

Sun Protection Policy

Mater Christi College follows the following procedures related to sun protection in accordance with the procedures outlined in the Cancer Council Victoria's SunSmart Program.

Sun protection is important at all times but particularly when UV levels reach 3 and above (usually from the beginning of September until the end of April).

Planning

Consider sun protection measures when planning all outdoor activities between 10:00am – 2:00pm (11:00am – 3:00pm Daylight Saving time) during peak UV level times (roughly Terms 1 and 4). Such events include recess and lunch breaks, excursions, and sporting events.

Provision of sufficient sun protected areas within the school grounds – e.g. trees, shade cloths, covered areas
Checking for appropriate clothing and sun protection is a requirement of all excursions

Sun Protective Clothing and Hats

Appropriate sun protective clothing is included in the sports uniform and girls are required to wear the College baseball cap or bucket hat for all outdoor sports in Terms 1 and 4.

Students are encouraged to keep to shaded areas during the high UV period. Sunglasses are permitted to be worn.

Sunscreen

The use of SPF 30+ broad spectrum, water resistant sunscreen is encouraged and is available through the Health Centre and from PE/Sports staff if girls do not have their own. Sunscreen is also available at Student Services Reception.

Role Modelling

Staff are required, and visitors to the school are encouraged, to act as role models by practising sun-smart behaviours.

Awareness

Health issues related to sun exposure, along with protective strategies, are explored through the schools Health and Welfare programme.

Policy Communication and Review

The Sun Protection Policy is communicated to the wider school community with the College eNews and is reviewed each year.