees: “You took a toy from your sister, then you hit her.” or “You threw the ball inside the house.” or “You colored on the dining room table with a Sharpie.”*

*3. Ask for your child's ideas on moving forward – Because you haven't shamed your kid, her brain is open to learning from what happened. And you get a ready-made teachable moment plus an opportunity to develop your kid's problem-solving skills. For example, you might ask, “How can you help your sister feel better?” or “What can you do next time you feel like throwing the ball?” or “How can we clean the table?” This isn't a test or a lecture in the form of rhetorical questions. Wait for your kid to share an idea – and remember she's still practicing at this problem-solving stuff so she may need a few more seconds than you'd expect. If she's hesitant, you can reassure her, like this: “I know we can fix this together. Tell me what you're thinking.”*

#### **How to Remember This 3-Step Trick When You Discipline A Child**

*When your kid misbehaves or just behaves in a way you don't like, just remember...IRA. I know it makes zero sense, but stick with me.*

*Picture a sweet grandma. She gently guides kids towards better behavior but never loses her temper – because she raised 10 kids and knows what's up with this parenting business. She bends down to look a child right in the eye, even though her knees aren't what they used to be. And her reserves of patience are absolutely limitless. She waits for a child to think through something on their own, her eyes crinkling in delightful expectation of this little brain stretching and growing right before her very eyes.*

*This grandma is my hero, and her name is Ira. In Hebrew, Ira means “watchful.” Ira is also the short form of a Greek name that means “peace.” And so in these tough parenting moments, imagine Grandma IRA right by your side – a watchful, peaceful soul. IN through your nose, REPORT what you see, and ASK for your child's ideas.*

Source:

<https://happyyouhappyfamily.com/discipline-your-child/>

# Book Character Dress-up Day

BY: PHYO THIRI  
STUDENT COUNCIL SECRETARY

This year's Student Council initiated a No Uniform/Book Character Dress-up Day as a fundraising activity during Children's Day (11 January). Each participating student from NY to G.6 contributed 20 or 30 Baht to help upgrade our Peace Corners (replace broken or lost items and provide additional resources). We hope this project will benefit the officers and entire student body beginning the next school year and onwards.

I, together with my Grade 4 Edelweiss classmates welcomed the Pre-K 2 Busy Bees in our classroom. Most students were wearing play clothes. There were some who dressed up like their favorite book characters.

We were singing "A Beautiful Day". After we danced, we headed to the soccer field near ST-9. We played "Straw Planting Relay". We had to put a straw in every bottle per row and then took it out again.

There was one Pre-K 2 student who started tickling Sasakorn and chased him around. I had the chance to interview my classmate Emma. She said, she felt left out at first, thinking that she was the only one who was wearing a book character attire. When she got a partner from Pre-K2, who was also dressed up into a book character, she had a lot of fun.

## AITIS CELEBRATES CHILDREN'S DAY

by: Saenrak, Melisa, Tham, Phyo Thiri  
Grade 4 Edelweiss

Children all around the world need adults to help them, to protect them and to teach them their rights. Do you know what the Rights of the Child are? Every second Saturday of January, Thailand celebrates Children's Day. In AITIS, it was celebrated on Friday, January 11, 2019 and it was an opportunity or chance for all of us to see other adults or older kids as mentors to provide positive guidance.

Our Children's Day was started with snacks of combined classes such as Nursery & Grade 2A, Pre-K1A & Grade 2B, Pre-K1B & Grade 3A, Pre-K2A & Grade 3B, Pre-K2B & Grade 4, KGA & Grade 5A, KGB & Grade 5B, Grade 1A & Grade 6A, Grade 1B & Grade 6B.

We ate snacks with Pre-K2 friends in their classroom. We shared our snacks with our little friends and enjoyed chit chatting with them. We had a Getting-to-know activity from Nursery to Grade 6. We sang happily the song "It's a Beautiful Day." It was followed by reading pair-activity from Nursery to Grade 6.

We brought our Pre-K2 friends in our Grade 4 classroom. We had "The Fun with Rainbow Music Bells." We taught our younger friends on how to use the musical bells and when to shake them. Each bell has a different tone and color coded musical key. By following the directions given, we played popular songs like Twinkle, Twinkle Little Stars, BINGO and Jingle Bells. Different outdoor or indoor activities were played on Children's Day that all the students of AITIS enjoyed!





# AITIS SCIENCE DAY

By Naifa and Kritamate  
Grade 5 Ace Achievers

AITIS celebrated Science Day on 12-13 March 2019. Different activities were conducted in both Pre-K and Elementary Sections.

