

# HEALTH HISTORY

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Patient Name \_\_\_\_\_ Date: \_\_\_\_\_  
Birthdate \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

### History of present illness:

**Location** \_\_\_\_\_  
(Where is the pain/problem?)

**Severity** \_\_\_\_\_  
(How severe is the pain/problem on a scale of 1-5 with 5 being the most severe)

**Timing** \_\_\_\_\_  
(Does the pain/problem occur at a specific time?)

**Associated signs/symptoms** \_\_\_\_\_  
(What other associated pain/problems have you been having?)

**Quality** \_\_\_\_\_  
(Example: normal versus abnormal color, activity, etc.)

**Duration** \_\_\_\_\_  
(How long have you had this pain problem? Or, When did it start?)

**Context** \_\_\_\_\_  
(Where were you at the onset of this pain/problem?)

**Modifying factors** \_\_\_\_\_  
(What makes the pain/problem worse or better?, or, Have you had previous episodes?)

### Past Medical History

Have you ever had the following: (Circle "no" or "yes", leave blank if uncertain)

Measles . . . . .	no	yes	Anemia . . . . .	no	yes	Back trouble . . . . .	no	yes	Hepatitis . . . . .	no	yes
Mumps . . . . .	no	yes	Bladder infections . . . . .	no	yes	High Blood Pressure . . . . .	no	yes	Ulcer . . . . .	no	yes
Chickenpox . . . . .	no	yes	Epilepsy . . . . .	no	yes	Low Blood Pressure . . . . .	no	yes	Kidney Disease . . . . .	no	yes
Whooping Cough . . . . .	no	yes	Migraine Headaches . . . . .	no	yes	Hemorrhoids . . . . .	no	yes	Thyroid Disease . . . . .	no	yes
Scarlet Fever . . . . .	no	yes	Tuberculosis . . . . .	no	yes	Date of last chest xray _____			Bleeding Tendency . . . . .	no	yes
Diphtheria . . . . .	no	yes	Diabetes . . . . .	no	yes	Asthma . . . . .	no	yes	Any other disease . . . . .	no	yes
Smallpox . . . . .	no	yes	Cancer . . . . .	no	yes	Hives or Eczema . . . . .	no	yes	(please list)		
Pneumonia . . . . .	no	yes	Polio . . . . .	no	yes	AIDS or HIV+ . . . . .	no	yes	_____		
Rheumatic Fever . . . . .	no	yes	Glaucoma . . . . .	no	yes	Infectious Mono . . . . .	no	yes	_____		
Heart Disease . . . . .	no	yes	Hernia . . . . .	no	yes	Bronchitis . . . . .	no	yes	_____		
Arthritis . . . . .	no	yes	Blood or Plasma			Mitral Valve Prolapse . . . . .	no	yes	_____		
Venereal Disease . . . . .	no	yes	Transfusions . . . . .	no	yes	Stroke . . . . .	no	yes	_____		

Previous Hospitalizations/Surgeries/Serious Illnesses	When?	Hospital, City, State
_____	_____	_____
_____	_____	_____
_____	_____	_____

Medications: (Include nonprescription) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Patient social history:

Marital Status: Single: \_\_\_\_\_ Married: \_\_\_\_\_ Separated: \_\_\_\_\_ Divorced: \_\_\_\_\_ Widowed: \_\_\_\_\_  
Use of alcohol: Never: \_\_\_\_\_ Rarely: \_\_\_\_\_ Moderate: \_\_\_\_\_ Daily: \_\_\_\_\_  
Use of tobacco: Never: \_\_\_\_\_ Previously, but quit: \_\_\_\_\_ Current packs/day: \_\_\_\_\_  
Use of drugs: Never: \_\_\_\_\_ Type/Frequency: \_\_\_\_\_  
Excessive exposure at home or work to: Fumes: \_\_\_\_\_ Dust: \_\_\_\_\_ Solvents: \_\_\_\_\_ Air-borne Particles: \_\_\_\_\_ Noise: \_\_\_\_\_

### Family medical history:

Age	Diseases	If Deceased, Cause of Death
Father _____	_____	_____
Mother _____	_____	_____
Siblings _____	_____	_____
_____	_____	_____
_____	_____	_____
Spouse _____	_____	_____
Children _____	_____	_____
_____	_____	_____

**Review of Systems: Please indicate any personal history below:**

**Constitutional Symptoms**

Good general health lately . . . . . No Yes  
Recent weight change . . . . . No Yes  
Fever . . . . . No Yes  
Fatigue . . . . . No Yes  
Headaches . . . . . No Yes  
Incontinence or dribbling . . . . . No Yes

