



Volume 9 Issue 1
Friday 19th February 2016

Dear Parents and Carers,

Incredible as it may seem we are now at the end of our third week and the rhythm of life here has begun to settle. Much has begun to take place with more in prospect.

PIAF CAMP

Over twenty students and staff are currently in Perth taking part in the Perth International Arts Festival with a performance of *The Lion King* to start in fine fashion; *Hamlet* will conclude their trip which returns on Saturday. It is wonderful that we have this opportunity to broaden the minds of our Year 11 and 12 students, one which I know is both enjoyed and valued. Ms Lyndel Taylor's inspirational leadership in running this camp (with Ms Marcia Leonard) is much appreciated.

CRICKET FESTIVAL IN KALGOORLIE

So, too, was the commitment of Mr Blair Castelli and Ms Laura Salomone in managing our team of cricketers who travelled this week to Kalgoorlie. The skill and determination of our players saw us achieve our first-ever victory which represents another milestone in the School's development. It was good to receive words of praise from the organising school – John Paul College – about the conduct and fine sportsmanship of our lads.

COMMUNITY SERVICE

Kindness does seem to be a quality inherent in our students and we wish to build on this by formalising a programme in community service. This will see each student contributing in some way throughout the year. Staff will receive their training session next week with a roll-out of the programme shortly thereafter – more details will be sent to you then.

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Coming Events:

Years 7-9 Camp	March 7-11
Year 8 Needles	March 17
Surf Carnival	March 24

PARENTS/CARERS

If students are away for any reason please contact School reception 90 832444 or email mfissoli@eacs.wa.edu.au to let the School know. Thank you

SURF LIFESAVING

It is good to report that all seven staff who took part in the surf-lifesaving qualification event last weekend were successful in gaining their awards. This will obviously be helpful in ensuring the continuation of the safe supervision of water-based activities.

TEACHER APPRAISAL

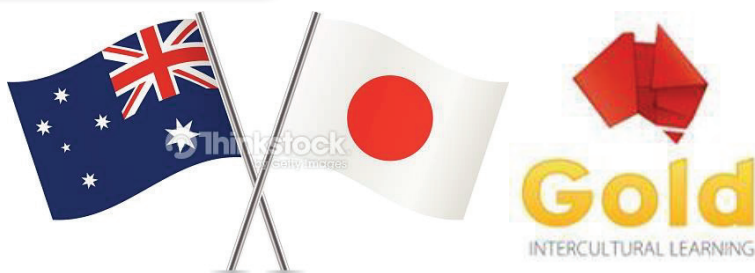
All members of staff new to the School will be going through the *Educator Impact* appraisal process this term. This is based on the *Australian Standards for Teachers* and will involve them in having lessons observed by me, colleagues and, of course, students, with feedback being given by all involved. We have, as you know, already trialled this process with much success and I am confident this will help my colleagues to polish their skills for the benefit of the students' learning.

With my best wishes for the weekend ahead.

Yours sincerely,



Kerr Fulton-Peebles
Principal



2016 JAPANESE EXCHANGE

We are pleased to again be hosting Japanese students on an exchange programme this year. A total of 15 students will be coming, along with two teachers, from the 29th July to the 8th August. If you are interested in hosting a student or would like any further information please contact the school or email directly Linda Bosworth lbosworth@eacs.wa.edu.au

OPPORTUNITY TO HOST AN ITALIAN STUDENT

To complement our Italian programme here at EACS we are hoping to host at least one Italian student from late June to late August this year.

Some 40 students will travel to Western Australia from Italy with the *Intercultura Exchange Programme*. They will be billeted out to families and attend school.

Fulvia Valvasori, President of the West Australian Association of Teachers of Italian (WAATI), coordinates the programme. She has been involved with these exchanges for nearly 30 years. Intercultura has been organising exchanges from and to Italy for over 50 years.

This programme is open to all students and families within the school, not just those studying Italian in 2016. The Italian students will be aged between 15 and 17.

There is also an opportunity then for WA students to travel to Italy on exchange from late November to late January.

If you would like to be considered as a host family this year or would like more information, please contact me by email nharris@eacs.wa.edu.au

OPPORTUNITY TO HOST AN ITALIAN UNIVERSITY GRADUATE

We also have the opportunity to host a university graduate from Italy for one school term! Again, a host family or families is needed.

