

HOKKAIDO UNIVERSITY

2021-2022

HUSTEP

SHORT-TERM EXCHANGE PROGRAM



Study about Japan in English



HOKKAIDO
UNIVERSITY

Welcome to



HUSTEP

broadens your horizons!

Dr. Peter Firkola
HUSTEP Program
Director

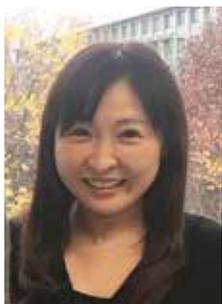


The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional and contemporary Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.

Ms. Maki Nonaka
HUSTEP Administrative
Coordinator





HUSTEP

Course Details



HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2021- Early August, 2022	Late September, 2021- Mid-February, 2022	Early April, 2022- Early August, 2022
Application Deadlines	February 12, 2021	February 12, 2021	October 29, 2021 Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be from exchange partner universities
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5*****
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

Application Procedure

For details, please check the HUSTEP website.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

There is a screening process and not all students who apply will be accepted.

* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.

** One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

*** In exceptional cases, a different internationally recognized English test result may be accepted.

Classes

from a previous year

Core Classes



Culture and Society

- Animal-Human-Technology: Thoughts and Theories
- Anthropology: History and Debates
- Aspects of Consumption in Japan
- Career Planning
- Contemporary Japanese Society
- Countries and Culture
- Critical English Education
- Does God Exist? The Great Debate
- Drama and Oral Interpretation
- Dynamic and Effective Presentations
- English Education in Japan
- Ethnographies of Japanese Culture
- Gaming International Relations
- Gender and Sexuality in Contemporary Japan
- Globalization and Sustainability in Japanese School Education
- Historical International Experiences
- Hokkaido History
- Hokkaido: Then and Now

- How We Learn Languages
- Imperial Russian History from Peter to Petrograd
- Indigenous Peoples and Education
- Interpersonal Communication
- Historiography
- Japanese Politics
- Japanese Society
- Japanese Studies
- Social Theory
- Tourism Studies
- Japan and Multiculturalism
- Japanese Economy
- Japanese Foreign Policy
- Japanese Management
- Japanese Media and Popular Culture
- Japanese Political Economy
- Language Issues in a Globalized World
- Law, Rights, and Legal Culture

- Methods in Language Teaching
- Modern Japanese History
- Multiculturalism in Hokkaido and Japan
- Music and Culture
- Music Psychology
- Personal Stories and Religion
- Political Economy of Japan and East Asia
- Practicing Basic Natural Everyday English
- School Education and Society in Japan
- Sex, Gender and Hospitality in Japanese Society
- Social Inequality in Post-Growth Japan
- Special Topics in Media Studies
- Sustainability Studies beyond Hollywood Films
- The Age of Total War: World History: 1904-1945
- The Politics of History in East Asia
- Thinking about Meiji Thinkers
- Topics in Japanese Thought
- Truth of Human Language Syntax
- Workshop on Critical Thinking

Science, Technology and Environment

- Advanced Fluid Engineering
- Agriculture in Hokkaido
- Applied Animal Ecology
- Applied Mathematics for Engineering Mechanics
- Basic Principles of Inorganic Chemistry
- Biomechanics of Circulation
- Calculus
- Chemistry and English for Life Science
- Concrete Engineering
- Dynamics of Civil Engineering Structures
- Environmental Science for Biological Resources
- Essential Organic Chemistry
- Essential Physics
- Field Bioscience in the Northern Biosphere
- Food Resources and Environment
- Food, Nutrition and Culture in Japan
- General Biology
- General Chemistry
- Genetics
- Geotechnical Foundation Engineering
- Highway Engineering
- History of Geology
- Hydrology, Water Resources and River Engineering
- Infrastructure Maintenance Engineering

- Integrated Science
- International Project
- Animal Physiology
- Biodiversity Study
- Environmental Earth Science
- Marine Science
- Robotics
- Lifetime Engineering for Civil Infrastructure
- Linear Algebra
- Maintenance Engineering
- Mathematics and Physics of Metabolic Organization
- Mechanical Vibration and Control
- Medical Device and Biomaterials
- Modern Trends in Organic Chemistry and Biological Chemistry
- Modern Trends in Physical and Material Chemistry
- Overview of Energy Technology and Policy
- Phylogenetics
- Planet Earth and Environmental Footprint
- Resources Sustainability
- Science and Technology in History
- Solid Mechanics and Materials
- Space Propulsion Engineering
- Space Utilization Engineering
- Strength and Fracture of Materials

- Theory and Practice of Algorithms
- Theory of Computation
- Thermodynamics and Electromagnetism
- Vibrations in Engineering

Japanese Language

- Japanese Language Classes

Independent Study

- Independent Study

For the most recent course list and syllabi, please refer to the HUSTEP website.