**Eyes**

Eye disease or injury . . . . . No Yes  
Wear glasses/contact lenses . . . . . No Yes  
Blurred or double vision . . . . . No Yes  
Female – irregular periods . . . . . No Yes

Female – vaginal discharge . . . . . No Yes

Hearing loss or ringing . . . . . No Yes  
Earaches or drainage . . . . . No Yes  
Chronic sinus problem or rhinitis . . . . . No Yes  
Nose bleeds . . . . . No Yes  
Mouth sores . . . . . No Yes  
Bleeding gums . . . . . No Yes  
Bad breath or bad taste . . . . . No Yes  
Sore throat or voice change . . . . . No Yes  
Swollen glands in neck . . . . . No Yes  
Muscle pain or cramps . . . . . No Yes

**Cardiovascular**

Heart trouble . . . . . No Yes  
Chest pain or angina pectoris . . . . . No Yes  
Palpitation . . . . . No Yes  
Shortness of breath w/ walking  
or lying flat . . . . . No Yes  
Swelling of feet, ankles or hands . . . . . No Yes  
Varicose veins . . . . . No Yes

**Respiratory**

Chronic or frequent coughs . . . . . No Yes  
Spitting up blood . . . . . No Yes  
Shortness of breath . . . . . No Yes  
Wheezing . . . . . No Yes  
Known food allergies: \_\_\_\_\_

**Gastrointestinal**

Loss of appetite . . . . . No Yes  
Change in bowel movements . . . . . No Yes  
Nausea or vomiting . . . . . No Yes  
Frequent diarrhea . . . . . No Yes  
Painful bowel movements  
or constipation . . . . . No Yes  
Rectal bleeding or blood in stool . . . . . No Yes  
Abdominal pain . . . . . No Yes

**Genitourinary**

Frequent urination . . . . . No Yes  
Burning or painful urination . . . . . No Yes  
Blood in urine . . . . . No Yes  
Change in force of strain  
when urinating . . . . . No Yes

**Endocrine**

Kidney stones . . . . . No Yes  
Sexual difficulty . . . . . No Yes  
Male – testicle pain . . . . . No Yes  
Female – pain with periods . . . . . No Yes  
Change in hat or glove size . . . . . No Yes

Female - # of pregnancies . . . . . \_\_\_\_\_

Female - # of miscarriages . . . . . \_\_\_\_\_

Female – date of last pap smear \_\_\_\_\_

**Musculoskeletal**

Joint pain . . . . . No Yes  
Joint stiffness or swelling . . . . . No Yes  
Weakness or muscles or joints . . . . . No Yes  
Back pain . . . . . No Yes  
Cold Extremities . . . . . No Yes  
Difficulty in walking . . . . . No Yes

**Integumentary (skin, breast)**

Rash or itching . . . . . No Yes  
Change in skin color . . . . . No Yes  
Change in hair or nails . . . . . No Yes  
Change in hair or nails . . . . . No Yes  
or other serums . . . . . No Yes  
Breast pain . . . . . No Yes  
Breast lump . . . . . No Yes  
Breast discharge . . . . . No Yes

**Neurological**

Frequent or recurring headaches . . . . . No Yes  
Light headed or dizzy . . . . . No Yes  
Convulsions or seizures . . . . . No Yes  
Numbness or tingling sensations . . . . . No Yes  
Tremors . . . . . No Yes  
Paralysis . . . . . No Yes  
Head injury . . . . . No Yes

**Psychiatric**

Memory loss or confusion . . . . . No Yes  
Nervousness . . . . . No Yes  
Depression . . . . . No Yes  
Insomnia . . . . . No Yes

Glandular or hormone problem . . . . . No Yes  
Excessive thirst or urination . . . . . No Yes  
Heat or cold intolerance . . . . . No Yes  
Skin becoming drier . . . . . No Yes

**Ears/Nose/Mouth/Throat**

**Hematologic/Lymphatic**

Slow to heal after cuts . . . . . No Yes  
Bleeding or bruising tendency . . . . . No Yes  
Anemia . . . . . No Yes  
Phlebitis . . . . . No Yes  
Past transfusion . . . . . No Yes  
Enlarged glands . . . . . No Yes

**Allergic/Immunologic**

History of skin reaction or other adverse  
reaction to:  
Penicillin or other antibiotics . . . . . No Yes  
Morphine, Demerol  
or other narcotics . . . . . No Yes  
Novocain or other anesthetics . . . . . No Yes  
Aspirin or other pain remedies . . . . . No Yes  
Tetanus antitoxin  
Iodine, Merthiolate or  
or other antiseptic . . . . . No Yes  
Other drugs/medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Environmental allergies: \_\_\_\_\_  
\_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

\_\_\_\_\_  
Signature of Patient, Parent or Guardian

\_\_\_\_\_  
Date

**Doctor's Review**