



Dear Parents and Carers,  
Week 4 is nearly over and the camps for Years 7 & 8, and for the Perth International Arts Festival are just over the horizon. It seems incredible that we are at this stage already but it has been truly delightful to see how well the School has settled-in to the rhythm of the new year especially as it was such a frenetic start with buildings just completed in-time.

#### SUNDOWNERS

Mention of the buildings prompts me to comment on the success of a sundowner we held last night for all the people involved in getting our new buildings ready for the start of term. It really was good to spend time with all who had laboured so hard to ensure that we got the facilities we needed on time and built to such a high standard. A celebratory flag was raised and a bottle of bubbly popped to mark the happy occasion.

The previous week also saw another very pleasant night when we welcomed over 60 parents to mingle with staff over light refreshments. There was the opportunity to hear a little of the School's philosophy and goals, and I hope to cement this further during the year with information evenings for specific year groups.

#### PARENTS & FRIENDS

Encouragingly many parents were keen to be involved in some form of a parents' support group: we will meet in School on Wednesday 4th March at 1715 to discuss this further. Please do join us even if you have not signed-up previously. I am looking forward to the start of a very constructive relationship with a group that will clearly be valued by the School community.

#### THE CANTEEN

Parents have already been involved in helping with the Canteen which is now open for recess and lunch every week day, and also provides meals for our boarders and Our Lady Star of the Sea Primary School. The menus seem to be to the liking of our students and staff so please do think of encouraging your sons and daughters to sample their delights.

#### *In this issue:*

Principal's Comment	1 - 3
Crickets Competition	4
School News	5-7
Community News	8-18
Canteen Menu	19

From time to time the English department have books that are in need of covering.

If there are any parents that would like to cover some books, please email me your name and I will contact you when we need some covered.

Thankyou

[bstewart@eacs](mailto:bstewart@eacs).

Parents/Carers.

If your child is absent from School please email/ phone or enter details onto skoolbag app to keep on the student's file.

If address or any personal details change please update details with reception 90 832 444.

Thank you

## ACTIVITIES

Our co-curricular activities have started with preparation for Country Week well to the fore. In addition the following activities are available and have been promoted to your sons and daughters:

- Robotics
- Dance
- Face Painting
- Debating
- Tennis
- Fitness – beach based
- Fitness – tennis based
- Duke of Edinburgh's Award Scheme
- Gardens and grounds
- Italian (from Term 2)
- Careers (Years 10-12)
- Metalwork (from Term 2)
- Drama
- Bible study
- Chess
- Art
- Country Week prep.
- Band
- Choir

I hope many will wish to sign-up and participate, although the level of interest in Country Week and the volleyball clinic to be held tomorrow has been encouragingly high.

Sport has figured highly too in the shape of cricket where last week we participated in a Goldfields Cricket Competition played on a 20-20 basis. It was heartening to see the commitment of our students, and to witness their growing competitiveness against well-established and highly selective teams from Esperance and Kalgoorlie.

## ANGLICAN PARISH FETE

One of the aspects I am keen to see develop even further here is that of service to both the local community and the wider world beyond. In this connection the Anglican Parish Fete takes place on Saturday 7th March from 0800-1600. The School has traditionally supported the Church by providing student helpers and we have been asked to do so again this year by providing students to help run various children's games. I have asked for volunteers to assist with this but to-date have only received four expressions of interest from students. I wonder therefore if I could ask parents of students who are not on camp next week to encourage their children to volunteer by giving their names to their Tutor. If we get sufficient volunteers students need only give up one hour of their time in service to our wider community; if we do not get volunteers I will need to assign times to students when they will have to attend, but I am sure this will not be necessary.

## SERVICE

I have also been pleased with the School Prefects who, in meeting each week with Mr. Clark and myself, are beginning to exert leadership within the School. They will be involved in the EspY Festival during the Easter break which is part of a State-wide initiative called National Youth Week. The Prefects will be devising and running a variety of activities and workshops for which they will receive training over the coming weeks.

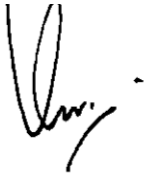
## HEALTH

I have been informed that influenza jabs will be available from mid-March through pharmacies so you might like to consider this option for your child even if winter seems a long way off.

