

# LEGAL TECH REVIEW

The New England Computer Group October 2016

### What's Inside?

Happy CyberSecurity Awareness Month!

- How To Avoid Being Hacked
- Shiny Gadget of the Month
- Jealing with the Dark Side of Social Media
- 4. Techno Tidbits

### OCTOBER 2016



This monthly publication provided courtesy of Frank Ballatore, President of The New England Computer Group, Inc.

#### Our Missions

To equip small and midsized businesses in the Connecticut area with a smooth-running and seamless IT platform that enhances productivity as well as efficiency and becomes a competitive advantage.



# Could One Tiny Leak Wipe Out Your Entire Company?

hings were going great at Michael Daugherty's up-and-coming \$4 million medicaltesting company.

He was a happy man. He ran a good business in a nice place. His Atlanta-based LabMD had about 30 employees and tested blood, urine and tissue samples for urologists. Life was good for this middle-aged businessman from Detroit.

Then, one Tuesday afternoon in May 2008, the phone call came that changed his life. His general manager came in to tell Daugherty about a call he'd just fielded from a man claiming to have nabbed a file full of LabMD patient documents. For a medical business that had to comply with strict federal rules on privacy, this was bad. Very bad.

It turned out that LabMD's billing manager had been using LimeWire file-sharing software to download music. In the process, she'd unwittingly left her documents folder containing the medical

records exposed to a public network. A hacker easily found and downloaded LabMD's patient records. And now the fate of Michael's life – and his business – were drastically altered.

What followed was a nightmarish downward spiral for LabMD. Not one to go down without a fight, Michael found himself mired in an escalating number of multiple lawsuits and legal battles with the Federal Trade Commission and other regulators investigating the leak.

Finally, in January 2014, exhausted and out of funds, his business cratering under constant pressure, he gave up the fight and shuttered his company.

One tiny leak that could have easily been prevented took his entire company down. Could this happen to you and your business? Let's take a look at four fatal errors you MUST avoid, to make sure it never does:

Continued on page 2

# Have you developed a false sense of security?

Please, please, please do NOT think you are immune to a cyberattack simply because you are not a big company. The fact is, whether you have 12 clients, or

12,000 clients, your data has value to hackers. A simple client profile with name, address

"You MUST remove those accounts without delay."

and phone number sells for as little as \$1 on the black market. Yet add a few details, like credit card and Social Security numbers, and the price can skyrocket – \$300 per record is not uncommon. Being small doesn't mean you are immune.

Are you skimping on security to save money? Sure, of course you have a tight budget... So you cut a deal with your marketing manager, who wants to work from home at times. He links into the company network with a VPN. If configured properly, your VPN creates a secure and encrypted tunnel into your

network. So his device now links his home network into the company network. The problem is, his home cable modem may be vulnerable to attack, an all-toocommon issue with consumer devices. Now you have an open

> tunnel for malware and viruses to attack your network.

#### Could lack of an offboarding process put your company at

risk? It's crucial to keep a record of user accounts for each employee with security privileges. When an employee leaves, you MUST remove those accounts without delay. An internal attack by a disgruntled worker could do serious harm to your business. Be sure to close this loop.

Have you been lax about implementing security policies for desktop computers, mobile devices and the Internet? The greatest threat to your company's data originates not in technology, but in human behavior. It starts before you boot up a single

device. In an era of BYOD (bring your own device), for instance, lax behavior by anyone connecting to your network weakens its security. Your team love their smartphones, and with good reason. So it's tough sticking with strict rules about BYOD. But without absolute adherence to a clear policy, you might as well sell your company's secrets on eBay.

Don't let a tiny leak sink your ship – here's what to do next...

Let us run our complete Network Security Audit for you. We'll send our top data security specialist to your location and give you a complete top-to-bottom security analysis with action plan. This is normally a \$397 service. It's yours \*FREE when you call now through the end of October.

Don't wait until disaster strikes. Call (203)431-9300 or e-mail me at info@necgnet.com to schedule your FREE Network Security Audit TODAY.

\*Offer valid to qualified prospects with 10 or more computers and a minimum of 1 server.

### How To Avoid Being Hacked

Yahoo recently announced that the company suffered a major data breach in 2014 that affected more than 500 million accounts.

Massive data breaches like this have happened numerous times over the last few years, leaving users feeling powerless at the hands of a cyber attacker.

October is National Cyber Security Awareness Month, which, according to the Department of Homeland Security, is "an annual campaign to raise awareness about cybersecurity."

Since most companies require specific personal information from their users, they are expected to keep that information secure; but there are a few rules to keep in mind that will help reduce the risk of being hacked.

While most hacks do involve guessing passwords through trial and error, many hackers get their information directly from the source. They simply call the person they're hacking and claim to be a relative who needs financial help or they say they're with the IRS and need them to pay their debt immediately.

This is an example of Social Engineering and it generally involves a person attempting to obtain sensitive information by either building trust with a person or using fear tactics.

A few tips for keeping your information out of the hands of hackers:

- $\sqrt{}$  Stay educated on cyberthreats,
- $\sqrt{}$  question anything that seems out of the ordinary
- $\sqrt{}$  use multiple passwords
- $\sqrt{}$  Contact an IT professional if in doubt

Contact us at (203)431-9300 with questions or concerns.

# Shiny New Gadget Of The Month:



# Hololens: Your New Reality?

A game designer sees a moving 3-D image of a living, breathing, macewielding ogre – on her desk. She flicks a finger and he turns from side to side, giving her a full view of his outfit and weapons belt.

An architect looks up at the ceiling in a building he's just designed. He waves his hand and reshapes it, allowing more light through. All virtually.

