

FA 1: RIGHT TO BE SAFE	FA 2: RELATIONSHIPS	FA 3: RECOGNISING & REPORTING ABUSE	FA 4: PROTECTIVE STRATEGIES
<b>Topic 1: Warning signs</b> 1.1 Exploring Theme 1: 'We all have the right to be safe' <b>THRIVE EF</b> 1.2 Warning signs <b>THRIVE EF</b> 1.3 What if someone does not have warning signs? <b>THRIVE EF</b> 1.4 Relaxation activity <b>THRIVE</b>	<b>Topic 1: Rights and responsibilities</b> 1.1 What rights do children and young people have? <b>THRIVE</b> 1.2 Rights and responsibilities in close relationships <b>THRIVE</b>	<b>Topic 1: Privacy and the body</b> 1.1 Defining public and private <b>THRIVE</b> 1.2 Privacy <b>THRIVE HED</b> 1.3 Parts of the body <b>HED</b>	<b>Topic 1: Strategies for keeping safe</b> 1.1 Trust, talk, take control <b>THRIVE</b> 1.2 Problem-solving card activity <b>THRIVE</b> 1.3 Assertiveness <b>THRIVE</b> 1.4 Strategies for talking about difficult topics <b>THRIVE</b> 1.5 Strategies when a friend discloses <b>THRIVE</b> 1.6 Exploring resilience <b>HED</b> 1.7 Language of resilience <b>HED</b>
<b>Topic 2: Risk-taking and emergencies</b> 2.1 Risk-taking <b>THRIVE HED</b> 2.2 Exploring emergencies <b>THRIVE</b> 2.3 Planning for a serious emergency <b>THRIVE</b>	<b>Topic 2: Identity and relationships</b> 2.1 Exploring relationships <b>HED</b> 2.2 Healthy and unhealthy relationships <b>THRIVE HED</b> 2.3 Construction of gender <b>HED</b>	<b>Topic 2: Recognising abuse</b> 2.1 Revisit group norms <b>THRIVE</b> 2.2 Defining abuse <b>THRIVE EF</b> 2.3 Recognising abuse <b>THRIVE EF</b> 2.4 Using warning signs to recognise abuse <b>THRIVE EF</b> 2.5 Neglect and physical and emotional abuse <b>THRIVE EF</b> 2.6 Why is it difficult to talk about sexual abuse? <b>THRIVE EF</b> 2.7 Sexual abuse <b>THRIVE EF</b> 2.8 Dating violence <b>THRIVE EF</b>	<b>Topic 2: Network review and community support</b> 2.1 Network review challenge <b>THRIVE</b> 2.2 Network support card <b>THRIVE</b> 2.3 Community support networks <b>THRIVE</b> 2.4 Persistence <b>THRIVE</b>
<b>Topic 3: Psychological pressure and manipulation</b> 3.1 Defining psychological pressure and manipulation <b>HED EF</b> 3.2 A-Z psychological pressure and manipulation <b>HED EF</b> 3.3 Product placement <b>HED EF</b>	<b>Topic 3: Power in relationships</b> 3.1 Types and use of power <b>HED</b> 3.2 Positive use and abuse of power <b>HED</b> 3.3 Power in relationships <b>THRIVE HED</b> 3.4 Guilt <b>THRIVE HED</b> 3.5 Power and gender <b>THRIVE HED</b> 3.6 Characteristics of bullying <b>THRIVE HED EF</b> 3.7 Bullies and people who are bullied <b>THRIVE</b> 3.8 Bystanders <b>THRIVE HED</b> 3.9 School policy on bullying <b>THRIVE EF</b>	<b>Topic 3: Cyber safety</b> 3.1 Being aware on the internet <b>THRIVE HED</b> 3.2 Online abuse <b>THRIVE</b> 3.3 Abuse using mobile phones <b>THRIVE EF</b> 3.4 Sexting <b>THRIVE EF</b> 3.5 Developing a cyber safety fact sheet <b>THRIVE</b> 3.6 Cyber safety and the law <b>THRIVE</b>	
<b>Topic 4: Trust and networks</b> 4.1 Trust <b>THRIVE HED</b> 4.2 Trusted networks <b>THRIVE EF</b>	<b>Topic 4: Domestic and family violence</b> 4.1 What is domestic and family violence? <b>THRIVE</b> 4.2 Effects of domestic and family violence on children <b>THRIVE</b> 4.3 Myths about domestic and family violence <b>THRIVE</b> 4.4 Bystander intervention <b>THRIVE HED</b>		

### Legend

HED = Health Classes

I = Incursion

T = Thrive Course

EF = Extended form Pastoral Care program

### Reference

Keeping Safe: Child Protection Curriculum, SA Government

### Extended Form

Consent and Coercion – Western Australia Child Protection Society

\*Mental Health – Black Dog institute

Sexualisation and pornography – Red Ginger Wellness

### Thrive Program Topics

- Behaviour management and bullying
- Online safety
- Mindfulness
- Rights, privileges and responsibilities
- Online abuse
- Early warning signs
- Networks

- Sexual abuse
- Friends and disclosures
- Domestic and family violence
- Mental Health
- Recognising abuse
- Risk and planning for emergencies
- Guilt
- Sexting