

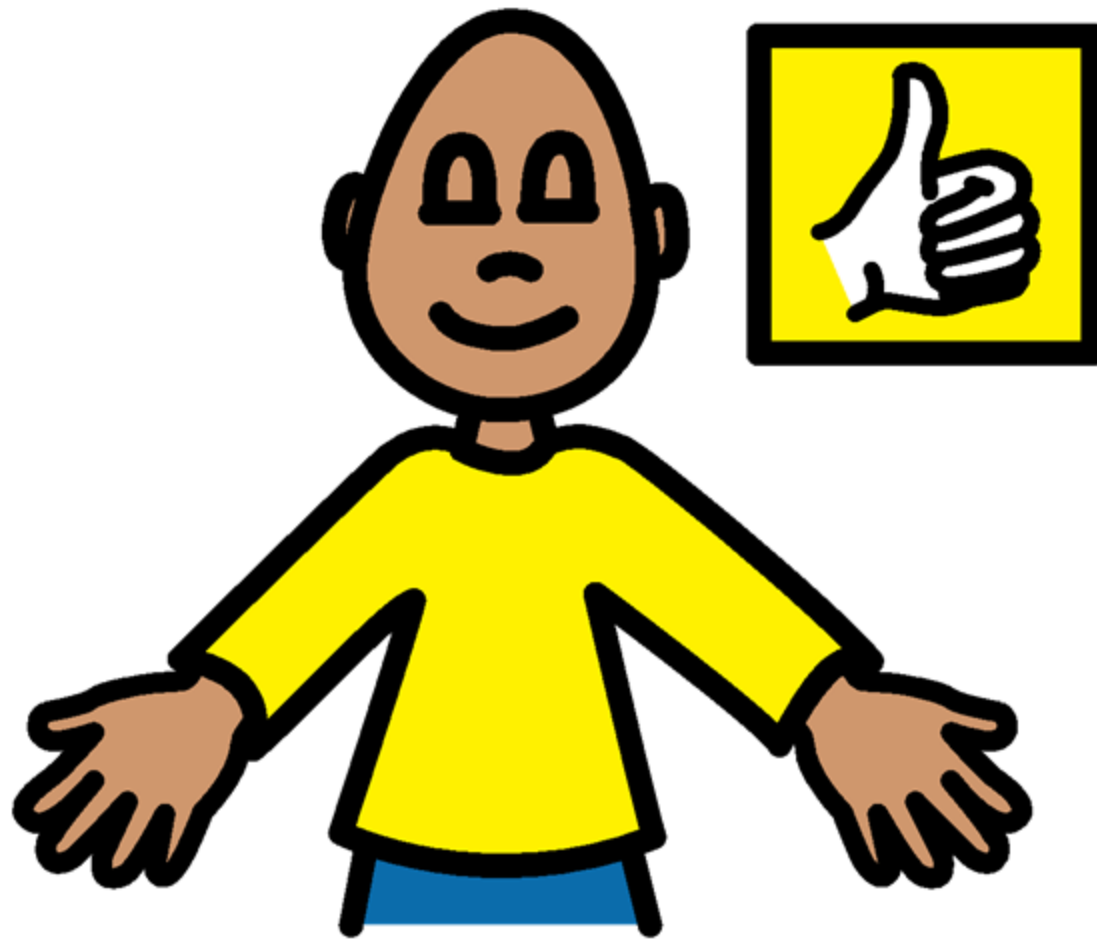


# The Ability Center

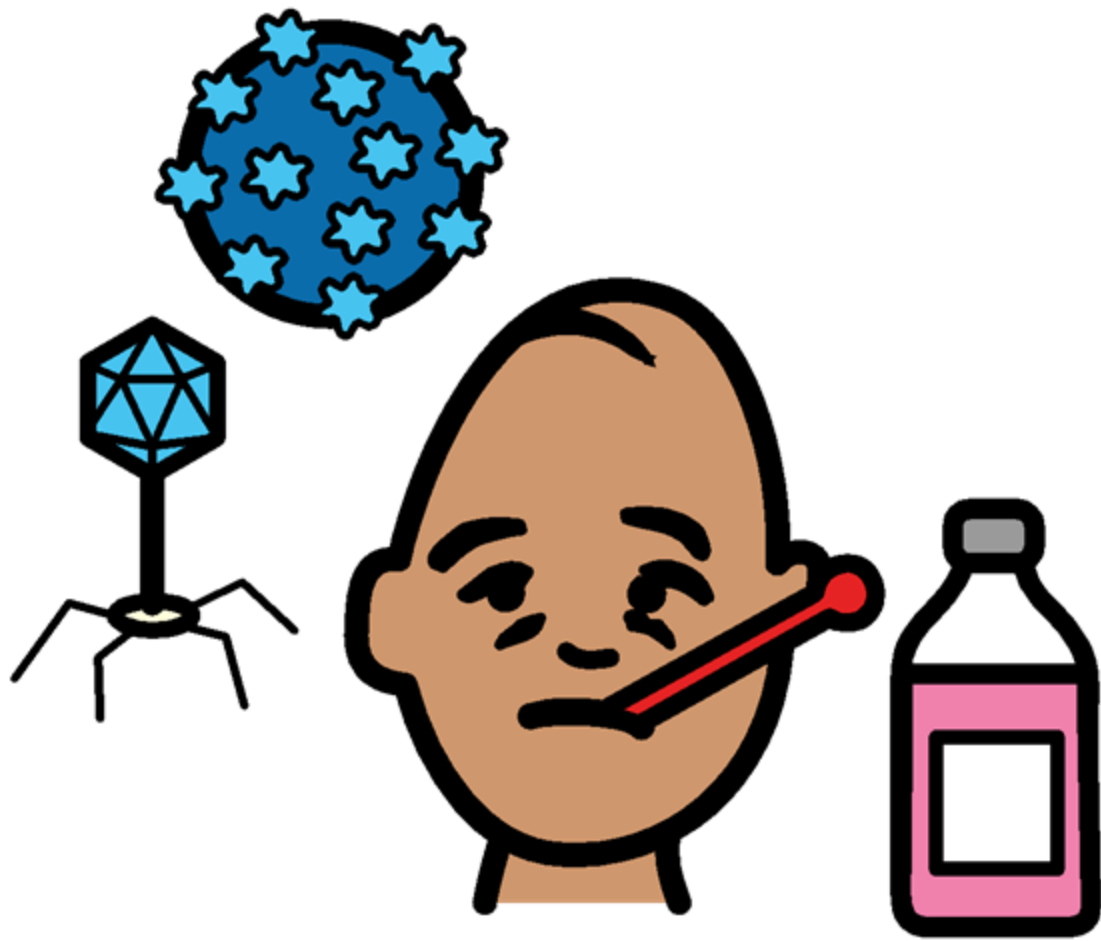
We advocate, educate, partner, and provide services supporting people with disabilities to thrive within their community.

Parents and caregivers we have created this social story to help you communicate with your loved one(s). Before sharing please ensure it aligns with your needs and is appropriate for the ever changing circumstances.

