

Primary Cafe

SUMMER MENU 2020

BREAKFAST

available every day 8:00am - 8:30am

| | |
|-------------------------------|------|
| Vegemite or Tomatoes on Toast | 1.40 |
| Fruit Toast | 1.40 |
| Warm Milo | 1.20 |

SNACKS

available Recess and after Lunch daily

| | |
|---|------|
| Yoghurt or Yogo assorted flavours | 2.40 |
| Fruit Muffins | 2.50 |
| Banana Bread | 2.50 |
| Anzac Biscuit | 0.50 |
| Brain Box veggie sticks, cheese & crackers | 4.00 |
| Apple Slinky | 0.60 |
| Spaghetti Cheesie | 2.00 |
| Grain Waves | 1.10 |
| Vege Chips | 1.00 |
| SPC Two Fruits cup in natural juice | 2.00 |

TREATS

available after Lunch daily

| | |
|-----------------------------------|-----------------------|
| Sipahh Straws with Hi-Lo Milk | 2.00 |
| Popcorn | small 0.20 large 0.50 |
| Jelly Cup | |
| Tuesdays and Thursdays only | 0.60 |
| Quelch Sticks | 0.70 |
| Froyo Frozen Yoghurt | 2.00 |
| Slushies 100% natural fruit juice | 2.00 |

DRINKS

available Recess & Lunch

| | |
|----------------------------|------|
| Fruit Juice 100% 250ml | 2.50 |
| apple, orange or tropical | |
| Bottled Spring Water 600ml | 2.50 |
| Flavoured Milk 300ml | 2.50 |
| Up & Go | 2.50 |
| Plain Milk 250ml | 1.70 |
| Warm Milo | 1.40 |



St Mary MacKillop College

CHOOSE LIFE WITH COURAGE

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Primary Cafe

SUMMER MENU 2020

SANDWICHES

toasties, wraps and rolls

(GF options available)

| | Sandwich | Wrap | Roll |
|---------------------------------|----------|------|------|
| Ham with salad | 3.50 | 4.00 | 4.50 |
| Chicken with salad | 3.50 | 4.00 | 4.50 |
| Vegemite with cheese | 2.00 | 2.50 | 2.50 |
| Vegemite | 1.70 | 2.00 | 2.00 |
| Curried Egg | 3.00 | 3.50 | 4.00 |
| Baked Beans | 3.00 | 3.50 | 3.50 |
| Spaghetti | 3.00 | 3.50 | 3.50 |
| Sweet Chilli Chicken with salad | 5.00 | 5.00 | 5.00 |
| Avocado and Egg with salad | 4.00 | 4.50 | 4.50 |

boost your sandwich

| | |
|---|------|
| Boiled Egg | 1.00 |
| Tomato Sauce | .30 |
| Extra Salad item (pineapple, beetroot, cheese, mayo, tuna, sauce) | .50 |

DAILY LUNCHES

MONDAY & WEDNESDAY

| | |
|--|------|
| Fresh Homemade Pizza Slice | 3.00 |
| Burgers on Sourdough Ciabatta beef, marinated chicken or vegetarian with salad (V) | 5.00 |
| Hot Chicken & Gravy Roll in multigrain sourdough | 4.50 |
| Pan-fried Shark & Salad Wrap | 5.00 |
| Caesar Salad | 5.00 |

TUESDAY & THURSDAY

| | |
|---|------|
| Oven Baked Wedges | 4.50 |
| Loaded Oven Baked Wedges with salsa and cheese | 5.00 |
| Nasi Goreng Fried Rice (GF, DF, V) | 5.00 |
| Teriyaki Chicken Salad | 5.00 |
| Noodle Cup beef, chicken or vegetable | 3.50 |

FRIDAY

| | |
|---|------|
| Ham or Chicken Salad Bowl | 5.00 |
| Vietnamese Noodle Salad | 5.00 |
| Chicken Nuggets (4) with salad (GF) | 4.50 |
| Nachos meat or salsa & vegetables (GF) | 4.50 |



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