A space scientist designing a Mars rover strolls through the landscape, noting from all sides the position, shape and size of rocks his vehicle must navigate.

Now it's your turn. Put on the new HoloLens by Microsoft, and what do you see? How could you use this cool new augmented reality (AR) tool in your business?

At \$3,000 for the developer's version, it may not be an impulse buy. But new AR tools like this will soon be part of your computing world.

## Dealing With The Dark Side of Social Media

Social media has become a true amplifier, permeating every nook and cranny of the web, giving a megaphone to those who might have previously found themselves voiceless.

While I generally believe that the proliferation of the social web is a good thing, it does have a dark side that is difficult, if not impossible, to ignore.

I was reminded of this recently when an unscrupulous competitor accused me and my friend Larry Winget of an ugly racial slur.
While it was totally fabricated, this person willfully resorted to defamation of character to defend his indefensible behavior.

It's easy to get mad, get on your computer and allow emotions to run amok. And that can come back to bite you. Yet there are times you shouldn't acquiesce to digital bullies. You need to take a stand.

Here are a few tips on how to keep your social media actions in check, and how to react to others who just can't seem to control theirs:

How do I think through my social media actions in a heated moment?

If you wouldn't say it to your grandmother, don't write it on Twitter. It feels good to blast an opponent, but such outbursts can easily be used against you.

Remember that everything you say or do on the web is archived. Consider everything you write on the Internet to be permanent. Trolls may delete their comments, but they still leave a trail.

Still debating saying it? Sleep on it. If you really feel the need to say something that

might be taken the wrong way, consider sitting on it overnight. Waiting until the next day will rarely hurt your point, and it may save huge amounts of embarrassment.

If you do say it...make sure you feel you could defend it in a court of law. Falsely accusing someone of something is a big deal, and the repercussions could amplify beyond your original intentions.

How do I react when I am targeted on social media?

Grab screenshots. If someone truly is going after you, the first move is to gather evidence. Make sure you have copies. Odds are that they will quickly realize what they have done and will try to erase their trail, so the best thing you can do is make sure you have a copy on hand.

Report them. Twitter, LinkedIn, Facebook and most other platforms have guards against those who harass others. Don't hesitate to put in a report – that's why those guards are there!

Remember that the truth is your best defense. As someone who has been egregiously accused of something I did not do, I took solace in the fact that I was innocent, and as such the accusation cruelly asserted could never be proven.

We live in a world where unscrupulous people have migrated to online communities and live among the rest of us. I hope you never have to use the above actions, but when you do, I hope they serve you well.



Mark Sanborn, CSP, CPAE, is president of Sanborn & Associates, Inc., an idea studio dedicated to developing leaders in business and in life. Mark is an international best-selling author and noted authority on leadership, teambuilding, customer service and change. Mark is the author of 8 books, including the best seller The Fred Factor: How Passion in Your Work and Life Can Turn the Ordinary into the Extraordinary, which has sold more than 1.6 million copies internationally. Learn more about Mark at www.marksanborn.com.

# Savvy users are capitalizing

### on the LinkedIn-Microsoft merger.

Here are three ways you too can profit: 1) Your profile photo now appears on both platforms. Run it by photofeeler.com to make sure it's up to snuff. 2) When it comes to updates, forget text - video rules. Check your newsfeed and you'll see how LinkedIn puts video on top and is burying articles. No wonder members have seen a 60% to 90% drop in readership. To get attention, go video. 3) Keep an eye on LinkedIn's social advertising. With access to user data from both platforms, your ads could now enjoy a wider audience of both LinkedIn and Microsoft users. This merger opens new doors for users. Now's the time to capitalize on it.

-Entrepreneur

### Want to know the secret to beating ransomware?

If there's one pop-up you NEVER want to see on your computer screen, it's this: "Your files have been encrypted. You have 72 hours to submit payment or they will be deleted forever." Once ransomware hits, it's too late. Game over. The best way to beat ransomware is prevention. Make sure it never happens in the first place. And if somehow it happens anyway, make sure you have up-to-date backups ready to go. The first step to prevention is to invest in serious cybersecurity.

### **Techno Tidbits**

Start with antivirus software with active monitoring. Then, layer in anti-malware and antiransomware programs. Finally, store current backups in the cloud and/or on a separate unplugged hard drive.

-blog.malwarebytes.com

### A wafer-thin laptop so light can filter who sees it. As for you'll forget it's in your briefcase...

Want an ultrasleek machine with enough battery life to keep you going long hours without plugging in? A new breed of "ultraportables" offers that and more. The lightning-quick storage on these units lets you resume work in seconds, even after they've been idle or asleep for days. The "best in breed" will cost you a pretty penny. But if you're willing to spend a little, you can get premium features. Touch screens, full HDMI ports and eight hours or more of battery life are not uncommon. At the top end, you can expect a highresolution 4K screen (3840 x

-PCmag.com

your stocking!

you're on. It tells you how many are watching, plus their names and comments. When you're done, it saves to your Timeline. And, unlike Snapchat or Periscope, it doesn't disappear after just 24 hours. You can share, embed, Tweet - or delete - to your heart's content. And you content? Interview key employees, big shots in your niche or your customers. Share how you're making a new product. Or how your team relaxes. Why do it? Your customers love getting that little peek "behind the scenes." -PostPlanner.com



"IT can be very stressful. It's normal to feel overwhelmed. Say, while you're here, I've been having this problem..."

### **Considering Facebook Live** Video for your business?

2160). Be extra-nice and

Santa might even slip one in

Using Facebook Live is braindead simple. If you haven't already, install the Facebook app on your smartphone. Open it up, tap the red "Go Live" icon and

