

# The E-Insider

"Insider Tips To Make Your Business Run Faster, Easier And More Profitably"



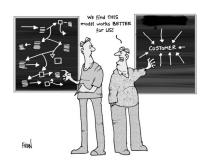
"As a business owner, you don't have time to waste on technical and operational issues. That's where we *shine*! Call us and put an end to your IT problems finally and forever!"

- Tim Steinour, E-Safe Technologies LLC

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# **Can Apple Macs Get Viruses?**

A very common misconception is that Apple Mac products cannot get viruses. Not true! There is no such thing as a 100% safe computer. Devices running OS X, Windows, Linux, Android or any other operating system are all capable of being infected with a virus or other malware.



However, the likelihood that an Apple Macintosh user gets a virus is much lower than for Windows users. In fact, many Apple users don't even run any antivirus software on their computers. Whether that is a smart strategy is debated by many IT professionals.

A few of the reasons why Macs don't get as many viruses as PCs are:

- 1. Mac OS X is based on the Unix operating system, which is one of the oldest and most secure operating systems around.
- 2. Microsoft Windows is used by many more people, so it's a bigger and better target. Plus the way that Windows is built makes it easier for viruses to spread across computer networks.
- 3. Many of the tools designed to create viruses or malware are written for the Windows operating system.

#### **Windows Threats Even For Macs**

Many Mac users find themselves having to use Parallels, BootCamp or other virtual software to run Windows only programs such as Microsoft Publisher. Because these Macs are now running a Windows operating system, they are now susceptible to Windows viruses. In addition, an Apple computer can certain become a "carrier" of a Windows-based virus. This virus would not infect the Apple machine, but could infect other Windows machines on your network if it were to send that virus via email or across the office computer network.

#### And Even More Threats...

Any software, plug-in or other 3rd party add-on that is installed onto any computer that connects to the internet can introduce its own security risks. One of the most common ways that the "bad guys" are able to attack a Mac is through browser applications and browser plug-ins such as Adobe Flash, Adobe Reader, Java and others. Just about every Mac user has all three of these plug-ins installed on their computers (and many more). These are a necessary part of business, but do introduce additional security risks for all computers.

#### The Human Factor

Although Apple Macs are less vulnerable to viruses, they are still operated by flawed humans who can still be the victim of Trojan Horses, phishing and other online fraud. Your best bet is to keep everyone informed about online security risks in your business, no matter the computer they're using.

Get More Free Tips, Tools, and Services At My Web Site: www.E-SafeTech.com.

# Are You STILL Using Outdated Tape Backups?

If your computer network and the data it holds got erased or corrupted because of a virus, hard drive crash, fire, flood or some other random, unforeseen disaster, how confident are you RIGHT NOW that your business could be back up and running again FAST?

If your answer to that is, "I don't know," or "I'm not sure," you are taking a HUGE risk with your company's most important asset—the data on your network. Just imagine what would happen to your business if you lost your entire client database...

...Lost all accounting documentation and history...Lost all the work files you've spent YEARS developing...Lost the work files and documentation you so desperately need to service your customers...

#### Can you even put a price tag on it?

Probably not—yet so many business owners aren't 100% certain that they could be back up and running after a disaster and are purely *hoping* that their current tape drive or backup is working and storing a usable copy of their data.

### Tape Drives Are The MOST Unreliable, Unsecured Way To Back Up Your Data

All tape drives fail; it's only a matter of "when," not "if." So if being able to get back up and running again in the event of a data-erasing disaster is important, then you need to know about our E-Trieval Service.

This fool-proof backup service does more than just keep a copy of your files—it provides "continuous data protection" and enables near-instant disaster recovery because it takes a snapshot of your entire network throughout the day, giving you the confidence we could have you back up and running again within HOURS, not days or weeks.

