



Margaret River Little Athletics

RUN, JUMP, THROW!

The 2023-2024 Little Athletics season is almost here and we are looking forward to another fun filled competitive season.

Children aged from 6-17yrs can register and compete.

We need parents/care givers to stay on Saturday mornings to co-ordinate and record the children's' results as they move from event to event. Events include running, hurdles, shot put, javelin, discus, long jump, triple jump and high jump (depending on age).

Little Athletics develops the basic motor skills of running, jumping and throwing. Developing strength, flexibility, co-ordination and balance, all basic requirements of **ANY** sport.

The costs for this season will be \$190 for the first child, \$170 for the second child and \$150 for each additional child. **We accept Kidsport vouchers.** Please note, we must receive payment prior to the season commencing.

The first day of our Little Athletics season is set for **Saturday 28th October** at 8.15am(setup) for an 8.30am start. As a guide a typical meet will finish approx 10-1030am.

6wks program Term 4 and 6wk program Term 1

Trainings (optional) will commence Tuesday 24th October from 3.45pm till 4.30pm.

So come and enjoy a fun family sport where everyone is involved.

For more information please email mrlacrego@gmail.com or you are welcome to our AGM on Sunday 10th September from 4pm at the Cowaramup Districts Social Club (RSVP to email). We need more parent volunteers to keep the club thriving.