## Pre-k section

With the air quality crisis that Thailand is facing right now, the Science Day Committee [Pre-K Section], in collaboration with the Earth Day Committee, had a hands-on planting activity with the children. They planted air purifying indoor plants to help decrease the air quality crisis inside the classroom on 12 March 2019.

Different grade levels chose different air purifying plants for their classrooms. The nursery planted spider plants and Boston fern. Pre-K1 planted Snake plants and Areca plants. Pre-K2 also planted Areca palms and Snake plants while Kindergarten planted Aloe Vera and spider Plants.





## Elementary section

Activities for the Elementary section was divided into two parts. For the first day, an educational field trip was conducted for the students of Elementary section to the Golden Jubilee National Geological Museum. The information gathered from the Museum visit was used for the hands-on activity/project for the second day.

On 12 March 2019, at around 8:20 A.M, the students were ready to board the bus to go to the Geological Museum. We departed AITIS, at around 8:40 A.M. and arrived at 9:15 A.M, where we had a 20-min snack break. After snack break we went around the museum for 2 hours with our respective teachers and guides. It was a wonderful experience to visit this museum. We learned about many interesting topics like Natural Hazards, Minerals and Rocks, Fossils, Natural Fuel and Groundwater. The simulators present in the museum were interesting too and the students were excited to try them. All the students and teachers had lunch together at the Museum. At 1:00 P.M, everybody finished their lunch and prepared to board the bus. We reached AITIS at about 2:00 P.M. From 2:00-2:45 we discussed and prepared for the activities for the next day.





On the second day, the activities started at around 8:05 A.M and ended at 11:45 A.M. All the grades had different projects

Each grade had worked on the following projects:

Grade 1: The Sun's Effects Diorama- Effect of Sun on air, land, people animals and plants

Grade 2: Students were grouped into 4 major groups and did research work for their project work on:



- How Fossils are formed?
- How fossils were changed into fossil fuels?
- How people used fossil fuels and how they caused pollution?
- How to get rid of the pollution caused by fossil fuels by using alternative sources of clean energy?

Grade 3: Students made a hydropower machine using their knowledge of simple machine and geology. They had set up a hydro/dry steam-powered wheel to move an object.

Grade 4: Made an edible sedimentary rock. This activity enhanced the concepts of the students how the sedimentary rocks were formed.

Grade 5 and 6: Students had a hands-on experiments on how fossils are formed. Students made different types of fossils like mold and cast, compressed and life trapped in amber with clay, plaster of Paris and gelatin.





# The Great Kindness Challenge

SHRUTI THAPA

AITIS has been participating in the great kindness challenge since the past 4 years. This year it was held on 28th January to 1st of February with the theme:

"We Can Make Our Own Act Of Green"

"The earth is at its tipping point~if we do not change our ways, there might not be much left in the future, as man seems hell-bent on polluting the air he breathes, the water he drinks from, and the very earth he draws sustenance."

By Vida Lim

A greener earth begins at home. Being intentionally eco-wise is about celebrating the creativity of creation, being good stewards with what we're given, and passing on those values to the next generation. There are tons of little things we can do in our homes and school play a small part in reducing landfill waste, cleaning the air, and preserving the natural landscape. In this event schools from around the world practice kindness. AITIS students from Nursery to Grade 6 together with their parents have participated.

During this event, most of the activities were done indoor due to Air Quality Crisis. First, the school sent a Family Edition Kindness Checklist for all the students. Then, we did a Kindness Tree Craft. The hand designs show our kindness to others. Students were also given an option to do or not to do the Kindness Bingo in the Assembly Area that was prepared by some of the AITIS Peacemakers.

This activity has a very good impact to us. It taught us what harm we are causing to the nature and it made us become more sensitive and conscious of our actions. Now I have started to use less plastic bags and practice the act of kindness every time and everywhere.



# Student's Corner

## How I spent my Winter Vacation

It was early morning of the first day of the holiday, my family and I flew to Japan and landed at Narita Airport in Tokyo. My mom rented a car, and we drove to Premium Outlet Gotemba in Tokyo. When we arrived there, my mom went shopping all day. My brother and I had to carry things for my mom. Next, I bought a new shoe at Adidas and my brother bought a Nike sport shoe. We didn't eat anything because we shopped all day. At evening, we went to McDonalds for dinner and back to the hotel, took shower and slept. End of day 1.

