

**THE FOLLOWING ALLERGY MEDICATIONS MUST BE STOPPED
7 FULL DAYS PRIOR TO SKIN TESTING:**

Oral Antihistamines:

Cetirizine (Zyrtec, Wal-Zyr)
Desloratidine (Clarinet)
Fexofenadine (Allegra)
Hydroxyzine (Atarax, Vistaril)
Levocetirizine (Xyzal)
Loratadine (Alavert, Claritin, Wal-Itin)

Brompheniramine (Bromfed, Dimetapp Cold & Allergy, Robitussin Allergy & Cough)
Chlorpheniramine (Actifed Cold & Allergy, Chlor-Trimeton, Deconamine, Rondec, Singlet)
Clemastine (Tavist Allergy)
Dimenhydrinate (Dramamine)
Diphenhydramine (Benadryl Allergy, Nytol, Sominex)
Doxylamine (NyQuil, Alka-Seltzer Plus Night-Time Cold Medicine)

Prescription Oral Antihistamines:

Acrivastine (Semprex-D)
Carbinoxamine (Palgic)
Cyproheptadine
Dexchlorpheniramine
Tripolidine (Triphist)

Nasal Antihistamines (Nasal Sprays):

Azelastine nasal (Astelin, Astepro)
Olopatadine nasal (Patanase)

Ophthalmic Antihistamines (Eye Drops):

Epinastine Ophthalmic (Elestat)
Emedastine Difumarate Ophthalmic (Emadine)
Naphazoline Ophthalmic (Naphcon, Naphcon A, Opcon A, Visine A)
Azelastine Ophthalmic (Optivar)
Olopatadine Ophthalmic (Pataday, Patanol)

DO NOT STOP TAKING THE FOLLOWING MEDICATIONS:

Nasal or inhaled corticosteroids
Albuterol (Ventolin, Proventil, Proventil-HFA, AccuNeb, Vospire, ProAir), Levalbuterol (Xopenex)
Combination asthma inhalers: Advair, Symbicort, etc.
Singulair
Decongestants, Afrin

DO NOT DISCONTINUE ASTHMA MEDICATIONS!

If you are not sure whether to discontinue a particular medicine, please contact Dr. Reddy's office to inquire.