As the sultry weather cools-off may I thank you all for your support in helping to make such a positive start to the term, and wish you a pleasant long weekend.

With all good wishes.

Yours sincerely,



P. Kerr Fulton-Peebles  
Principal

## YEAR 7 BUNSEN BURNER LICENCE





# INTERSCHOOL CRICKET



The Inter-school Graeme Wood Shield Twenty20 Competition was held and hosted by EACS last Thursday. The students that represented the school did so with pride and are to be congratulated on their efforts! ESHS and two schools from Kalgoorlie (JPC & EGC) came down and stayed at the school on the Wednesday night to compete on Thursday. I would like to thank the students, umpires, scorers, parents and helpers for ensuring that the day ran smoothly, and I look forward to next year when the students will compete in Kalgoorlie.

## CANTEEN

If you would like to volunteer in the canteen.  
Please email [bevstewart@eacs.wa.edu.au](mailto:bevstewart@eacs.wa.edu.au) with days that you would be available to volunteer 8.45-1.00pm  
and we will gladly put you on the roster.  
Thank you in advance  
Bev Stewart

## TEXTILES

Our textiles class are making some cushion covers. We are in need of any buttons, lace, brick or brace that you may have spare and would like to donate. These can be sent in with your child to be dropped off at the Office (near the flagpole)  
Thanking you in advance  
Bev Stewart



The Music Department is delighted to have more music tutors on board!

Ms Trish Gardiner and Mr. Ken Warren

Ms Gardiner will be teaching brass and also taking vocal lessons.

Mr Warren will be teaching bass and acoustic guitar.

Woodwind tuition is also still available.

If your child is interested in any of these opportunities for tuition, please contact Mrs. Gail Saunders for information.

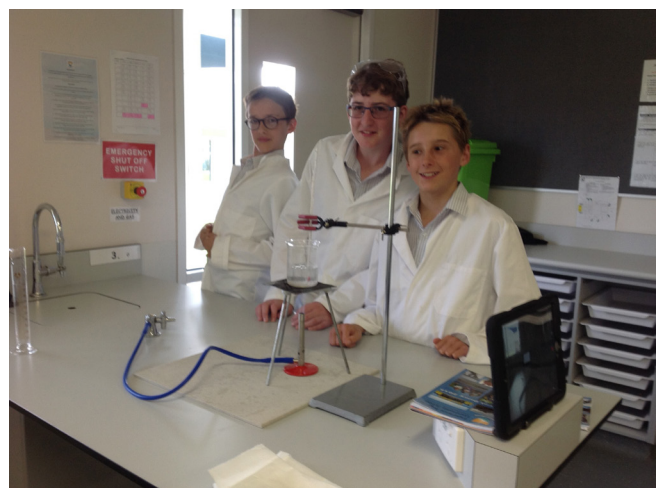
0419108112 or  
[gsaunders@eacs.wa.edu.au](mailto:gsaunders@eacs.wa.edu.au)

## ONLINE LITERACY AND NUMERACY ASSESSMENT (OLNA) 2015

THE FIRST ROUND OF YEAR 10 AND 11 OLNA TESTING FOR 2015 COMMENCES MONDAY 9TH MARCH. STUDENTS HAVE BEEN NOTIFIED WHICH OLNA COMPONENTS THAT THEY ARE REQUIRED TO SIT. A DOCUMENT WILL BE SENT TO PARENTS.

PLEASE DIRECT ANY FURTHER ENQUIRIES TO MR CLARK: ICLARK@EACS.WA.EDU.AU

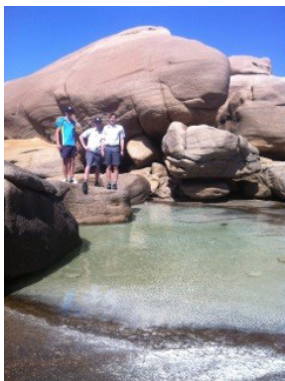
## YEAR 8 SCIENCE PHOTOS





## YEAR 10 ART CLASS

THE YEAR 10 ART CLASS HAS BEEN GETTING OUT AND ABOUT DRAWING DIFFERENT LANDSCAPES IN THE ESPERANCE AREA. I HAVE BEEN GENUINELY IMPRESSED WITH THE SKILLS THEY ARE DEVELOPING!



