

Primary Cafe

WINTER MENU 2020

BREAKFAST

available every day 8:00am - 8:30am

Vegemite or Tomatoes on Toast	1.40
Fruit Toast	1.40
Warm Milo	1.20

SNACKS

available Recess and after Lunch daily

Yoghurt assorted flavours	2.40
Yogo choc flavour	2.40
Fruit Muffins	2.00
Banana Bread	1.50
Biscuits homemade (max 3)	0.20
Brain Box veggie sticks, Greek yoghurt, cheese & crackers	3.00
Apple Slinky	0.60
Spaghetti Cheesie	1.50
Grain Waves	1.10
Vege Chips	1.40
SPC Two Fruits cup in natural juice	2.00

TREATS

available after Lunch daily

Sipahh Straws with Hi-Lo Milk	2.00
Popcorn small	0.20
Popcorn large	0.50
Diet Jelly Cup Tuesdays and Thursdays only	0.60
Quelch Sticks	0.70
Billabong	1.70
Froyo Frozen Yoghurt	2.00

DRINKS

available Recess & Lunch

Fruit Juice 100% 250ml apple, orange or blackcurrant	1.70
Bottled Spring Water 600ml	2.50
Flavoured Milk 300ml	2.50
Up & Go	2.50
Plain Milk 250ml	1.70
Warm Milo	1.40



St Mary MacKillop College

CHOOSE LIFE WITH COURAGE

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SANDWICHES

toasties, wraps and rolls
(GF options available on request)

Fresh/Toasted	Sandwich	Wrap	Roll
Ham with cheese	3.50	4.00	4.50
Chicken with cheese	3.50	4.00	4.50
Tomato with cheese	3.00	3.50	4.00
Vegemite with cheese	2.50	3.00	3.50
Vegemite	1.70	2.00	2.00
Curried Egg	3.00	3.50	4.00
Baked Beans	3.00	3.50	3.50
Spaghetti	3.00	3.50	3.50
Sweet Chilli Chicken with salad	5.00	5.00	5.00
Avocado and Egg with salad	4.00	4.50	4.50

boost your sandwich

Boiled Egg	1.00
Tomato Sauce	.30
Extra Salad item (pineapple, beetroot, cheese, mayo, tuna, sauce)	.50

DAILY LUNCHES

MONDAY & WEDNESDAY

Fresh Homemade Pizza Slice	3.00
Burgers on Sourdough Ciabatta beef, marinated chicken or vegetarian with salad (V)	5.00
Hot Chicken or Beef & Gravy Roll in multigrain sourdough	3.50
Grilled Bronzie Shark Wrap with salad	4.00
Homemade Sausage Roll	3.00

TUESDAY & THURSDAY

Oven Baked Wedges with sour cream and sweet chilli	4.00 4.50
Nasi Goreng Fried Rice (GF, DF, V)	4.50
Hot Teriyaki Chicken on egg noodles	5.00
Noodle Cup beef, chicken or vegetarian	3.50

FRIDAY

Rogan Josh Lamb Curry with rice	5.00
Cheesy Pasta Bake	4.50
Chicken Nuggets (4) with vegie mash (GF)	4.50
Nachos with meat or salsa & vegetables (GF, V)	4.50



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