



Vermont's Technology Times



"INSIDER TIPS TO MAKE YOUR BUSINESS RUN MORE PROFITABLY, FASTER AND SECURE"

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Phenomenal IT Support For Business
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Spending on Cyber Security Products are up!

And they will keep going up. Why? Because the Hackers are getting smarter, carry out more attacks and the rewards are getting bigger. The typical response has been to spend more on technology, but that has proved not to be the answer. Otherwise the problem would be reducing and not getting worse.

People following a regular process to look for vulnerabilities, changes,



Compliance And Cyber Security

Why Both Are Important

In the world of business, you'll inevitably hear about the many ways to beef up your cyber security to ensure your company's and clients' safety. However, another term is often heard when discussing cyber security: compliance. It's not talked about as often, but both cyber security and compliance are essential for any business to succeed.

Compliance helps businesses keep consumer information protected, and this compliance is fulfilled when businesses and organisations prove that their cyber security practices meet specific security regulations and standards set by third parties like government agencies. Compliance is not optional; businesses must meet these requirements to

protect sensitive information as well as their clients. Failure to meet compliance requirements results in fines, penalties and even legal ramifications.

If your business is compliant with its cyber security protocols, it'll also appear more trustworthy to the clients and other businesses that work with you. One cyber security breach can permanently damage your company's reputation. Customers will no longer want to do business with you for fear that their personal information could become compromised.

While cyber security and compliance sound fairly similar, there is a slight difference

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between them. Compliance is often driven by business needs rather than technical needs, whereas security is driven by the need to protect against constant threats. If you want to maximise your company's cyber security practices, then you'll need to go further.

Overall, compliance and cyber security should work hand in hand. Your initial cyber security plan should be based on compliance. You must know the standard requirements to remain compliant and put the necessary practices in place to achieve that status. This comes down to knowing the exact details of what is necessary to stay protected. You should be specific so your team knows exactly what is needed to protect your business.

You also need to make an effort to document your practices as frequently as possible. You should create a paper trail of everything you have done to stay compliant as well as your added cyber

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security practices. It can help to add potential audits and any frequency-bound events to your calendar so you don't get blindsided or miss something important.

After you've gathered all of your evidence and put your cyber security and compliance protocols to work, you can automate many of your reports. That way, you won't have to dig and pull data yourself in the future.

While it might seem like a lot of work to ensure your business remains compliant, companies out there can help. Managed IT services providers go above and beyond to ensure your cyber security is bulletproof. While they are taking care of all of your IT needs, they are also ensuring your business remains compliant with any third-party governing bodies. New cyber security threats are introduced every day, and only with strong cyber security and compliance practices can you ensure your business is protected for the foreseeable future.

DON'T PANIC!

Incident Response Planning Workshop

IBM reckon that the average time between the initial compromise and the breach is 280 days. And with that sort of head start, when they hit, you need to make sure you are ready!

Of course you must try to identify the compromise as quickly as possible, but because hackers are smart they can often go undetected for long periods of time. Knowing what to do when a breach happens will greatly reduce the time to contain it (and the impact on your business)

What can you do about it? Bring a couple of key colleagues in your business or organisation to our Incident Response Plan (IRP) Workshop on **November 18th**, at the Village Hotel, Eastleigh.

Shiny New Gadget Of The Month:



Logitech Litra Glow

Zoom calls have become a part of our daily routine regardless of whether you work remotely, in the office or a combination of the two. If you'll be on camera every day, don't you want to look your best? That's exactly how you'll look with the Logitech Litra Glow light. The Litra Glow uses innovative geometry and is frameless to provide more light to the areas within your camera's view. It uses soft and diffused light that's easy on your eyes in case you have to be on the call for an extended period of time. Whether you're on Zoom calls, shooting marketing videos or doing anything else webcam-related, the Litra Glow provides you with perfect light for any situation.