---

## IS YOUR CHILD READY FOR A LIFE-CHANGING ADVENTURE?

Are you looking for a unique experience for your son or daughter that will challenge them, equip them with key life skills and give them the adventure of a lifetime?

Then look no further than the Leeuwin Youth Explorer Voyage. The seven day program aimed at 14-25 year olds is both exciting and rewarding, teaching participants all aspects of living and working aboard a traditional tall ship. They will experience steering and navigating the ship, setting sails in all weather conditions, sailing through the night beneath the Milky Way and seeing parts of West Australia's stunning coastline.

It's not just about learning to sail and meeting new friends though. They will also learn more about themselves, overcome challenges, conquer fears and become more tolerant towards others. The voyages aim to increase self-confidence and self-awareness as well as developing communication, teamwork and leadership skills which can be applied in all aspects of life.

Students in years 10, 11 and 12 can earn 5 WACE points towards their senior graduation and the voyage can count as the Adventurous Journey or Residential Project component of the Duke of Edinburgh Award. Sail trainees may also be invited back as volunteer crew on future day sails and voyages, allowing them to keep in touch with their crewmates, further hone their skills and sail for free!

Voyages run from September until June, with spaces still available on the following upcoming voyages;

VOYAGE 1506	Departs Fremantle 12 March	Arrives Fremantle 18 March
VOYAGE 1509	Departs Monkey Mia 31 May	Arrives Fremantle 8 June
VOYAGE 1510	Departs Fremantle 13 June	Arrives Fremantle 19 June

The \$1,980 voyage fare includes all food, accommodation, use of wet weather gear and safety training. Thanks to our generous community partners we are able to offer a variety of scholarships for applicants who need assistance raising the fare.

For more information, please contact our team on (08) 9430 4105 or email us at [office@sailleeuwin.com](mailto:office@sailleeuwin.com).



**LEEWIN**  
Ocean Adventure Foundation

[www.sailleeuwin.com](http://www.sailleeuwin.com)  
(08) 9430 4105  
[office@sailleeuwin.com](mailto:office@sailleeuwin.com)

Challenging and inspiring young people since 1986





**wanna play?**

**Call out for Expressions of Interest for  
Theatre Play Workshops in Esperance, WA  
Due to start term 2, 2015**

Workshops explore - storytelling, script development, improvisation, acting, voice, movement, performance skills all with a focus of building confidence, self esteem and fun.

Dates/Times and all the other important info you might need to come along to these 8 week theatre making and exploration workshops (yes there is a performance opportunity too!) will be released term 1, 2015.

Workshops will be available for: 5-8 years | 9-13 years | 13+ years

We need a show of hands to go ahead...so show your hands and come play!

To register simply contact Kerry e: [kerry@theplaycompany.com.au](mailto:kerry@theplaycompany.com.au) m: 0405 909 439

8 weeks \$12.50/workshop \$100.00 a term.

# SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12

YOU MAY BE ELIGIBLE FOR UP TO:

## \$350

*towards school expenses*

DO YOU HOLD A:

- CENTRELINK HEALTH CARE CARD
- (OR) ● CENTRELINK PENSIONER CONCESSION CARD
- (OR) ● VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close

**Thursday 2<sup>nd</sup> April 2015**

**ASK SCHOOL RECEPTION FOR MORE INFORMATION**





Department of  
Sport and Recreation



TRIATHLON WA PRESENTS



# kids triathlon

## A TRYstars EVENT

Can you  
swim, ride  
a bike  
and run?

of  
course  
you  
can!

7-15  
year olds  
this is  
for you!

make new  
friends.  
learn new  
skills.

have fun.  
get fit!