The graduate would work at EACS for a maximum of 20 hours per week, assisting with running the Italian programme, and would also be expected to contribute at home for 4 hours a week with duties such as cooking, babysitting, gardening or helping with homework.

This programme is also organised by WAATI.

Again, if you would like to be considered as a host family for an *asssitente* or would like more information, please email me at school nharris@eacs.wa.edu.au

Grazie!

Nicole Harris
Teacher of Italian



SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12

YOU MAY BE ELIGIBLE FOR UP TO:

\$350

towards school expenses

DO YOU HOLD A:

- CENTRELINK HEALTH CARE CARD
- (OR) ● CENTRELINK PENSIONER CONCESSION CARD
- (OR) ● VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close

Friday 8 April 2016

ASK SCHOOL RECEPTION FOR MORE INFORMATION

PO Box 2465
ESPERANCE WA 6450
Mobile 0428 762 258
espsoccerassoc@outlook.com
Facebook – Esperance Soccer Association



2016 REGISTRATIONS CLOSE DATE: 12th March 2016

Registrations are open for the 2016 season and we welcome new and previous players. No experience or ability is necessary. We emphasise inclusion, participation, fair play, fun, exercise and development for those who want further challenge.

Winter season starts 1st May 2016 and concludes 14th August 2016 (SSGs 5-8s) / 4th September 2016 (9-16s/Women's/ Seniors). Junior games are fixtured from 12 - 4 pm Sundays, with Women's in the morning & Seniors from 4 pm. New players only may choose 1 friend to be teamed with. Late registrations are not guaranteed a position. Teams may vary but likely divisions are 5-6s, 7-8s, 9-11s, 12-13s, 14-16s, Women's and Seniors. Girls 14+ & Boys 14+ (by Dec 31st 2016) may select to play in the Women's & Seniors Divisions at no extra cost. PLEASE NOTE – this is at the discretion of Senior & Women's Representatives.

4 year old - Mini Roos; We will again be holding 4 year old Mini Roos. This will run the same weeks as our SSG's 5-8s. Please note you **CAN NOT** register online as mentioned below. Keep looking on our Website or Facebook page for when registrations will be taken. Cost \$110.

Parents / Guardians are required to be involved in some way as the Esperance Soccer Association is a voluntary organisation. There are many important tasks where a good dose of enthusiasm is the main skill required. Contact the association or select a job when registering.

2016 season fees;	5-8 years (by Dec 31 st 2016)	\$110
	9 -18 (by Dec 31 st 2016)	\$130
	19+ Men	\$160
	19+ Women	\$160

Families with 3 or more players receive a \$15/player discount which ESA will refund on request if you have paid online. Family discount applies for Kidsport vouchers.

KIDSPORT vouchers are welcome. Contact Shane Tobin on 9083 1700 at Bay Of Isles Leisure Centre for more information on KIDSPORT.

You will need: Shorts, long socks, shin guards, football boots for 9+ (ESA has some used ones). Only Sports glasses can be worn. Playing Shirts and insurance provided.

HOW TO REGISTER

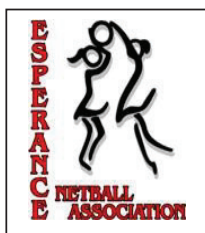
ONLINE ONLY - registration is now only available online for accuracy and efficiency, payment can be completed on-line if possible also. If you can't pay online or are using a Kidsport voucher, choose to print your invoice. Mail cheque/approved voucher (not cash) and copy of invoice to our PO Box 2465 Esperance WA 6450. Payment via our bank account can also be made via Westpac BSB 036 150 Acc # 223036 – please use surname & name of children in narration. Remittance can be emailed to espsoccerassoc@outlook.com. Payment can also be made during the first few weeks of the soccer season. Please bring copy of on line invoice & approved Kidsport vouchers if eligible.

On-line: Just go to the ESA web site www.esperancesoccer.com.au and click on the big blue button at the top of the Home page: **Register now on MyFootballClub**

Follow the prompts depending if your child has registered with Football West previously (and you know their FFA number) or not.

If you have difficulty on-line, email our Registrar: Rebecca at espsoccerassoc@outlook.com and leave some contact details and the problem or phone 0428 762 258. She will help you as soon as she is able.