Want to know if your data is REALLY secure and being backed up properly? Call us for a FREE Data Backup and Disaster Recovery Audit. Call us at 412-706-9704 or go online to www.e-safetech.com/backup

# 3 Things You Need To Know About E-mail Marketing Before You Press "Send"

It's everyone's favorite application. Since its introduction, it has revolutionized the way we communicate, both personally and professionally. It has had a major impact on how companies market themselves, communicate with vendors, send out press releases, rally employees and alert clients to their latest and greatest promotion. The ease,



low-cost and speed of e-mail in marketing is the biggest reason why our inboxes are overflowing with spam.

In response to the ubiquitous outcry "I hate spam," governments have crafted regulations surrounding the use of e-mail; and if you are one of the millions of companies using e-mail for marketing, then it's important that you familiarize yourself with these laws. But the danger doesn't stop there...

Even if you don't get caught by the feds for violating the rules of e-mail usage, you can still end up on a blacklist with the major ISPs such as Yahoo!, Gmail, GoDaddy and Earthlink. Once you get blacklisted, you are considered guilty until proven innocent, and ALL the e-mail you send won't get through, even to people who want to receive it—a consequence that could end up hurting your business more than a fine.

### What Are The Basic Guidelines Of E-mail Marketing?

First and foremost, make sure you are only sending e-mail campaigns to people who have solicited (requested) to be on your distribution list. This is called "opting-in" or subscribing, and e-mails sent to these folks are considered "solicited e-mail." You are perfectly within your rights to send them messages; but if you got their e-mail address by any other means and they did NOT specifically request to be on your list, that's considered "unsolicited e-mail" or spam. Sending promotional e-mails to people who have not requested them is not only illegal, but annoying...so don't do it!

Next, make sure you provide directions on how a person can remove themselves from your distribution list in EVERY e-mail. The best place to put this information is at the very bottom of your message. You should also include your full company name and contact information at the bottom so no one can blame you for cloaking your identity—another legal "no-no" of e-mail marketing.

#### Our #1 Recommendation

Lastly, when sending e-mail out to your marketing list, we recommend using a service such as Constant Contact.. These web-based applications will help you manage your e-mail distribution list with automatic opt-out and optin tools and will keep your e-mail server off an ISP's blacklist.

Naturally, you want to make sure the information you are sending is interesting and relevant. No one wants more junk filling up their inbox, so the better you are at marketing, the better your results will be. E-mail is not a magic marketing bullet that will solve all your marketing problems but, used correctly, it can certainly help you reach more customers and build stronger relationships with the people you already do business with.

# Shiny New Gadget Of The Month:

# Intel Ultrabook Convertible



The Intel-based Ultrabook Convertible is one of the most cutting-edge on-the-go laptops to date. Quite simply, it's a laptop when you need it and a tablet when you want it.

Ultrabook with touch display, using Windows 8, delivers stunning graphics and the ultimate in precision and control. And unlike an iPad or Android tablet, this convertible turns into a powerful laptop in an instant.

Additionally, models with Intel Smart Connect Technology continually update your email and social networks even when your Ultrabook is shut down. You'll wake from sleep mode in less than 7 seconds and already be completely updated so that you can resume what you were doing in the blink of an eye.

And with Intel's Anti-Theft Technology, if your Ultrabook is ever lost or stolen, you can instantly disable the machine from anywhere, ensuring that your data is safe and secure!

Learn more today at www.intel.com/Ultrabook

# I Need Your Help On This...

Dear Friend,

I have a small favor to ask that in the end will benefit you. But first, let me explain what's led up to this...

Over the last year, we've seen a dramatic increase in the number of clients who are inquiring about how to access their desktop files, email, etc. on a mobile device - be it an iPad, smartphone, laptop, tablet, etc.

We've also seen an increase in the number of clients who allow employees to bring their own devices to work and/or access the company network from home using their personal computer or phone. If you've been following along in the last 2 issues of this newsletter, you've probably noticed.

Naturally, this raises a NUMBER of questions and concerns over security:

- What's the best way to allow remote access to company data?
- > What are the best policies for privacy and cloud computing?
- How can we ensure our compliance with data breech laws and regulatory controls?