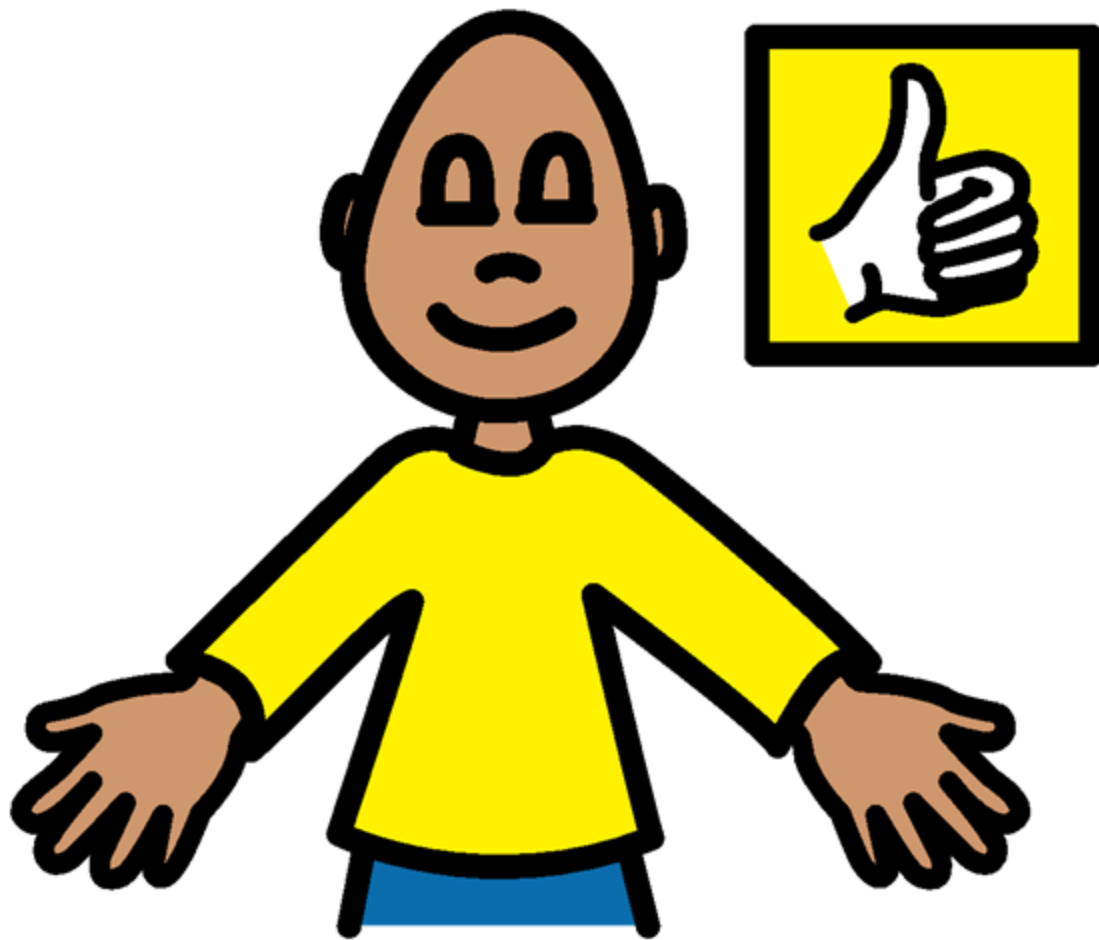
Learn more at [www.abilitycenter.org](http://www.abilitycenter.org)



Staying Safe During Coronavirus



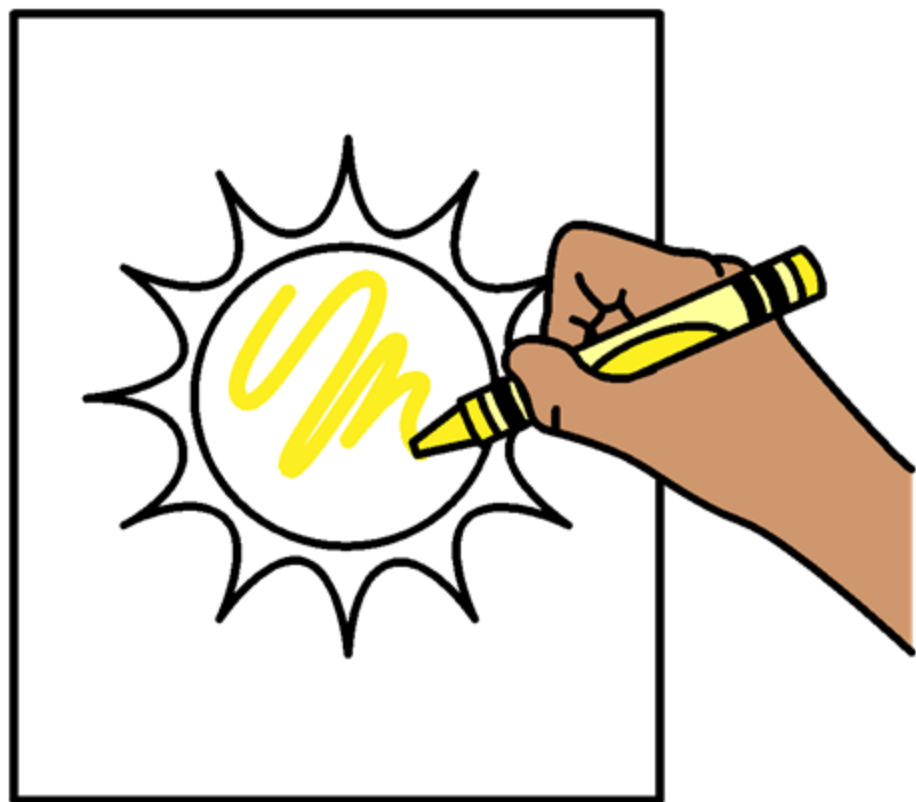
There is a virus called Coronavirus (COVID-19) that is making some people sick.



