Jennifer Scheidegger

From: ABCD: After Breast Care Diagnosis <judy@abcdmentor.org>

Sent: Monday, October 28, 2019 1:14 PM

To: Jackie Brajner

Subject: ABCD - When to refer patients to ABCD's 1:1 Match Mentoring Service



Julie,

Our goal is to connect with you and help you support your breast cancer patients during one of the most difficult and challenging times in their lives. Our signature 1:1 Match Mentoring service will provide your patients with customized peer support that considers the whole person. If you have any questions about referring patients please contact me at 414-977-1786 or judy@abcdmentor.org.

Best Regards,

Judy Mindin
Director of Program Services & <u>Healthcare</u> Partnerships 414-977-1786

When Do I Refer a Patient to ABCD?

When is it time to refer a patient to ABCD? ABCD is here to not only offer emotional support, but also resources to patients. Below are feelings, questions and fears we help breast cancer patients overcome.

FEELINGS

I am so overwhelmed.

I feel so alone.

I just want to talk to someone who understands.

I'm scared.

QUESTIONS

Will I be able to work?

Will I be able to exercise?

How do I tell loved ones?

How will I deal with physical limitations?

FEARS

I'm worried about losing my hair.

Recurrence on anniversary date.

Recurrence on mammogram date.

We answer these feelings, questions and fears with *compassion*, *empathy* and *hope*. If any of your patients are in need of emotional support please refer them directly to <u>ABCD</u> or complete your <u>consent to contact form</u>.

Your Patients Are More than Breast Cancer



<u>ABCD</u> knows that your patients are more than their breast cancer diagnosis - that's why we match on the personal as well as the diagnostic.

We're here to connect your patients with someone who understands what they're going through - to help them get the emotional support they need.

Consent to Contact Form

ABCD: After Breast Care Diagnosis | 5775 N Glen Park Rd #201, Glendale, WI 53209

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