

DANDEONONG RANGES

- **MEDITATION FOR KIDS**

THURS 12TH APR @ 10AM

- **TEEN'S MANAGING ANXIETY (12+)**

THUR 12TH APR @ 1PM

- **MANAGING ANXIETY (6 - 8 YRS)**

MON 15TH APR @ 10AM

- **MANAGING ANXIETY (9 - 12 YRS)**

MON 15TH APR @ 1:30PM

AT KALLISTA
COMMUNITY HOUSE



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KIDS

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SCHOOL

FOR
LID
DAYS