

Primary Cafe

SUMMER MENU 2021

BREAKFAST

available every day 8:00am - 8:30am

| | |
|-------------------------------|------|
| Vegemite or Tomatoes on Toast | 1.40 |
| Fruit Toast | 1.40 |
| Warm Milo | 1.40 |

SNACKS

available Recess and after Lunch daily

| | |
|---|------|
| Yoghurt or Yogo assorted flavours | 2.40 |
| Fruit Muffins | 2.50 |
| Banana Bread | 2.50 |
| Anzac Biscuit | 0.50 |
| Brain Box veggie sticks, cheese & crackers | 4.00 |
| Apple Slinky | 0.60 |
| Spaghetti Cheesie | 2.00 |
| Grain Waves | 1.10 |
| Vege Chips | 1.00 |
| SPC Two Fruits cup in natural juice | 2.00 |

TREATS

available after Lunch daily

| | |
|-----------------------------------|-----------------------|
| Sipahh Straws with Hi-Lo Milk | 2.00 |
| Popcorn | small 0.20 large 0.50 |
| Jelly Cup | |
| Tuesdays and Thursdays only | 0.60 |
| Quelch Sticks | 0.70 |
| Froyo Frozen Yoghurt | 2.00 |
| Slushies 100% natural fruit juice | 2.50 |

DRINKS

available Recess & Lunch

| | |
|----------------------------|------|
| Fruit Juice 100% 250ml | 2.50 |
| apple, orange or tropical | |
| Bottled Spring Water 600ml | 2.70 |
| Flavoured Milk 300ml | 2.70 |
| Up & Go | 2.70 |
| Plain Milk 250ml | 1.70 |
| Warm Milo | 1.40 |



St Mary MacKillop College

CHOOSE LIFE WITH COURAGE

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Primary Cafe

SUMMER MENU 2021

SANDWICHES

toasties, wraps and rolls
(GF options available)

| | Sandwich | Wrap | Roll or Turkish |
|----------------------|----------|------|--------------------|
| Ham & Salad | 3.50 | 4.00 | 4.50 |
| Ham Toastie | 3.00 | 3.50 | 3.50 |
| with cheese | 3.50 | 4.00 | 4.50 |
| with cheese & tomato | 3.50 | 4.00 | 4.50 |
| Chicken | 3.50 | 4.00 | 4.50 |
| with salad | 3.50 | 4.00 | 4.50 |
| with cheese | 3.50 | 4.00 | 4.50 |
| with cheese & tomato | 3.50 | 4.00 | 4.50 |
| with cheese & mayo | 3.50 | 4.00 | 4.50 |
| Vegemite | 1.70 | 2.20 | 2.40 |
| with cheese | 2.00 | 2.50 | 2.50 |
| Baked Beans | 3.00 | 3.50 | 3.50 |
| Spaghetti | 3.00 | 3.50 | 3.50 |
| with cheese | 3.00 | 3.50 | 3.50 |
| Sweet Chilli Chicken | | | |
| with salad | 5.00 | 5.00 | 5.00 |
| Curried Egg | 3.50 | 4.00 | 4.50 |
| Egg lettuce & mayo | 3.50 | 4.00 | 4.50 |
| Egg & Avocado | | | |
| with salad | 4.00 | 4.50 | 4.50 |

boost your sandwich

| | |
|--|------|
| Boiled Egg OR Avocado | 1.00 |
| Tomato Sauce OR Pineapple OR Beetroot | .30 |

DAILY LUNCHES

MONDAY & WEDNESDAY

| | |
|--|------|
| Fresh Homemade Pizza Slice | 3.00 |
| Burgers on sourdough ciabatta with salad: beef, marinated chicken or vegetarian (V) | 5.00 |
| Hot Meat & Gravy Roll | 4.50 |
| Chicken or Beef in multigrain sourdough | |
| Pan-fried Shark & Salad Wrap | 5.00 |
| Caesar Salad Wrap or Bowl | 5.00 |
| with Chicken | 6.00 |

TUESDAY & THURSDAY

| | |
|------------------------------|------|
| Oven Baked Wedges | 4.50 |
| loaded with salsa and cheese | 5.00 |
| Quiche Lorraine with salad | 5.00 |
| Chinese Chicken Salad | 5.00 |
| with crunchy noodles | |
| Chicken Noodle Cup | 3.50 |
| Grilled Haloumi Salad (V) | 3.50 |

FRIDAY

| | |
|--|------|
| Ham or Chicken Salad Bowl | 5.00 |
| Kitchen Sink Salad with greens, semi-dried tomatoes, roasted capsicum, avocado, cheese, cucumber, beetroot and a lite French dressing | 6.00 |
| Chicken Nuggets (4) with salad (GF) | 4.50 |
| Nachos (V, GF) with meat (GF) | 4.50 |



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