Registration Day – For those having difficulty registering on line the club will hold a registration help session on **SATURDAY 12TH MARCH 2016 at the ESHS from 9-11am.**



Esperance Junior Netball Association 2016

Welcome to season 2016

To assist with registering your children for Netball this season, please find below some important information with some changes from previous years.

Junior 1	14 – 17 year olds (Born 1999 – 2002)	Saturday 11.00am Games
Junior 2	12 – 13 year olds (Born 2003 – 2004)	Saturday 9.30am Games
Junior 3	10 – 11 year olds (Born 2005 – 2006)	Saturday 11.00am Games

Training dates and times are at the discretion of coaches.

**PLEASE NOTE THAT JUNIOR 1 & JUNIOR 2 COACHES WILL NEED TO CHOOSE AN
ALTERNATIVE TRAINING DAY TO TDS**

Fees

All fees will be \$120.00 per player payable by the 14th May 2016. The break up is as follows:

Netball WA Fee:	\$59	
EJNA Court Fees:	\$30	<i>(please note this replaces paying \$2.00 each game)</i>
Goldfields Regional:	\$10	
Uniform Levy	\$10	
ENA	\$11	

Important Dates

Registration forms due back to schools by Friday 11th March 2016.

A registration day on Saturday 12th March from 10am till 12pm at Jane Street clubrooms.

Team lists to be distributed to schools by beginning of April.

First game of the season for 2016 is Saturday 30TH April

Season breaks & finals dates will be confirmed once teams and fixtures have been finalised.

Children aged 5 – 9 years old – NetSetGo!

If your child was born 2007– 2011, they can participate in the NetSetGo! Program. Please refer to the NetSetGo! Flyer and registration form for further details. Alternatively, please contact Mel White NetSetGo! Co-ordinator on 0424969028

Junior Umpire Squad Contact Wendy Harkness 90787030

This squad is open to anyone aged between 13 – 17 who would like to umpire netball

Should you have any further questions, please contact Esperance Junior Netball Association President, Donna Curnow on 0428 753 008 Or email esperancejuniornetball@gmail.com

Please keep this flyer for your reference



Esperance Junior Netball Registration Form 2016

PLEASE FILL IN BOTH PAGES

Please complete and return all the attached forms to your school by Friday 11/3/2016, Country school students can scan and email to esperancejuniornetball@gmail.com or alternatively bring to registration day on Saturday 12th March 10am-12pm
LATE REGISTRATIONS WILL BE PUT ON A WAITING LIST

NAME _____ Date of birth ____/____/____

Address _____

Phone _____ Parent (M) _____ Child (M) _____

Email _____

Name of parent/guardian/nominated adult _____

Contact phone number _____ Email _____

Players Height _____ cm (Please make this accurate it is essential for team allocation)

Players Shirt Size: XS S M L XL (please circle)

Preferred playing position (Junior 1 & 2 only) 1. _____ 2. _____ 3. _____

WOULD YOU BE WILLING TO GO ON A LIST TO FILL IN FOR A GRADE HIGHER YES NO

IS THIS YOUR FIRST EVER NETBALL SEASON YES NO

Junior Umpiring Squad - Available to all Players aged between 13-17 yrs

I would like to participate in this program? YES / NO (please circle)

If you would like further information or have any questions in regards to Junior Umpiring Squad, please contact Wendy Harkness 90787030.

I (please print) _____ (Parent/Guardian) give permission for my child,
_____, to play netball in 2016.

Signature _____ Date _____

Volunteers play a vital role in the running of the Association. Your help is essential for the 2016 netball season to run smoothly. IT IS NOT THE ROLE OF THE JUNIOR NETBALL COMMITTEE TO SUPPLY YOUR CHILDS TEAM WITH COACHES/MANAGERS IF THERE ARE NO VOLUNTEERS

VOLUNTEER ROLES	NUMBER IN ORDER OF PREFERENCE	SELECT GRADE		
		J1	J2	J3
COACH				
TEAM MANAGER				
UMPIRE				

PLAYERS NAME _____

NB. Please check the fixture book for your team's rostered times for canteen and desk duty. Team managers will roster player's parents/guardians for these duties. If you are unavailable for your duty, please find a replacement or swap with someone else and advise your team manager.

YOUR HELP IS GREATLY APPRECIATED BY THE COMMITTEE AND PLAYERS, THANKYOU.