The classes listed above and the independent study are worth 2 credits each. The Japanese language classes are 1 or 2 credits each.

Class Schedule

from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1st 8:45-10:15	Japanese Language	Japanese Language Linear Algebra	Japanese Language Science and Technology in History	Japanese Language Calculus	Japanese Language
2nd 10:30-12:00	Japanese Language	Japanese Language Topics in Japanese Thought	Japanese Language Methods in Language Teaching	Japanese Language Personal Stories and Religion	Japanese Language How We Learn Language
3rd 13:00-14:30	Japanese Language Topics in Japanese Thought	Japanese Language General Biology Gender and Sexuality in Contemporary Japan	Japanese Language School Education and Society in Japan Imperial Russian History from Peter to Petrograd	Japanese Language Contemporary Japanese Society Language Issues in a Globalized World	Japanese Language General Chemistry Chemistry and English for Life Science
4th 14:45-16:15	Environmental Earth Sciences The Age of Total War: History 1904-1945	Hokkaido History The Politics of History in East Asia Food Resources and Environment	Multiculturalism in Hokkaido and Japan Workshop on Critical Thinking Sustainability Studies beyond Hollywood Film	Japanese Management Applied Animal Ecology Music and Culture	Career Planning English Education in Japan
5th 16:30-18:00	Countries and Culture Essential Physics	Hokkaido: Now and Then Music Psychology Agriculture in Hokkaido	International Project Japanese Foreign Policy Essential Organic Chemistry	Japanese Economy Anthropology: History and Debates	Environmental Science for Biological Resources

* On average, students take one Japanese language class and one core class per day.

HUSTEP



Calendar

The following is the 2019-20 Academic Calendar

Academic Calendar

Late September Arrival

September 26 Program Orientation

September 27 Classes Begin (Fall Semester)

October Entrance Ceremony

December 26 - January 3 Winter Break

Mid-Feb Cultural Activities

February 6 Last Day of Classes



September



October



November



December



January



February





February 7 - Early April Spring Break

Early April Arrival

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



June



July



August



Voices

Participant Views of HUSTEP

“I experienced many diverse cultural activities”



I was lucky to be a part of HUSTEP. It was one of the most unforgettable and amazing experiences in my life! I made lots of friends from many different countries. It was nice to study in Japan in such a culturally diverse environment.

I was able to become a member of the Tea Ceremony Club. It was a great opportunity for me to get to know about Japanese traditional customs and practice them. It was also a great place for improving my Japanese. I was able to participate in other cultural activities such as Calligraphy and Aikido. I also enjoyed wearing a kimono, seeing beautiful cherry blossoms, going to onsen, and traveling around beautiful Japan.

I have grown a lot in this wonderful exchange program. I have become more self-confident, independent and outgoing.

**Ishini
Dissanyaka**

University of Peradeniya
Sri Lanka
Major: World History



Being an exchange student was one of the best decisions of my life! Along with many other great experiences, I was able to join a university club which made my stay even better. I joined the Taikondo club, which is a type of martial art.

The club members were so welcoming even though my Japanese was limited. The club let us participate in everything they were doing. In the winter we had a ski trip to a mountain resort. We were taught manners around the dojo that also had ties to ancient Japanese customs. I trained three times a week and it brought me good results. The club taught me so much including friendship, sportsmanship, respect, and commitment.



**Daniel
Lysoee**

University of Bergen
Norway
Major: History



“Joining the Taikondo club
was a great experience!”



“HUSTEP has positively impacted my life”



**Nweke
Chinonso
Peter**

**Ebonyi State University
Nigeria
Major: Biochemistry**

The opportunity to study in Japan for one year in HUSTEP has positively impacted my life. The program has given me an opportunity to interact with people from many different countries and gain an understanding of other cultures. Taking classes across different academic disciplines has broadened my knowledge greatly.

I also had the opportunity to join the Nanotechnology Research Laboratory where I not only learnt about laboratory experiments but also how to handle and analyze experimental data. In the laboratory I was given a chance to carry out research experiments and make presentations. I also went to parties, conferences and other social events with other members of the laboratory.

HUSTEP was an amazing experience! I was able to diversify my perception of contemporary Japan and its customs. I was also given an opportunity to take classes in my major and conduct an independent research study.

HUSTEP attracts students from all over the world. I enjoyed studying and socializing with them. Together with other international students we arranged parties, picnics and trips. My student life was never as happy and diverse, as it was this year.

I learned about the contemporary world and its problems from my fellow students. Talking to students from all five continents helped me to understand how people from other racial, cultural and religious backgrounds feel and think. Being part of HUSTEP was a HUGe STEP towards achieving my future goals!