EVENT	DATE	VENUE	CLUB CONTACT
Kalgoorlie SunSmart Kids Triathlon	Sunday 26/10/14	Oasis Centre, Kalgoorlie	Susan Androvich <a href="mailto:secretary@kalgoorlietriclub.com.au">secretary@kalgoorlietriclub.com.au</a>
Mandurah SunSmart Kids Triathlon	Sunday 15/11/14	Madora Bay	Kelly Winrow <a href="mailto:trystars@trimandurah.com">trystars@trimandurah.com</a>
North Coast SunSmart Kids Triathlon	Sunday 23/11/14	Craigie Leisure Centre	Lee Ann Dart <a href="mailto:trystars@northcoasttriclub.org.au">trystars@northcoasttriclub.org.au</a>
Albany Half SunSmart Kids Triathlon	Friday 9/01/15	Middleton Beach, Albany	Dale Cameron <a href="mailto:race@albanyhalf.com.au">race@albanyhalf.com.au</a>
Albany SunSmart Kids Triathlon	Saturday 14/02/15	Peaceful Bay, Albany	Meeghan Clay <a href="mailto:albanytriclub@gmail.com">albanytriclub@gmail.com</a>
Boddington SunSmart Kids Triathlon	Saturday 14/03/15	Boddington Pool, Boddington	Andy Bowerman <a href="mailto:boddingtontriclub@hotmail.com.au">boddingtontriclub@hotmail.com.au</a>
Team XTR SunSmart Kids Triathlon	Saturday 14/03/15	Mullaloo Beach	Geoff Large <a href="mailto:geoff@xtrtriclub.org.au">geoff@xtrtriclub.org.au</a>
Stadium SunSmart Kids Triathlon	Saturday 21/03/15	Karri Valley Resort	Janine Wilson <a href="mailto:admin@stadiumtriclub.com">admin@stadiumtriclub.com</a>
Rockingham SunSmart Kids Triathlon	Sunday 12/04/15	Singleton Beach, Rockingham	Sandy de la Mare <a href="mailto:enquiries@trirockingham.asn.au">enquiries@trirockingham.asn.au</a>
Esperance SunSmart Kids Triathlon	Sunday 12/04/14	Esperance	Lisa Critchley <a href="mailto:info@esperancetriclub.com">info@esperancetriclub.com</a>
Albany School SunSmart Kids Triathlon	Wednesday 8/04/15	Emu Point, Albany	Gerard Cameron <a href="mailto:gcam@adib.com.au">gcam@adib.com.au</a>
Busseton SunSmart Kids Triathlon	Sunday 3/05/15	Barnard Park, Busseton	TWA office <a href="mailto:admin@triathlonwas.asn.au">admin@triathlonwas.asn.au</a>

[www.triwa.org.au](http://www.triwa.org.au)



What's happening at the Cannery:

Upcoming Workshops:

Coolarts 6 - 12 years "Acquatic Clay Creatures" 21st Feb - 14th March 4 weeks Saturdays 2.00 - 4.00pm

Young at Art 13 - 25 years "T-Shirt Design" 22nd Feb - 15th March 4 weeks Sundays 2 - 4pm

Glass Casting Workshop with visiting artist Sallie Portnoy Saturday 28th March and Sunday 29th March

Coming up in Cliffs Gallery:

"Fusion" Paintings & Glass Work by Steve Cooke & Karen McClurkin 30th January - 11th February

"Seed Pod Forms" Clay works and Water Colour Paintings by Colette Annice and Krystal Obschonka 13th Feb - 22nd Feb

"Sportsmans Suite: Mark Howlett Foundation Prints 1991 - 2011" an ART ON THE MOVE Exhibition 27th Feb - 29th March



## VOLUNTEERS REQUIRED

NULSEN COMMUNITY PROGRESS ASSOCIATION (NCPA) IS CURRENTLY RECRUITING NEW MEMBERS.

IF YOU LIVE IN NULSEN, SINCLAIR, PINK LAKE OR EVEN WEST BEACH AND ARE A PROGRESSIVE TYPE OF PERSON WHO WANTS TO HELP RUN EVENTS, HELP CREATE OPPORTUNITIES TO PARTICIPATE IN COMMUNITY LIFE, HELP BUILD A STRONG, SAFE AND HARMONIOUS COMMUNITY THEN PLEASE JOIN US.

OUR ANNUAL GENERAL MEETING IS ON MONDAY THE 9TH OF MARCH, AT 6PM AND ANYONE IS INVITED TO ATTEND. YOU CAN ALSO CONTACT NCPA SECRETARY MARY ON 9071 4194 OR NCPA MEMBER KIM ON 9071 1500.