The Esperance Netball Association requires the information requested below for use in relation to the Esperance Netball Association Junior Program. Your personal information will only be used in the event of injury, illness or emergency, if required. Your details will be disclosed to the appropriate Association/Club/Other personnel. You will be able to access your personal information through the Esperance Netball Association upon reasonable notice.

Medicare No. _____ Ambulance Member Yes / No (Please circle)

Private Health Insurance Company _____ Member No _____

Existing medical conditions/injuries/allergies _____

Regular medication _____

MEDICAL TREATMENT CONSENT: I understand that the Esperance Netball Association will be conducted under the rules as set by Netball Australia Guidelines. I also understand that netball is a limited contact sport and that there is a risk of injury involved in participating in netball related activities. I (please print name) _____ (Parent/Guardian) authorise any official from the Esperance Netball Association, in the event of an injury or illness, to obtain on my child's behalf, at my expense, any medical assistance, treatment and transportation as deemed necessary. Signature _____ Date _____

IMAGE CONSENT: I (please print name), _____ (Parent/Guardian) provide consent for the Esperance Netball Association to record my child's image (photograph or video footage) for promotional purposes. I understand my child's image may be used in mediums including: publications and promotional material, and broadcast, print and electronic media. I acknowledge that my child's image will be used without any personal compensation or remuneration. I agree to forgo any rights to my child's image including moral rights and copyright. Signature _____ Date _____

PLEASE NOTE THAT CHANGES TO TEAMS COULD BE MADE IN THE FIRST 3 WEEKS OF THE SEASON
REGISTRATION FORMS WILL NOT BE ACCEPTED IF ALL SECTIONS ARE NOT FILLED IN CORRECTLY.

ADVENTURELAND PARK ESPERANCE

SUNDAY 13TH MARCH 10AM - 4PM

\$2 entry

2016

Fun Day Out

THE LULUS CHILDREN'S ENTERTAINMENT

INFLATABLES & ZORB BALL SOCCER SCITECH SHOWS & EXHIBITS

LASER TAG EARLY YEARS ACTIVITIES HOUSE OF FUN ROVING PERFORMERS

FACE PAINTING GIANT SAND PIT ART & CRAFT FOOD & DRINKS AVAILABLE

MINI - RAIL WATER PLAY AND LOTS MORE FUN FOR THE WHOLE FAMILY



CLIFFS

Pacific Iron Ore



* NO DOGS ALLOWED * ALCOHOL AND SMOKE FREE EVENT * BRING WATER PLAY CLOTHES
* FIND US ON FACEBOOK

GOLDFIELDS KIDSFEST IS BACK!

Save the Date as this year's 2 day festival has been moved to Saturday 9th & Sunday 10th April! (WA's first weekend of school holidays)

Haven't heard of Goldfields Kidsfest, here is why it is the place to be this school holidays:

- 2 day fun filled kids festival
- Interactive activities for children aged between 0-12yrs
- Under 5's zone
- Bouncy castles
- Kids kitchen prepare you own food
- Face painting
- Multiple Live performances (including mainstage act from a well-known kids character along with a meet and greet)
- Food vans/stalls and much more....

The attached is the start of 2016 Kidsfest campaign. Your cooperation in the distribution and circulation of our marketing material is a huge part of keeping the families of our community up to date with information. Your help is vital in supporting the successful promotion of this FREE community event.

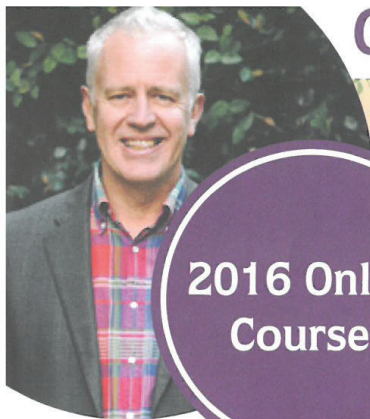
What the Kidsfest Campaign comprises of:

- anoceaninthedessert 15x3cm pdf & jpeg are attached to this email. Please insert your choice of one of the above into your next newsletter or print and display the flyer on your noticeboard
- anoceaninthedessert printed postcards can be delivered on request
- save the date flyer once you receive this via email please insert this into your next school newsletter letter and feel free to print for your notice board and display in your windows
- full festival guide will be available at the gate on the day or available to download from the Goldfields Kidsfest website.



WHERE CAN YOU FIND AN
ocean IN THE
desert?