**“Being part of HUSTEP was a
HUGe STEP towards achieving
my future goals!”**

**Verner
Saeask**



**University of Tartu
Estonia
Major: Chemistry**

Dr. William S. Clark:
Founding Father of Hokkaido University



HOKKAIDO UNIVERSITY

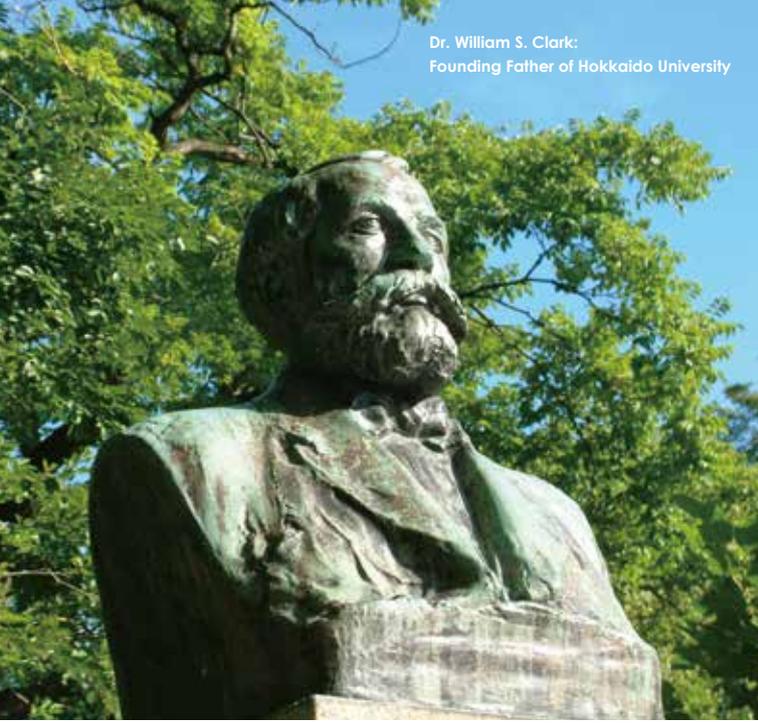
Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan.

Our students and researchers come from all over the world and all backgrounds to prepare for a life of new challenges. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching, reaching across disciplines to offer the very best in innovative and broad based education. Learning from these top academics exposes Hokkaido University students to excellence and challenges them to succeed as leaders in whatever career they choose.

At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students to become part of the many activities available on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends in one of the many university cafeterias in between lectures. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad here at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



Faculty of Agriculture



Model Barn



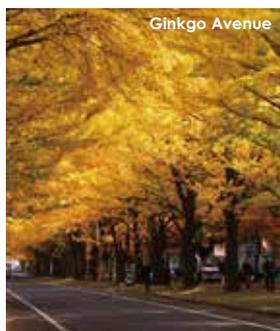
Poplar Avenue



Furukawa Hall

Quick Facts

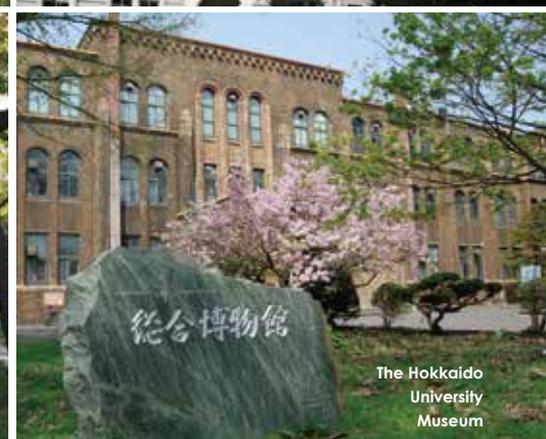
- Total Enrollment: 18,241
 - Undergraduate Students: 11,462
 - Graduate Students: 6,579
 - Research Institute Students: 200
 - International Students: 2,093
 - Partner Universities: 704
 - Faculty and Staff: 3,917
 - University Color: Forest Green
 - University Flower: Trillium
- (as of May, 2020)