The 3 Hardest Questions About Your Career

One of the best parts of my job is helping people strategise about their careers. Success at work plays a large role in how we view the successes in our lives. If someone doesn't feel like they're succeeding or fulfilled at work, they probably don't feel like they're living a very fulfilling life.

My team and I have advised many people from various backgrounds over the years. From billionaire entrepreneurs who are looking to brainstorm ideas for the next stage of their careers to private equity titans who are solely focused on dealmaking, I've learned that background doesn't always matter. People from nearly every background still have the same challenges when it comes to career management.

Luckily, there are three questions you can ask yourself to help decide the next steps you should take for your career.

First, ask yourself where your skills lie. You also need to gain an understanding of the work that you're willing to do. Once you've found the sweet spot between your skills and what you're willing to do, you're ready for the next step.

You should then ask yourself about potential career paths. It's best to come up with three career paths that you could realistically follow. While one could be a promotion or growing in your role, you should also consider working for other companies or even starting your own business.

The final question you should ask yourself



relates to the people you know.

You need to think about 10 people who can help you get your dream job. It's not about putting out a blast message to all of your friends and followers on social media. Instead, you should focus on those who know your work ethic. Start with bosses who know of your work ethic and are well-respected. Any clients or customers who truly appreciate your work should also go on the list as well as well-connected friends and family – and even a recruiter or two. Once you've created a list of 10 people, send them all a message asking for ideas to help you land your dream job. Those brainstorming sessions could easily turn into referrals if done right.

Maybe one day, career management will be automated and our dream opportunities will approach us. But until then, it'll take hard work to reach your goals. If you don't know where to start, try asking yourself these three valuable questions.



Dr. Geoff Smart is the chairman and founder of ghSMART, a leadership consulting firm that exists to help leaders amplify their positive impact on the world. Dr. Smart and his firm have published multiple New York Times best sellers. He stays active in his community and has advised many government officials.

3 Types Of Technology Every Business Needs

Over the past 20 years, technology has developed rapidly and advanced to levels that previously only existed within the confines of our imaginations. Whether you're an entrepreneur starting a new business or a seasoned business owner, there are many pieces of technology you can incorporate into your business to produce better results.

Digital marketing tools have seen some of the biggest advancements over the past decade. To stay ahead of the competition, you need to have an informative and useful social media presence that coincides with your website and other digital campaigns. You also need to invest in cloud technology since it will allow your company to revolutionize how you share information. If your business deals with customers, it can be incredibly beneficial to find customer relationship management software that works for you. Various studies have shown a direct correlation between using CRMs and positive customer retention.

4 Ways Businesses Can Go Green

There's been a renewed focus on how businesses interact with the environment. There are many consumers who prefer to do business with companies that are more eco-friendly. While it's great for attracting new clientele, putting your business on the path to a greener and cleaner future is the best way to stay environmentally conscious. Don't know where to start? Try out these four easy methods for a greener workplace.

- Avoid using paper, and go digital where you can.
- Allow your employees to work remotely whenever possible to help eliminate carbon emissions.
- Analyze your company's current consumption and waste management practices and make adjustments where needed.
- Partner with environmentally conscious vendors and partners so all of your processes will be as green as possible.

Be Cautious Of These 3 Cyberthreats

If you own or operate a small business, you're probably aware of some of the different methods that cybercriminals will use to try to steal sensitive information from your business, but there are some new threats making headlines. A recent report from CyberCatch saw the cyber security platform provider review 20,000 randomly selected small businesses in the U.S. for vulnerabilities that can be exploited by cybercriminals. It found that "spoofing," "clickjacking" and "sniffing" are new methods they are exploiting, but what do these terms actually mean?

- **Spoofing** happens when a cybercriminal uses a fake IP address to pretend to be someone who has access to the company's private system.
- **Clickjacking** occurs when a user clicks on something on their computer that appears harmless but is actually malicious.
- **Sniffing** takes place when hackers intercept a network's traffic to access unencrypted data.



"Is that computer, down there, the one you were having problems with?"

It's important to stay up-to-date on all the new methods used by cyber criminals in order to keep your business protected.