



Circle of Security® Parenting™

A Relationship-based Parenting Program

FOR DADS

At all times parents can feel confused about what our child needs from us.

Imagine what it might feel like to make sense of your what your child was really asking from you. The Circle of Security Parenting Program is based on decades of research, and how secure parent-child relationships can be supported and strengthened.

Circle of Security Parenting (COSP) is a FREE 6-session series that offers new ways to understand and respond to your child's needs.

It will be facilitated by Naturaliste Child Health Nurses.

This program suits parents with a child aged between 4 months and 6 years, are curious about developing a stronger relationship with your child and / or looking for some support with some challenging parenting moments.

You will learn to:

- Understand your child's emotional world by learning to read their needs
- Support your child's ability to successfully manage emotions and respond to emotions
- Support your child to feel secure

Dates: Thursday October 24th – November 28th, 2024

Time: 6 – 8 pm

Location: Busselton Health Campus

Cost: FREE

To book: Call 97521935 or 97568 386 or through your Child Health Nurse

BOOKINGS ARE ESSENTIAL



Government of **Western Australia**
WA Country Health Service