That's why we've decided to hold a series of educational seminars (or webinars) on this topic in the coming months to answer important questions and to guide clients to use safe, best practices when introducing mobile devices onto their network.

However, I'm struggling to narrow down the topic and the questions we should address during these sessions since mobile and cloud computing are such big topics.

So instead of just guessing, I was hoping you could do me a favor by answering the following 2 questions:

"What is the single most important question you would like us to address on the topic of mobile and cloud computing?"

Second...

"What's the single biggest CONCERN you have about cloud computing and employees remotely accessing your network with mobile devices?"

If you would just take a moment to send me an email at timsteinour@e-safetech.com and give me some direction in this, I would be grateful.

Many thanks! Tim Steinour

# E-Safe saved Wojanis Supply Company both Time and Money!



"We are so pleased with the work E-Safe has done for us in terms of IT management and backup systems. We were tired of putting money into hardware that would quickly become obsolete for backups. E-Safe was able to recommend a solution for us that suited our budget, addressed our

concerns about using the "cloud," and gave us confidence that our data will be there when we need it. They are extremely customer service oriented, and we appreciate it!!"

Chris Simcic, Wojanis Supply Company

# The Lighter Side:

# PHILOSOPHY OF SPRING CLEANING



I don't do windows because...I love birds and don't want one to run into a clean window and get hurt.

I don't wax floors because...I am terrified a guest will slip and get hurt then I'll feel terrible (plus they may sue me.)

I don't mind the dust bunnies because...They are very good company, I have named most of them, and they agree with everything I say.

I don't disturb cobwebs because I want every creature to have a home of their own.

I don't Spring Clean because...I love all the seasons and don't want the others to get jealous

I don't pull weeds in the garden because...I don't want to get in God's way, HE is an excellent designer!

I don't put things away because...My husband will never be able to find them again.

I don't iron because...I choose to believe them when they say "Permanent Press."

# **DropBox – Is It Secure For Your Business?**

A question that we often get around here is whether or not file-sharing services such as DropBox, YouSendIt and Google Docs are secure enough for business. If you use any of these services for your business, here's the scoop...

## Treat DropBox As A Public, Shared Environment.

DropBox (and the others mentioned above) is designed to easily share very large files – ones that are not optimal for e-mail because they're so huge. Examples include videos, audio files, large PDFs and graphics files. These services are typically free (or very cheap), and you shouldn't have the expectation of great security for this price.

But an increasing use of these tools, even for legitimate reasons such as collaboration, is putting a lot of private information at risk. According to a recent Ponemon study, 60% of organizations have employees that frequently put confidential files on services like DropBox without permission. In fact, companies such as IBM have banned the use of these services completely.

### When Does Or Doesn't It Make Sense?

When you have a file that doesn't need to be secure and simply needs to easily and quickly get from point A to point B, then DropBox can be a viable solution. On the other hand, you would not send or store any sensitive files, such as contracts or financial statements, on DropBox. These services are also not safe for any files subject to government compliance regulations such as PCI, HIPAA, SOX, Sarbanes-Oxley or HITECH. These file-sharing solutions are NOT compliant.

### What To Use Instead

If you need to transfer files outside of your network and need to do so securely, some options to consider are:

- Creating a secure FTP site
- Use 2-factor authentication rules
- Be sure to have audit logs involved to monitor the security of your data

# E-Safe Technologies' Lab Day, May 16th!

E-Safe is excited to announce its seventh Quarterly Lab Day! Lab Day is a great opportunity for you to work with our experts and get answers to all of your questions. Whether you are a long time virtual user or are thinking about getting into it for the first time this lab day is for you! Come ready to learn and to get your questions answered!

# Lab Day Kickoff Topics:

- A dive into VMware SRM
- Business Continuity
- DR Backup
- Compliance

**When:** *May 16th 9-11am* 

Where: E-Safe Office 4Penn Center West Suite 230, Pittsburgh, PA 15276

### Register at:

www.e-safetech.com/labday

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