There are things you can do to keep you and others safe.



Wash your hands with soap and water for at least 20 seconds.



Keep your hands away from your face by drawing, building a puzzle, squeezing a ball, or another favorite activity.

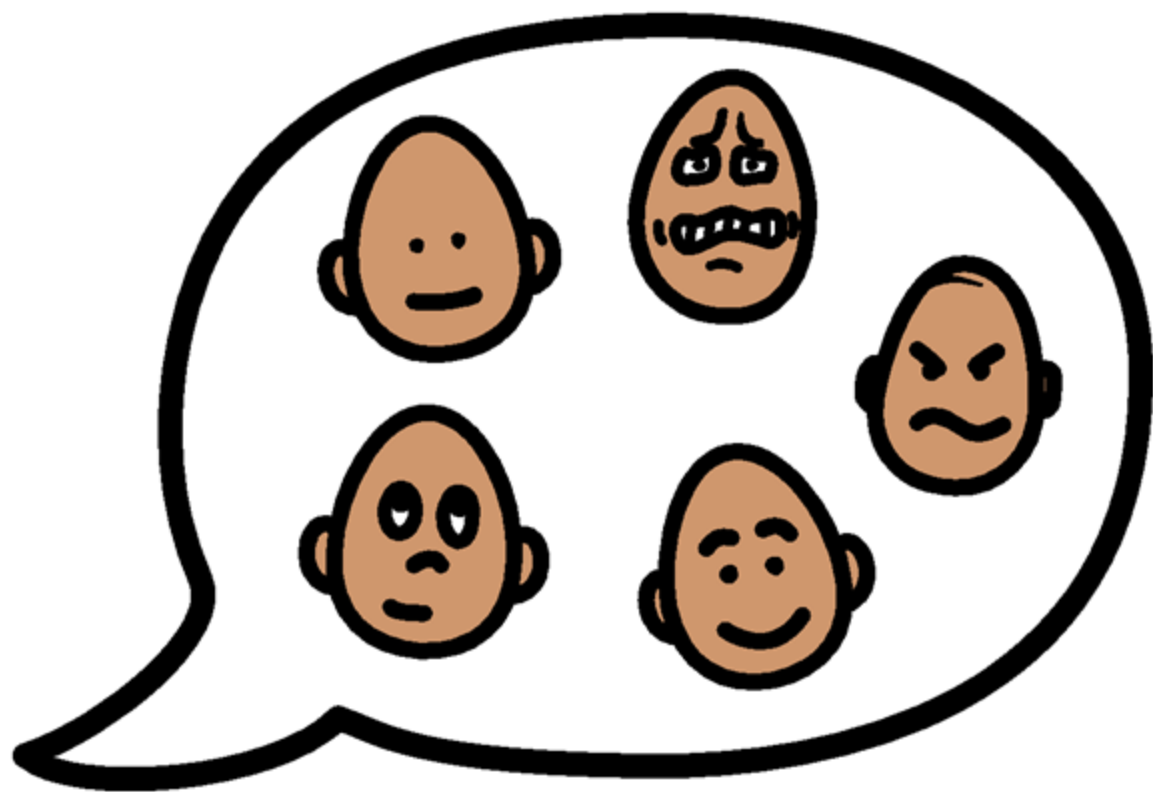


Stay home to stop the spread of germs.