The next day we went to Rope Way, a cable ride place. We rode to the last station. We went to take a pictures of the smelly volcano. We bought black boiled eggs. When all was done for the day, we went back to the Rope Way, and rode the ship back to the hotel. On the ship, we ate dinner and took lots of pictures. We also visited the Shirakawa-go. We saw snow on top of the mountain. It was a beautiful sight.

The next day we went to Narita Airport and flew back to Thailand. We were all tired. The next day we got our things out of the luggage. We packed our bags again and off to Korat to visit my grandma at hospital. We stayed in my aunt's house.

The next day we celebrate NEW YEAR! We had gift exchange and I got the gift with number 1, it was a Bluetooth. My brother and I use to listen to songs using the Bluetooth. It was a good vacation

By: Wynn  
G2 Eager Beavers.

## A Huge Mice

Those beautiful girls, chippity-chip.

Ate the yummy candy cake, hippity-hip.

They ate more.

They ate more.

They ate more.

They ate more, tickity-tick.

Then, they made more strawberry cakes.

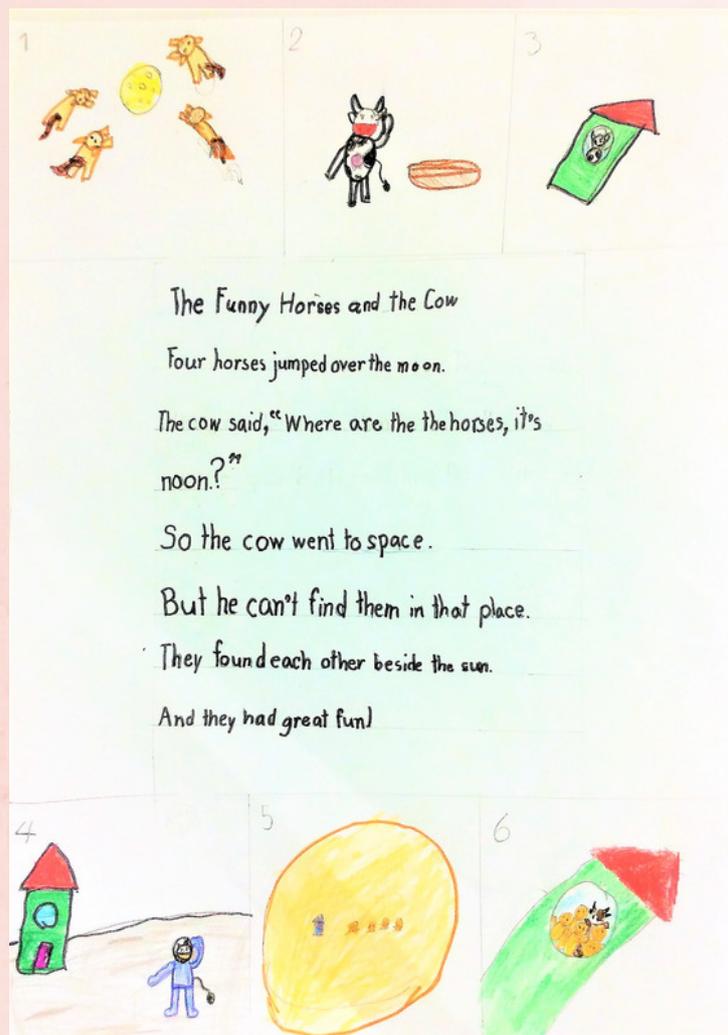
Ate the cake, clickity-click

The gray mice came

A huge mosquito came

So they ran away, winkity-wink

By: Nata  
Grade 1 Lily



### The Funny Horses and the Cow

Four horses jumped over the moon.

The cow said, "Where are the the horses, it's noon?"

So the cow went to space.

But he can't find them in that place.

They found each other beside the sun.

And they had great fun!

By: Pinn, Esaac, Maturot and Emily  
Grade 1 Sunflower

## In Malika 2017

It was in 2017 when my cousins and I went to Malika, Kanchanaburi. I really liked it there because they have delicious food, tasty beverages, and yummy desserts. It was a very beautiful place and it has a lot of tourist attractions. It is recommended to go there during the summer season because it is when they show the traditional Thai clothing that can be rented. When you wear the Thai traditional clothing, it can make you feel cool during the summer season. We also rented beautiful umbrellas. We also went to the top of a very tall tower from where we saw the whole Malika world! We really had fun there! I do not have any favorite thing there because I love everything there! Visit Malika.