WWW.ANOCEANINTHEDESERT.COM



Great Parenting Starts Here...

2016 Online Courses



Michael Grose, Australia's leading parenting educator, is conducting practical online courses that will help build your parenting skills and knowledge in four vital areas:

Term 1 - Cracking the Confidence Code

A must-do course for parents where low risk-taking and fear of failure is a constant companion for their kids. This course will put the skills and know-how at your fingertips to develop a real sense of confidence, competence and mastery in your kids.

Term 2 - Raising Well-behaved Kids

Learn communication techniques that will increase your children's cooperation levels and decrease your stress levels. Know how to manage your kids visually, what to do when they ignore you and how to get more cooperation, without telling your kids what to do.

Term 3 - Mood Meter for Parents

Want to help your children be the best they can be? Then you need to build their emotional intelligence. Michael draws on research from the team at the Yale Center for Emotional Intelligence to help you give your kids the tools they need to recognise, manage and regulate their emotions.

Term 4 - Raising Mighty Boys

Don't be fooled by the title, even parents of girls need to know how boys tick. Unlock the secrets of raising boys of any age so that they become more confident, achieve more at school, talk about what's on their minds, better manage anger and other strong emotions, and make the most of their natural strengths.

4 COURSES + YEARLY CLUB MEMBERSHIP \$147 (Save \$50 with discount code SCHOOLCLUB)

- ✓ Mixture of downloadable videos, PDF workbook and activities
- ✓ Weekly Facebook group-based discussions with Michael Grose
- ✓ Download resources and complete the course in your own time or during designated dates with the online group
- ✓ Course comes with a full money-back guarantee if it doesn't meet your expectations
- ✓ Participation certificate for each course

JOIN TODAY at parentingideasclub.com.au



Receive these great BONUSES if you join now:

- ✓ Monthly Q & A sessions with Michael Grose
- ✓ Yearly access to parentingideasclub.com.au resource centre
- ✓ Developmental Maps to better understand your child's growth stages
- ✓ On your child's birthday receive our Developmental Parenting Guide to help navigate for the year ahead



SunSmartTips for newsletters

Sun exposure can lead to skin cancer and other forms of skin and eye damage later in life. Remember to Slip! Slop! Slap! Seek! Slide!

Layer sunscreen on thickly 20 minutes before going out into the sun and reapply sunscreen every two hours. **Do not rub it in!**

There is no such thing as wind burn! Wind may dry your skin but it will not burn it. Remember to Slip! Slop! Slap! Seek! Slide! when the UV Index is 3 or above.

Ultraviolet radiation can penetrate clouds so do not be fooled when it's overcast. Protect yourself from the sun when the UV Index is 3 or above.

Be SunSmart and protect your eyes with close fitting wrap around sunglasses.

Ultraviolet radiation can reflect or bounce off sand, water and paving, so remember to use sun protection in the shade.

Cancer Council Western Australia says: **Be SunSmart!**

- Slip on a shirt
- Slop on sunscreen
- Slap on a hat
- Seek shade
- Slide on some sunglasses

Use a combination of these sun protection measures outside when the UV Index is 3 or above.

Use an SPF 30 or higher broad spectrum water resistant sunscreen. Always apply sunscreen thickly and **do not rub it in!**

Instead of a baseball cap use a broad brimmed, bucket or legionnaire style hat which protects your ears and back of the neck.

A tan doesn't last a lifetime, but skin damage does! Remember to Slip! Slop! Slap! Seek! Slide!

Sunscreen should never be the only method of sun protection used. Nor should it be used to stay out in the sun longer, remember to use a combination of Slip! Slop! Slap! Seek! Slide!

Australians generally apply too little sunscreen. This means they usually get less than half the protection stated on the product label. Children usually require approximately ½ teaspoon on each extremity.

The SunSmart UV Alert is a useful tool to use when planning outdoor events. Issued by the Bureau of Meteorology (www.bom.gov.au) when the UV Index is forecast to reach 3 and above, it also displays the time period when you need to use sun protection. You can access the real time UV reading for any capital city in Australia at www.arpansa.gov.au/uvindex/realtime/ Download the SunSmart app for smartphones and tablets today!

Role modelling by parents, teachers, sport coaches and other adults has a positive influence on the sun protection habits of young people. So remember to lead by example and Slip! Slop! Slap! Seek! Slide! when outside.