**DUST OFF YOUR MULLET, THROW ON YOUR UGG BOOTS  
AND YOUR FLANNIE, JUMP IN THE PANEL VAN AND  
FANG ON DOWN TO...**

**VIC | NSW | QLD | WA | FNQ | UK | SA**



**AT THE ESPERANCE CIVIC CENTRE**

**SATURDAY  
7TH MARCH 2015  
7.30PM**

**TICKETS \$35, SEATED AT TABLES OF 6  
ONLINE ([www.esperanceciviccentre.com](http://www.esperanceciviccentre.com)) OR IN PERSON AT THE  
CIVIC CENTRE, LIBRARY & VISITORS CENTRE**

**DON'T MISS OUT ON THE  
BEST NIGHT OUT IN  
ESPERANCE THIS YEAR!**

**LICENSED BAR, AIR GUITAR COMP, BEST DRESSED  
BOGANS, PARTY ON WITH A DJ AFTER BINGO**

**HALF GAME SHOW, HALF PARTY.  
100% FUN!**

**ALL FUNDS RAISED GO TOWARDS ESPERANCE PS YEAR 6 CAMP 2015**



**St. Andrew's Anglican Parish Annual Fete**

**Circus theme**

**7<sup>th</sup> March 2015 8am-4pm**

**Games** for all ages **Prizes** **Band** **Fairy Floss**

**PRODUCE STALLS** **Hot Dogs,** **BOUNCY CASTLE**

**Morning & Afternoon Tea** **SILENT AUCTION** **Sausage Sizzle**

**Trash & Treasure** **Op shop open** **Plants** **Pop Corn**

**Talent Quest**  **Mob Dancing**

**& lots more FUN** see you all Sat 7<sup>th</sup> March





Esperance Netball Association  
Association Development Officer  
Lesa Blackham  
[lesab@bigpond.net.au](mailto:lesab@bigpond.net.au)  
0400 306 892

TDS Trials and  
Expressions of Interest for Selectors & TDS Coaches

Eligibility:  
Athletes Turning 12, 13, 14, 15, 16 & 17 in 2015

Athlete Registrations:  
4-5pm Wednesday 11th Feb 2015, or before via email  
ENA Jane Street Clubrooms  
Selectors and Coaches meeting to follow 5-6pm

Trial 1: Saturday 21<sup>st</sup> Feb: 12.00 – 1.30pm, Stadium  
Trial 2: Sunday 22<sup>nd</sup> Feb: 1 – 2.30pm, Stadium

For Trials:

- Please arrive 30 minutes before start time (11.30am Saturday 21<sup>st</sup> Feb & 12.30pm Sunday 22<sup>nd</sup> Feb)
- Wear suitable training attire: netball appropriate shoes, white t-shirt/singlet and black shorts/skirt
- Please have: Fingernails cut short, hair tied back and no jewellery
- Please bring a water bottle, sweat towel and snacks for rest/recovery times.

Attendance at all trials is **COMPULSORY** unless exceptional circumstances apply and **PRIOR** permission is sought from the Association Development Officer.

Teams Announced by February 25<sup>th</sup>, 2015

**Expressions of interest for Selectors and Coaches, Coach assistants or apprentice coaches**

Minimum coaching accreditation Development Level – or working towards Development Level  
Expressions of Interest for Coaching Positions in writing to Lesa Blackham by 5pm February 6<sup>th</sup>, 2015  
email: [lesab@bigpond.net.au](mailto:lesab@bigpond.net.au) phone: 0400 306 892

Copies of the ENA Selection Guidelines and Athlete Development Program Documents will be available for further information in the coming weeks – Copies will be provided upon request via email and available through the ENA Facebook page.

**- Registration Form -**

Athlete Information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age at 1/1/2015: \_\_\_\_\_

Postal Address: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Mobile: \_\_\_\_\_

Trialing for: 13/under 17/under (please circle one)

Preferred playing position: 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_

Parent Information

Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

—

I have read and understood the Selection Guidelines and Development Program documents



## **Esperance Junior Netball Association 2015**

### **Welcome to season 2015**

To assist with registering your children for Netball this season, please find below some important information with some changes from previous years.

You can now register your child online with the following link.

