

**Monmouth Gastroenterology, LLC**



A Division of Allied Digestive Health

1912 Hwy 35 South, Suite 201

Oakhurst, NJ 07755

732-389-5004 fax 732-389-1850

**Doctors: Baig, Belitsis, Fiest, Gorcey, Merikhi and Uppal**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_ Time: **THE FACILITY WILL CALL YOU WITH THE EXACT TIME EITHER ONE OR TWO DAYS PRIOR TO YOUR PROCEDURE.**

## **IRC PROCEDURE--PREPARATION**

### **DAY BEFORE PROCEDURE:**

1. Have a light dinner
2. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**, until after your procedure

### **DAY OF PROCEDURE:**

1. (2) FLEET ENEMAS--2 hours before coming for your appointment

*This procedure can be done with:*

\_\_\_\_\_ *sedation*

\_\_\_\_\_ *without sedation*

**TAKE YOUR HEART MEDICATIONS OR BLOOD PRESSURE MEDICATIONS**

**Please report to the following location:**

- Advanced Endoscopy and Surgical Center:** 142 Rte. 35, Eatontown, NJ---**732-935-0031**
- Monmouth Medical Center:** 300 Second Avenue, Long Branch, NJ- **Arrival time:** \_\_\_\_\_ **outpatient registration**
- Jersey Shore University Medical Center:** 1945 Rte. 33, Neptune, NJ-**Arrival time:** \_\_\_\_\_ **outpatient registration**

**\*\*YOU MUST HAVE A RESPONSIBLE ADULT ACCOMPANY YOU HOME.**  
**Driving yourself, taking a bus or walking is NOT PERMITTED\*\***

Updated 6/2016