Ginkgo Avenue



Sakushukotoni River



The Hokkaido University Museum

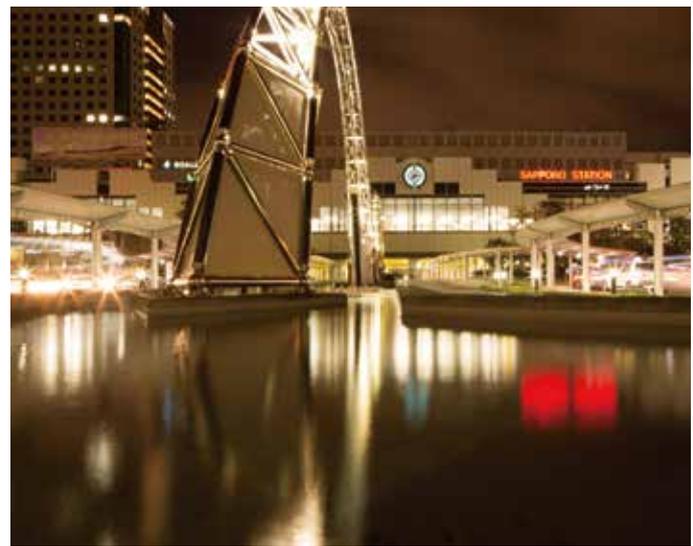
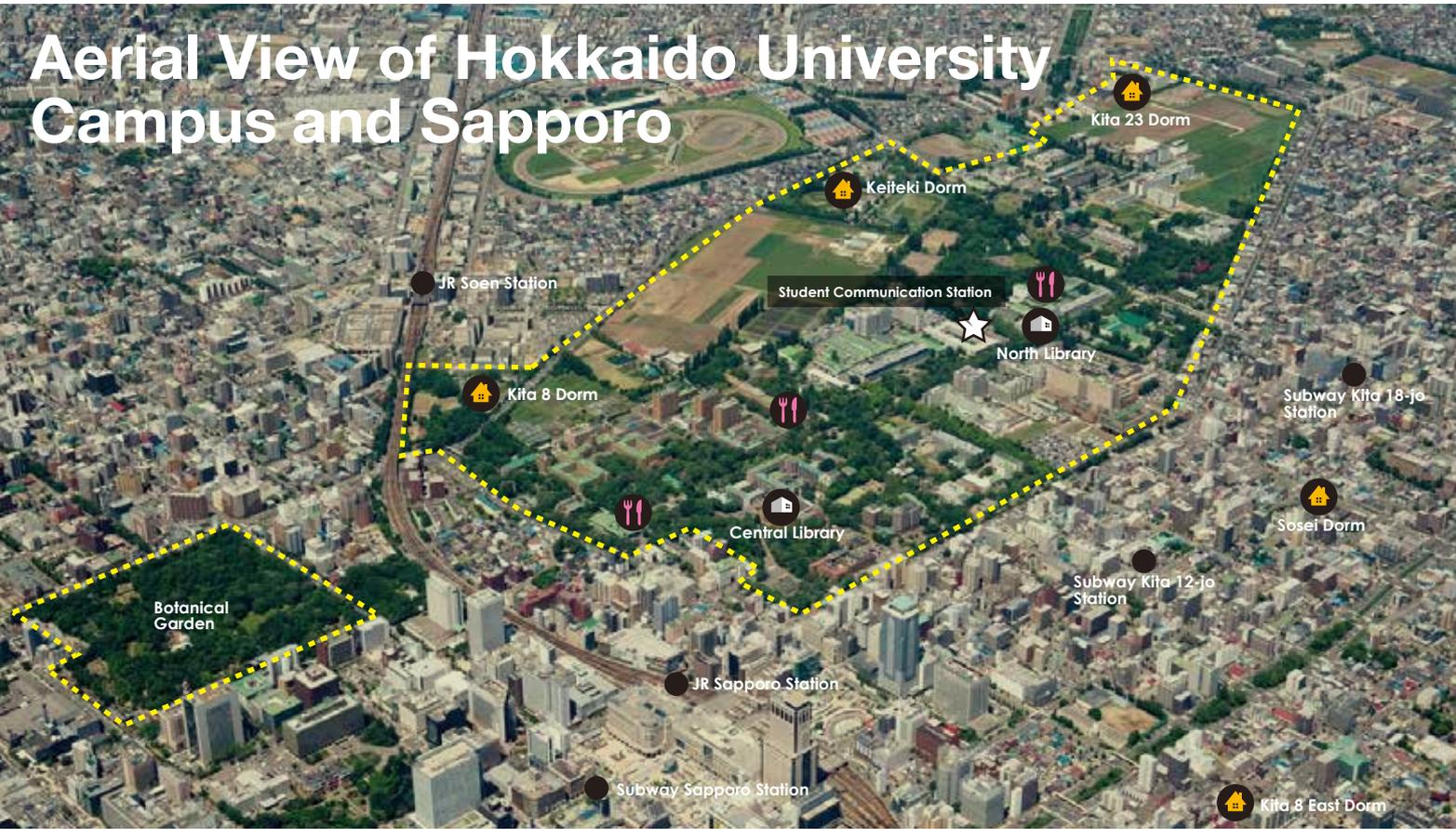
Life in Sapporo



Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable place to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>

Aerial View of Hokkaido University Campus and Sapporo





HOKKAIDO
UNIVERSITY

CONTACT

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Hokkaido University HUSTEP

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