<http://esperancenetballassoc.wa.netball.com.au/common/pages/noauth/olregstart.aspx?type=1&entityid=39640&fl=1&id=16355>

<b>Junior 1</b>	14 – 17 year olds (Born 1998 – 2001)	Saturday 11.00am Games
<b>Junior 2</b>	12 – 13 year olds (Born 2002 – 2003)	Saturday 9.30am Games
<b>Junior 3</b>	10 – 11 year olds (Born 2004 – 2005)	Saturday 11.00am Games

*Training dates and times are at the discretion of coaches.*

#### **Fees**

All fees will be \$120.00 per player payable by the 16<sup>th</sup> May 2015. The break up is as follows:

Netball WA Fee:	\$59	
EJNA Court Fees:	\$30	<i>(please note this replaces paying \$2.00 each game)</i>
Goldfields Regional:	\$10	
Uniform Levy	\$10	
ENA	\$11	

#### **Important Dates**

Registration forms due back to schools by Friday 6<sup>th</sup> March 2015.

A registration day on Saturday 7<sup>th</sup> March from 10am till 12pm at Jane Street clubrooms.

Team lists to be distributed to schools by beginning of April.

First game of the season is Saturday 2<sup>nd</sup> May 2015.

Season breaks & finals dates will be confirmed once teams and fixtures have been finalised.

#### **Children aged 5 – 9 years old – NetSetGo!**

If your child is born 2006 – 2010, they can participate in the NetSetGo! Program. Please refer to the NetSetGo! flyer and registration form for further details. Alternatively, please contact Mel White NetSetGo! Co-ordinator on 0424969028

*Should you have any further questions, please contact Esperance Junior Netball Association President, Donna Curnow on 0428 753 008 Or email [esperancejuniornetball@gmail.com](mailto:esperancejuniornetball@gmail.com)*



## 'An Introduction To Working With Individuals Who Have Self-Destructive Behaviours'

### Workshop Registration

Name of Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Telephone: [ ] \_\_\_\_\_

Email: \_\_\_\_\_ Workshop Location: \_\_\_\_\_

We wish to register the following participants for the above workshop.

Name	Email or Telephone Contact Details

\*\*\* You can type directly into this electronic Registration Form. Remember to delete the lines after each heading as you add your details, save it and email it back to [safeinoz@wideband.net.au](mailto:safeinoz@wideband.net.au) Once received, a place will be secured in the workshop and a Tax Invoice will be generated and emailed back to you for payment.

[6 CPE points]

I have enclosed a cheque for \$ \_\_\_\_\_ [non-refundable] made out to **SAFE in Oz Pty Ltd** being the total payment for \_\_\_\_\_ workshop participants @ **\$440.00** each or if registered and paid at least 30 days before the chosen workshop it is **\$400.00** each or direct deposit to:-

**Direct Deposit Information:** To be deposited **prior** to workshop please.

**Bank:** MECU **Account Name:** SAFE in Oz

**BSB:** 313 140 **Account Number:** 23186826

**If paying by direct deposit, please use our Tax Invoice number in the Transaction Description when Direct Crediting Funds.**

**Cheques to be attached to a copy of the registration form and forwarded to SAFE in Oz – 9 Kimberley Drive Traralgon VIC 3844**

On receipt of a completed registration form, a place/s will be secured in the workshop and a tax invoice will be generated for payment. Once payment is received, a Confirmation of Registration & Receipt will be emailed to you and will include all the required information for you to attend the workshop. So pop the dates in your diary and see you there.



PO Box 2465  
ESPERANCE WA 6450  
Mobile 0428 762 258

[www.esperancesoccer.com.au](http://www.esperancesoccer.com.au)



## **2015 REGISTRATIONS      CLOSE DATE: 8<sup>TH</sup> MARCH 2015**

Registrations are open for the 2015 season and we welcome new and previous players. No experience or ability is necessary. We emphasise inclusion, participation, fair play, fun, exercise and development for those who want further challenge.

**Winter season starts May 3<sup>RD</sup>** and concludes August 16<sup>TH</sup> (SSGs 5-8s) / September 6<sup>TH</sup> (9-16s). Junior games are fixtured from 12 - 4 pm Sundays, with Seniors/Womens from 4 pm. New players only may choose 1 friend to be teamed with. Late registrations are not guaranteed a position. Teams may vary but likely divisions are 5-6s, 7-8s, 9-11s, 12-13s, 14-16s and Seniors.