Nuanploy Buranajaroenkij  
Grade 3 Clever Tigers

# The Teleporting Roller Skates

By Ilyas, Grade 5 Voyagers

Hi, I am Eggy. The story that I'm going to tell you is very odd and some might say it's interesting. The story happened just recently when my great uncle came to visit me in England. That time, we were all pretty excited because we have not seen him for ages.

Great Uncle Erick is a traveller and the best part when he usually comes to visit us is that he would always bring us odd gifts from his traveling. He travels around the world to see interesting things, that's why we always want to hear his traveling stories.

One time, Great Uncle Erick gave me a super special gift. It was teleporting roller skates! It just looks like ordinary skates but once you wear it, it will teleport you to anywhere you want. That's wow!

Actually when I first wore it, I was teleported to the Fortnite world! I'm a Fortnite player and I always wonder how it would be like to be in the game.

One day, after playing Fortnite, I decided to try the roller skates. While playing the skates, I was imagining that I was a character in the game. I rolled my skates in full speed and suddenly I landed in Tilted Towers which is a big city on the Battle Royale map which is in between Loot Lake and Shifty Shafts. It is also the area with the most rooms, item chests and windows, high-rise buildings and included a television tower.

Everything around me in that area was chaotic. I can see other players were running and playing everywhere. I just couldn't believe that I was in the game. Then, when I was busy setting up my plans, I was alarmed because I forgot how to go back to reality. Suddenly, I saw the purple clouds were coming and just like that I vanished. When I opened my eyes, I was already in my room.

That was the best experience ever! I couldn't wait for another gift that my Great Uncle Erick would give me.

## My Hot Air Balloon Ride

By Khang, Grade 5 Ace Achievers

My family and I were pretty excited about riding a hot air balloon. For the ride, we packed some binoculars, a camera, and some food and water. We also brought a parachute just in case anything goes wrong. The hot air balloon began rising shortly after we got on. While it was rising, I felt very heavy. When it was about a thousand feet high there was a pretty nice view. It was like seeing the whole town from a birds perspective. There were some hills to the north. Surrounding those hills were a lot of trees. There were a lot of buildings to the east. There was a lake surrounded by those houses to the west. There some rivers which ran through a giant forest to the west. After about an hour, our ride was over. That hot air balloon ride was an nice experience and I hope I can do it again another time.

# MY MOM BROUGHT A DEAD FRIEND BACK HOME!

By: Chanyatada, G3 Bright Sparks

Do you know about the time my mom went to Kao Yai by herself and came back with a dead friend? Well, she woke up in the morning at five took her packed bag and got in the bus. When she arrived. She found that the resort was near a forest. She was so scared that some animals would come visiting her. She stopped thinking about it and went inside her cabin. It was pretty dirty and she was thinking of the website where she booked her room. It was nice and clean on the website then why was it so dirty she wondered. She didn't think too much about it and decided to take a nap. She slept until noon. When she woke up she wanted to take a bath so she took her towel and went to the bathroom. While taking bath, some frogs came to visit her in the bath! She screamed and quickly grabbed a towel. After wrapping it, she called the guard to help! The guards came and took the frogs away, except for one. Later the guards noticed that she was checked in the wrong room and gave her the right room which was nice and clean like the website. She was pretty happy and slept there for the night and had a good night's sleep.

The next day, she checked out and came back home. When she was cleaning her suitcase, she saw a dead frog in her suitcase and she was scared and threw it away! My dad was washing the dishes in the kitchen he smelt something bad. He quickly came to the living room and tried to get rid of the smell by putting the dead frog in the dust bin. But it was still smelly. So we decided to throw it outside and finally got rid of the smell in our house with loads of room spray. So that's the story of the dead friend.

## Pandas

By: Kritchayarn, Phannawit, Teesta, Rungruji  
Grade 4 Edelweiss

What animal is black and white, fat and furry, cute and comical?

You guessed it – the panda!

Pandas have always lived in the far-off forests of western China. Nowadays, a few pandas also lives in zoo.

What Giant Pandas Look Like

The Chinese name for the panda is beihung, a word that means 'white bear'. However giant pandas are white and black. They have black ears and eye patches. They look as if they are wearing a short jacket with a black collar and black sleeves, and high black socks. Giant pandas are very large. An adult panda can weigh up to 350 pounds.

Where Do Pandas Live

Pandas living in the wild in China almost never leave their forest home. They move about in the thick jungle of bamboo trees far from people. Most adult pandas live on their own. In bad weather they may go inside the caves or hollow tree trunks. Most of the time, though, they spend the day eating, and playing.

