



CORE Lifestyle and Recreation Complex
401 New Dundee Road
Kitchener, ON N2P 2N8
519-896-7070
www.coresportsandfitness.com

Week 1

Summer Camp Menu

DAY	July 8-12
<i>Monday</i>	Chicken Finger & Fries, Side of Fruit, Cookie & Juice
<i>Tuesday</i>	Tomato Penne Pasta & Salad, Brownie, Fruit & Juice
<i>Wednesday</i>	Hot Dog & Fries, Cookie, Fruit & Juice
<i>Thursday</i>	Grilled Cheese & Fries, Brownie, Fruit & Juice
<i>Friday</i>	Cheese Pizza & Salad, Cookie, Fruit & Juice