

Packing List:

***Important documents and 2 sets of clothes should be packed in your carry-on bag in case your suitcase gets lost on the way.
The remaining clothes should be packed in 1 suitcase or tote bag weighing 35 pounds or less.***

CLOTHING LIST (Suggested items and quantities):

- ___ 2 pair light cotton pants
- ___ 1 pair cotton long pants suitable for walking in brush
- ___ 3 shirts, short sleeve
- ___ 2 shirts, long sleeve
- ___ 2 pairs of shorts
- ___ 1 fleece sweater for early morning (cold) game drives
- ___ 1 pair of comfortable lightweight hiking or walking shoes
- ___ 1 pair of comfortable shoes for evenings
- ___ 8 pair undergarments
- ___ 1 sports bra
- ___ 3 pair of socks
- ___ 1 swim suit
- ___ 1 hat (preferably wide-brimmed)
- ___ 1 pair of sandals or flip-flops
- ___ 1 light rain jacket or windbreaker

TOILETRIES:

- ___ Aspirin/Tylenol
- ___ Antiseptic cream
- ___ Chapstick
- ___ Sunscreen
- ___ Handi wipes or hand sanitizer
- ___ Extra reading glasses or contact lens
- ___ Anti-diarrhea medicine (CIPRO)
- ___ Motion Sickness Tablets

Essentials for your Carry-on Luggage

- ___ 2 sets of extra clothes
- ___ Passport
- ___ Travel insurance policy & 1-800 #
- ___ Camera & equipment
- ___ Credit Card (Visa or MC)
- ___ E-ticket and flight itinerary
- ___ US Cash Money

NOTE:

*Temperatures will range from 13 degrees (56 F) in the mornings to
30 degrees (86 F) in the afternoons.*

TOILETRIES continued....

- Heartburn remedy
- Skin moisturizer
- Eye and nose drops
- Allergy medication
- Shaving kit
- Sanitary requirements (shops are sometimes few and far between)
- Contact lens solution & extra set of disposable lenses
- Toothbrush and toothpaste
- Hair brush
- Deodorant
- Personal toiletries, Q-tips and cotton balls
- Personal insect repellent (containing DEET); camps provide as well
- Multi-vitamins (optional)

OTHER:

- Small personal flashlight
- Binoculars & Sunglasses
- Malaria tablets (very important)
- Alarm Clock
- Reading Materials/Journal with Pen
- Luggage Locks for your suitcases
- Passport
- Photocopy of Passport
- US Cash (US \$100 bills from the year 2009+)
- Major Credit Card (VISA/MC – know your 4 digit pin number)
- E-ticket and Itinerary
- Health Certificate
- Camera and Equipment
- Earplugs

Note:

Many lodges/hotels will do 'same day' laundry at a nominal charge.



Tipping

Although the giving of gratuities is COMPLETELY at the discretion of our guests, we are often asked about our recommendations. If your driver does a great job, we recommend that you tip him/her the amount of US\$ 8 per guest per day. (eg. US\$ 48 per guest for a 6-day tour). This gratuity can be paid in either US\$ or local currency, and can be pooled with the gratuities of the other guests, and is usually given to your driver and the very end of your time with them when you are saying goodbye.

There is no need to tip drivers of airport transfers as they are usually very short in duration.

If you would like to tip your room attendant/butler/waiter at your hotel, you can drop some money in the hotel “tip box”, usually at the front of the reception, as this will be shared amongst all the hotel staff at the end of the month. This gratuity amount is up to your discretion, and can be made in US\$ or local currency.

Electrical outlets

Kenya, Tanzania, Uganda
220 Volts



Southern Africa
230 Volts



Kiswahili Dictionary:

Numbers

One = Moja
Two = Mbili
Three = Tatu
Four = Nne
Five = Tano
Six = Sita
Seven = Saba
Eight = Nane
Nine = Tisa
Ten = Kumi
Twenty = Ishirini
Fifty = Hamsini
Hundred = Mia Moja
Thousand = Elfu Moja

Pronouns

I = Mimi
We = Sisi
You (singular) = Wewe
You (plural) = Nyinyi
He = Yeye
She = Yeye
They = Wao

Greetings/Common Phrases

Excuse me = Semahani
Hello = Jambo
How are you? = Habari
I'm fine = Nzuri
Thank you = Asante Sana
My name is = Jina langu ni...
Goodbye = Kwaheri
No worries = Hakuna Matata

Animals

Lion = Simba
Baboon = Nyani
Bird(s) = Ndege
Buffalo = Nyati
Cat = Paka
Cheetah = Duma
Cow = Ng'ombe
Dog = Mbwa
Elephant = Tembo
Giraffe = Twiga
Hippo = Kiboko
Hyena = Fisi
Impala = Swala
Leopard = Chui
Monkey = Kima
Rhino = Kifaru

General Words

Please = Tafadhali
Yes = Ndio
No = Hapana
Friend = Rafiki
Time = Saa
Morning = Asubuhi
Evening = Jioni
Good = Nzuri
Bad = Mbaya
Cold = Baridi
Hot = Moto
Danger = Hatari
Food = Chakula
Eat = Kula
Drink = Kunywa
Here = Hapa
How? = Vipi?
What? = Nini?
When? = Wakati gani?
Where? = Wapi?
Which? = Ipi?
Sorry = Samahani
Ok = Sawa