



EMM-TECH

Short Course

ONE DAY \$250

Learn to assist yourself, family and friends

ANKLE RESTRICTION

POOR BALANCE

TRAVEL SICKNESS

FOOT COMPLAINTS

FLUID RETENTION

KNEE ISSUES

HIP PAIN

SHOULDER RESTRICTION

LOWER BACK PAIN

BREATHING ASSISTANCE

CALMING ANXIETY

ELBOW, FOREARM, WRIST OR FINGER ISSUES

NECK RESTRICTION

Contact Trina 0438 842 567

Sunday 16th May 2021 8.30am - 4.30pm

Venue: St John the Baptist Primary School