

Secondary Cafe

WINTER MENU 2024

BREAKFAST

available every day 7:45am - 8:30am

Vegemite or Spaghetti on Toast	1.50
Up & Go	3.00
Sourdough Fruit Toast	2.50
Hot Chocolate	2.00

SNACKS

available Recess and Lunch every day

Popcorn	1.00
Pretzels	1.00
Fruit Salad (GF, DF)	3.00
Froyo Frozen Yoghurt*	2.50

*after lunch only

DRINKS

available Recess & Lunch

Fruit Juice 100% 250ml	2.50
Bottled Spring Water 600ml	2.00
Flavoured Milk 300ml	3.00
Noah's Juice range 260ml	4.00
Up & Go	3.00

RECESS

changes daily - made up from the following items

Cafe Muffin	3.50
Daily Treat	3.00
Hash Brown (1 serve per student)	1.00

Cheesies:

Salsa tomato, onion, chives & cheese on multigrain sourdough 3.00

Spaghetti 3.00

Chicken with roasted peppers and BBQ sauce 3.00

Bolognese 3.00

Scrolls:

Pizza 3.50

Vegetable 3.50

Cheddarmite 3.50

Bruschetta (V) 3.00

Steamed Pork Dumplings with sticky soy (GF, DF, V options avail) 3.00

Homemade Sausage Roll, or 3.50

Spinach & Pumpkin Roll (V) 3.50

Breakfast Burger (can be GF) with bacon, egg, lite cheese & BBQ sauce 4.00

Stuffed Potato (GF) fillings will vary weekly 4.00

Pulled Pork Bao Buns with slaw 4.00

Krispy Karaage Chicken Bun Oven baked 5.00



St Mary MacKillop College

CHOOSE LIFE WITH COURAGE

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Daily recess items will be displayed on the Canteen's electronic screen each day

Secondary Cafe

WINTER MENU 2024

LUNCH

available every day

Noodle Cup chicken or vegetable	3.50
Fresh Homemade Pizza Slice	4.50
Hawaiian or Ham and cheese	
Korma Chickpea & Vege Curry on Basmati rice (V, DF, GF)	6.00
Burgers on Sourdough Ciabatta	
beef, marinated chicken with salad or vegetarian (V)	6.50 7.00
Hot Beef & Gravy Roll	6.50
Panfried Fish and Salad Wrap	6.50

SANDWICHES

toasties, wraps and rolls

(G/F options available)

	Sandwich	Wrap	Roll
Sweet Chilli Chicken with salad	6.00	6.00	6.00
Avocado and Egg with salad	5.00	6.00	6.00
Ham with salad	4.50	5.00	6.00
Ham with cheese & tomato	4.50	5.00	6.00
Chicken with cheese	4.50	5.00	6.00
Baked Beans	4.00	4.50	5.00
Spaghetti	4.00	4.50	5.00

Create your own sandwich - price on order

boost your sandwich

Gluten-free option	2.00
Boiled Egg	1.00
Tomato Sauce	.30
Extra Salad item (pineapple, beetroot, cheese, mayo, tuna, sauce)	.50



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DAILY LUNCHES

check blackboard for weekly specials

MONDAY:

Hot Asian Noodle Bowl with chicken and vegetables (GF, V available)	6.00
Cheesy Pasta Bake (V)	6.00
Bacon & Egg Ciabatta Burger	6.50

TUESDAY

Thai Rice Vermicelli Broth (GF, V)	5.00
Poutine Wedges With bacon, onion, cheese and gravy	6.50
Mie Goreng - noodles (DF, V)	6.00

WEDNESDAY

Sweet & Sour Pork with egg noodles	6.00
Pasta Carbonara cheese sauce with bacon, onion and mushrooms	6.00
Chicken, Cheese & Bacon Strudel with baby spinach	6.00

THURSDAY

Fish Tikka Masala Curry with rice	6.50
Butter Chicken with basmati rice	6.00
Bacon & Egg Ciabatta Burger	6.50

FRIDAY

No daily specials available on Friday.

Please select from the Everyday Lunches and Sandwiches menu

DRINKS

available Recess & Lunch

Fruit Juice 100% 250ml	2.50
Bottled Spring Water 600ml	2.00
Flavoured Milk 300ml	3.00
Noah's Juice range 260ml	4.00
Up & Go	3.00
Cup of HOT Milo 12oz	2.00