

# Primary Cafe

WINTER MENU 2022

## BREAKFAST

available every day 8:00am - 8:30am

Vegemite or Tomatoes on Toast	1.40
Fruit Toast	1.40
Warm Milo	1.40

## SNACKS

available Recess and after Lunch daily

Yoghurt assorted flavours	2.40
Fruit Muffins	2.00
Brain Box veggie sticks, Greek yoghurt, cheese & crackers	4.00
Anzac Biscuits maximum of two	0.70
Apple Slinky	0.60
Cheesie	2.00
SPC Two Fruits cup in natural juice	2.00
Pretzels	1.00

## TREATS

available after Lunch daily

Sipahh Straws with Hi-Lo Milk	2.00
Popcorn	small 0.20 large 0.50
Jelly Cup	
Tuesdays and Thursdays only	0.60
Quelch Sticks	0.70
Billabong	2.00
Froyo Frozen Yoghurt	2.00

## DRINKS

available Recess & Lunch

Fruit Juice 100% 250ml	2.50
apple, orange or blackcurrant	
Bottled Spring Water 600ml	2.00
Flavoured Milk 300ml	3.00
Up & Go	2.70
Plain Milk 250ml	2.25
Warm Milo	1.40



St Mary MacKillop College

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## SANDWICHES

**toasties, wraps and rolls**  
(GF options available on request)

Fresh/Toasted	Sandwich	Wrap	Roll
Ham with cheese	3.50	4.00	4.50
with salad	4.00	4.00	4.50
Chicken with cheese	3.50	4.00	4.50
with salad	4.00	4.00	4.50
Tomato with cheese	3.00	3.50	4.00
Vegemite with cheese	2.50	3.00	3.50
Vegemite	1.70	2.00	2.00
Curried Egg	3.00	3.50	4.00
Baked Beans	3.00	3.50	3.50
Spaghetti	3.00	3.50	3.50
Sweet Chilli Chicken with salad	6.00	6.00	6.00
Avocado and Egg with salad	4.00	4.50	4.50

### boost your sandwich

Gluten Free bread	1.00
Boiled Egg	1.00
Tomato Sauce	.30
Extra Salad item (pineapple, beetroot, cheese, mayo, tuna, sauce)	.50

## DAILY LUNCHES

### MONDAY & WEDNESDAY

Fresh Homemade Pizza Slice	4.00
Burgers on Sourdough Ciabatta beef, marinated chicken or vegetarian with salad (V)	6.00
Hot Chicken or Beef & Gravy Roll in multigrain sourdough	4.50
Grilled Bronzie Shark Wrap with salad	6.00
Homemade Sausage Roll	4.00

### TUESDAY & THURSDAY

Oven Baked Wedges with sour cream and sweet chilli	4.50 4.50
Cheesy Bean (or Spaghetti) Sub in hollow multigrain roll w/ lite cheese (V)	4.50
Lasagne beef or vegetarian (V)	5.00
Noodle Cup beef, chicken or vegetarian	3.50

### FRIDAY

Cheddarmite Scroll	3.50
Cheesy Pasta Bake	4.50
Chicken Nuggets (4) with vegie mash (GF)	4.50
Nachos with salsa & cheese (GF, V) with meat (GF)	5.00 5.50



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