Parents / Guardians are required to be involved in some way as the Esperance Soccer Association is a voluntary organisation. There are many important tasks where a good dose of enthusiasm is the main skill required. Check out our website for more info.

<b>2015 season fees;</b> 5-8 years (by Dec 31 <sup>st</sup> 2015)	\$105
9 -18	\$125
19+ Men	\$150
19+ Women	\$130

Families with 3 or more players receive a \$15/player discount which ESA will refund on request if you have paid online. Family discount applies for Kidsport vouchers.

All registrations finalised and paid by 8<sup>th</sup> March 2015 will be entered into a draw for \$100 **Sportspower** voucher. KIDSPORT vouchers are welcome and are included in the draw. Contact Shane Tobin on 9083 1700 at Bay Of Isles Leisure Centre for more information on KIDSPORT.

You will need: Shorts, long socks, shin guards, football boots for 9+ (ESA has some used ones). Only Sports glasses can be worn. Playing Shirts and insurance provided.

### **HOW TO REGISTER**

Esperance Soccer Association would like registration and payment completed on-line if possible for accuracy and efficiency. If you can't pay online or are using a Kidsport voucher, choose to print your invoice. Mail cheque/approved voucher (not cash) and copy of invoice to our PO Box or pay in person at Street Fours Competition at the Basketball Stadium Sundays 4-5.30 pm by 8<sup>th</sup> March 2015.

**On-line:** Just go to the ESA web site [www.esperancesoccer.com.au](http://www.esperancesoccer.com.au) and click on the big blue button at the top of the Home page: **Register now on MyFootballClub**

Follow the prompts depending if your child has registered with Football West previously (and you know their FFA number) or not.

If you have difficulty on-line, email our Registrar: Rebecca [espsoccerassoc@outlook.com](mailto:espsoccerassoc@outlook.com) and leave some contact details and the problem or phone 0428 762 258. She will help you as soon as she is able.

**Manual:** Complete Registration form and return to your school or post by 8<sup>th</sup> March 2015 or deliver to the Basketball Stadium (Street 4s) 4 -5.30 pm Sundays by March 8<sup>th</sup> 2015.



# EACS CANTEEN MENU

## TERM 1 2015



### MONDAY lunch

Hamburger with lettuce, cheese, tomato & cucumber 4.00

Vege burger with lettuce, cheese, tomato, cucumber & avocado 4.00

### TUESDAY lunch

Mrs Macs traditional pie 3.00

Homestyle Sausage Roll 2.00

Spinach & Ricotta Sausage Roll 1.50

### WEDNESDAY lunch

Chicken burger with lettuce, cheese, tomato & cucumber 4.50

Vege burger with lettuce, cheese, tomato & cucumber 4.00

### THURSDAY lunch

Hot dog with sauce 3.00  
Hotdog with Cheese and Sauce 3.50

Vegetarian Vietnamese spring rolls with soy sauce 3.00  
With egg 3.50

### LUNCH

~ Everyday ~

	Sandwiches	Rolls
Chicken and Salad	3.50	4.50
Chicken	3.00	3.50
Ham and Salad	3.50	4.00
Ham	3.00	3.50
Cheese	2.00	2.50
Vegemite	2.00	2.50
Egg	3.00	3.50
Egg & Salad	3.50	4.00
Salad	3.00	3.50

Toasted baked beans & cheese 2.50  
Extra fillings add .50  
Sauce – BBQ or tomato

### Salad Bowls

Lettuce, cucumber, carrot & cherry tomatoes	
Egg	4.00
Ham	4.00
Chicken	4.00
Garden Salad	3.50
Tuna	4.50
Fruit	3.50

### Extra Fillings

Avocado	.50
Tomato	.50
Beetroot	.50
Pineapple	.50
Cheese	.50

### FRIDAY lunch

Mrs Macs traditional pie 3.00

Homestyle Sausage Roll 2.00

Spinach & Ricotta Sausage Roll 1.50



### DRINKS

Water (600ml) 1.50

100% Fruit Juice (250ml) 1.50

Flavoured milk, Banana, Strawberry or Chocolate (300ml) 2.00

### RECESS

Look out for daily specials available from .50 to \$1.50

- Daily Dips
- Healthy sweet treats
- Savoury snacks
- Real fruit smoothies
- Zing frozen fruit ice



Canteen Open every day for recess and lunch