The Pandas Eating Habits

Because pandas are so large, they need a lot of food. Usually the only kind of food they eat is the leafy shoots, or stems, of trees. The panda stands on its hind legs and takes the bamboo shoot in its front paw. The panda's paw is the perfect "tool" for this job. Below its five claw pads is a thumblike pad, designed to grasp the bamboo shoot in its front paw.

# I LOVE GERONIMO STILTON

By Tanawit, Grade 6 Adventurers

I love Geronimo Stilton by Elisabetta Dami and below are summaries of some of my favorite stories.



## Operation Secret Recipe

One day when Geronimo woke up, he saw a super vehicle (RV). His grandfather William called him to get inside the RV so that they could go to Milan. When they arrived at Milan, Geronimo and his family went inside the Royal palace to see the recipe for panettone. But, when they went inside the recipe was lost. So, Geronimo and his family went and watched the CCTV. They saw the thief that looked like Geronimo. So, they started the investigation. They went to get something that the thief threw in the trash bin. It was a location map. So, they went to the places with the mentioned time and at last they were able to catch the one who stole the secret recipe. Then they realized that the one who looked like Geronimo was a cat. So the cat threw all the thing that he had stolen and ran away. Finally, Geronimo and his family could find the secret recipe.



## Geronimo Stilton Secret Agent

One day when Geronimo went to do his work, he met his old friend Kornelius Von Kickpaw who was a secret agent. So, his friend told him that if you need any help you can ask me. One day Geronimo lost an important letter, which his grandfather told him to read. So, he tried to find it by checking the wind direction and wind speed which could help him know where the letter was. Then he started finding the letter but when he was finding it, he faced many troubles but a mysterious person helped him. At last, Geronimo found the letter and found out that the person who helped him was his old friend, Kornelius Von Kickpaw. Then he gave the letter to his grandfather, but his grandfather told him that the lost letter was just a fake letter because he just wanted to test Geronimo.



## Geronimo Stilton the Super Chef Contest

One day Geronimo's cousin Trap came to Geronimo's house and asked him to be his assistant in the contest. At first, Geronimo rejected but in the end, Geronimo was forced to be Trap's assistant. So after the conversation, Trap and Geronimo went to Gourmetville where the competition was to take place.

On the First day of the contest, Trap let Geronimo taste his food, which was really bad. But, during the contest his food tasted really good. This continued for 6 days. On the final day of the contest, he realized that the food in the contest that Trap made was really a food that Trap's friend made and put it in the freezer. So he got very angry at Trap that he cheated. So, Geronimo opened the freezer but at that time everything melted because the electricity was off for more than a day. Then Trap tried to recollect the food but suddenly he slipped and broke his knee. And he was sent to the hospital.

Since Trap was sent to the hospital. Geronimo who was Trap's assistant had to be the chef. Then Geronimo prepared the material and made the food. Finally, the judges said that the winner was Geronimo Stilton because his material was very fresh and the food was so healthy.

# Student - Centered Activities

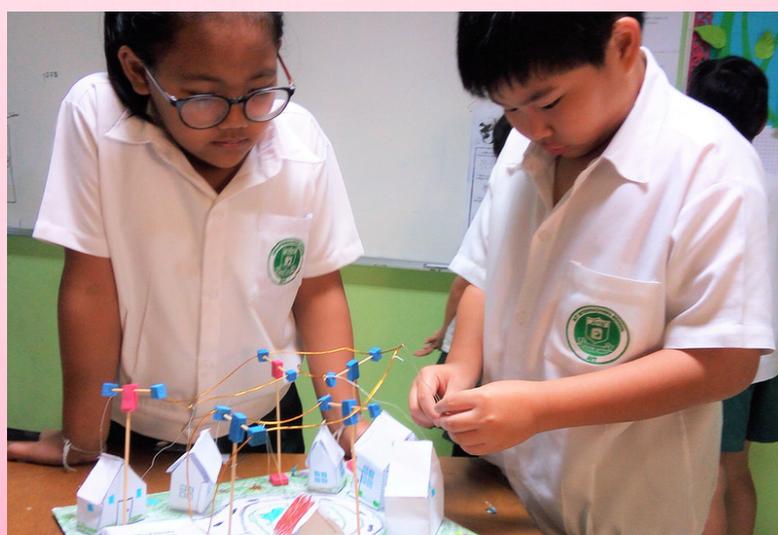
## Pre-K Section





# Student - Centered Activities Elementary Section







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