



Margaret River Little Athletics

RUN, JUMP, THROW!

The 2019-20 Little Athletics season is almost here and we are looking forward to another fun filled competitive season.

Children aged from 6- 17yrs (born 2014-2003) can register and compete.

We need parents/care givers to stay on Saturday mornings to co-ordinate and record the children's' results as they move from event to event. Events include running, hurdles, shot put, javelin, discus, long jump, triple jump and high jump (depending on age).

Little Athletics develops the basic motor skills of running, jumping and throwing. Developing strength, flexibility, co-ordination and balance, all basic requirements of ANY sport.

You can registration ONLINE at www.resultshq.com.au with payment via Paypal or credit card, from **SEPTEMBER 8TH**.

The costs for this season will be \$140 for the first child and \$100 for each additional child. We accept Kidsport vouchers. Please note, we must receive payment prior to the season commencing.

The first day of our Little Athletics season is set for **Saturday 26th Oct** at 8.15am(setup) for an 8.30am start. As a guide a typical meet will finish approx 10-1030am.

6wks program Term 4 and 6wk program Term 1. We hope to do a couple of 'twilight' meets also. Twilights are lots of fun with a family BBQ on offer.

Trainings (optional) will commence Tuesday 22th Oct from 345pm.

Margaret River will be hosting the Country Championships event in January so this is a great year to get involved in Athletics. An opportunity to compete against some of the states best in your own backyard.

So come and enjoy a fun family sport where everyone is involved.

For more information please email president, Janet Smith janet@moceanfitness.com.au