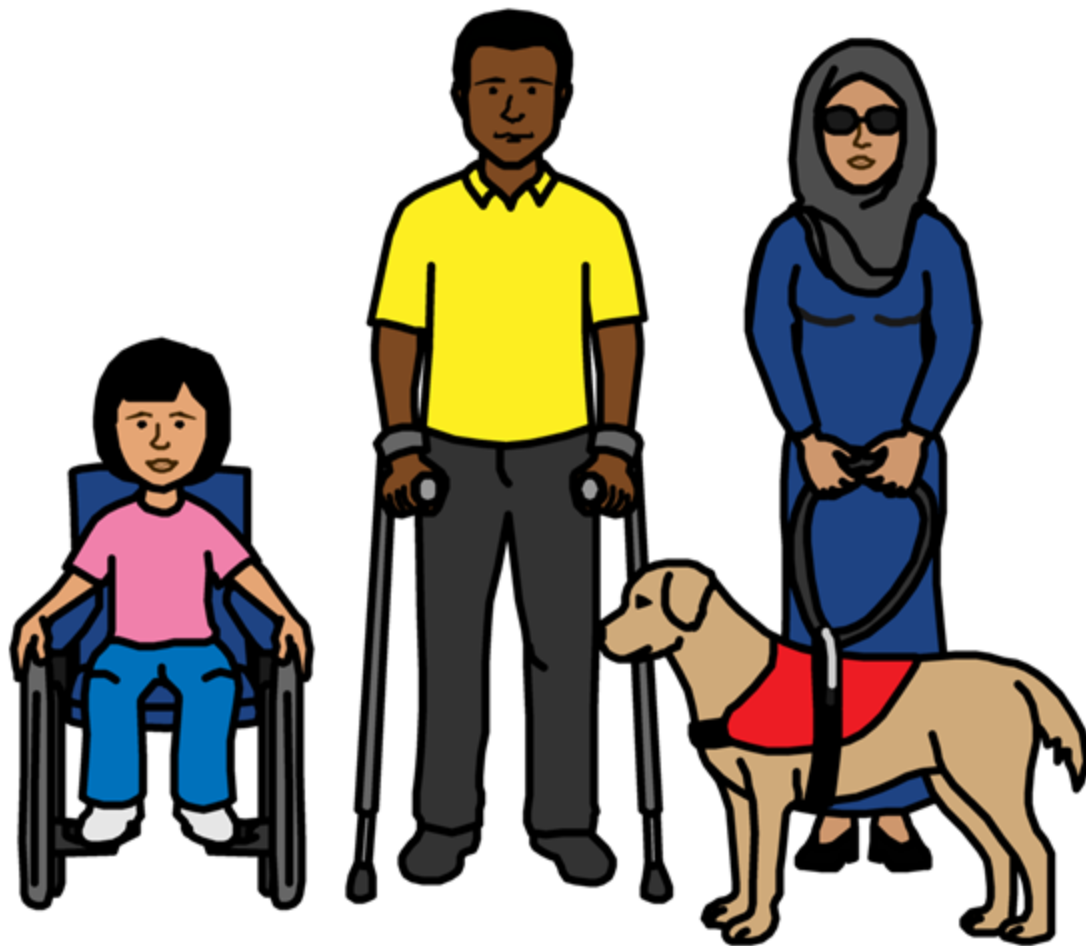


Talk to your friends and family that you don't live with by using the phone, computer, or write them a letter.





Talk about your feelings with someone you trust. You can also share your feelings by drawing pictures or writing stories.



Remember there are lots of helpers.  
Adults can call 211 to be connected with resources.